

GAMES OF THE XXXI OLYMPIAD – RIO 2016 – Athletics Timetable

Updated January 2016

DAY 1 - Friday Morning, 12 August			
09:30	Discus Throw	M	Q A
09:35	100m H Hep	W	
10:05	Shot Put	W	Q A+B
10:10	800m	M	R1
10:50	High Jump Hep	W	A+B
10:55	Discus Throw	M	Q B
11:10	10,000m	W	Final
11:55	100m	W	Pr
12:20	10,000m	W	MC
14:30	20km Race Walk	M	Final
DAY 1 - Friday Evening, 12 August			
20:20	20km RW	M	MC
20:30	1500m	W	R1
20:35	Shot Put Hep	W	A+B
20:40	Hammer Throw	W	Q A
21:05	400m	M	R1
21:20	Long Jump	M	Q A+B
22:00	Shot Put	W	Final
22:05	200m Hep	W	
22:10	Hammer Throw	W	Q B
22:40	100m	W	R1

DAY 2 - Saturday Morning, 13 August			
09:30	100m	M	Pr
09:40	Triple Jump	W	Q A+B
10:05	3000m SC	W	R1
10:50	Discus Throw	M	Final
11:00	400m	W	R1
11:45	Long Jump Hep	W	A+B
12:00	100m	M	R1
12:41	Discus Throw	M	MC
DAY 2 - Saturday Evening, 13 August			
20:00	Javelin Throw Hep	W	A
20:10	Shot Put	W	MC
20:20	Pole Vault	M	Q A+B
20:30	400m	M	SF
20:50	Long Jump	M	Final
21:00	100m	W	SF
21:15	Javelin Throw Hep	W	B
21:25	10,000m	M	Final
22:05	800m	M	SF
22:35	100m	W	Final
22:42	10,000m	M	MC
22:53	800m Hep	W	Final

DAY 3 - Sunday Morning, 14 August			
09:30	Marathon	W	Final
DAY 3 - Sunday Evening, 14 August			
20:15	Marathon	W	MC
20:20	Long Jump	M	MC
20:30	High Jump	M	Q A+B
20:35	400m	W	SF
20:55	Triple Jump	W	Final
21:00	100m	M	SF
21:17	100m	W	MC
21:30	1500m	W	SF
22:00	400m	M	Final
22:15	Heptathlon	W	MC
22:25	100m	M	Final

DAY 4 - Monday Morning, 15 August			
09:30	Triple Jump	M	Q A+B
09:35	200m	W	R1
10:25	3000m SC	M	R1
10:40	Hammer Throw	W	Final
11:15	3000m SC	W	Final
11:35	400m H	M	R1
12:10	3000m SC	W	MC
DAY 4 - Monday Evening, 15 August			
20:15	400m	M	MC
20:20	Triple Jump	W	MC
20:30	Discus Throw	W	Q A
20:35	Pole Vault	M	Final
20:40	110m H	M	R1
21:15	100m	M	MC
21:30	400mH	W	R1
21:50	Discus Throw	W	Q B
22:25	800m	M	Final
22:35	Hammer Throw	W	MC
22:45	400m	W	Final

DAY 5 - Tuesday Morning, 16 August			
09:30	5000m	W	R1
09:45	Pole Vault	W	Q A+B
09:50	Triple Jump	M	Final
10:30	1500m	M	R1
11:05	100m H	W	R1
11:20	Discus Throw	W	Final
11:50	200m	M	R1
12:32	Triple Jump	M	MC
DAY 5 - Tuesday Evening, 16 August			
20:15	800m	M	MC
20:20	400m	W	MC
20:30	High Jump	M	Final
20:35	Javelin Throw	W	Q A
20:40	110m H	M	SF
21:00	Pole Vault	M	MC
21:05	Long Jump	W	Q A+B
21:10	400m H	W	SF
21:35	400m H	M	SF
21:50	Javelin Throw	W	Q B
22:00	200m	W	SF
22:30	1500m	W	Final
22:35	Discus Throw	W	MC
22:45	110m H	M	Final

DAY 6 - Wednesday Morning, 17 August			
09:30	100m Dec	M	
09:40	Hammer Throw	M	Q A
10:05	5000m	M	R1
10:35	Long Jump Dec	M	A+B
10:55	800m	W	R1
11:05	Hammer Throw	M	Q B
11:50	3000m SC	M	Final
12:15	Shot Put Dec	M	A+B
DAY 6 - Wednesday Evening, 17 August			
17:45	High Jump Dec	M	A+B
20:20	High Jump	M	MC
20:30	Javelin Throw	M	Q A
20:45	100m H	W	SF
21:05	1500m	W	MC
21:15	Long Jump	W	Final
21:20	400m Dec	M	
21:55	Javelin Throw	M	Q B
22:00	200m	M	SF
22:30	200m	W	Final
22:42	110m H	M	MC
22:55	100m H	W	Final
23:00	3000m SC	M	MC

DAY 7 - Thursday Morning, 18 August			
09:30	110m H Dec	M	
09:55	Shot Put	M	Q A+B
10:00	High Jump	W	Q A+B
10:25	Discus Throw Dec	M	A
11:20	4 x 100m Relay	W	R1
11:40	4 x 100m Relay	M	R1
11:40	Discus Throw Dec	M	B
12:00	400m H	M	Final
13:25	Pole Vault Dec	M	A+B
DAY 7 - Thursday Evening, 18 August			
18:35	Javelin Throw Dec	M	A
19:20	Long Jump	W	MC
19:25	100m H	W	MC
19:45	Javelin Throw Dec	M	B
20:20	200m	W	MC
20:30	Shot Put	M	Final
20:45	1500m	M	SF
21:01	400m H	M	MC
21:10	Javelin Throw	W	Final
21:15	800m	W	SF
21:45	1500m Dec	M	Final
22:15	400m H	W	Final
22:20	Shot Put	M	MC
22:30	200m	M	Final

DAY 8 - Friday Morning, 19 August			
08:00	50km Race Walk	M	Final
14:30	20km Race Walk	W	Final
DAY 8 - Friday Evening, 19 August			
20:10	50km RW	M	MC
20:15	20km RW	W	MC
20:20	200m	M	MC
20:30	Pole Vault	W	Final
20:40	4 x 400m Relay	W	R1
20:56	Decathlon	M	MC
21:05	Hammer Throw	M	Final
21:10	4 x 400m Relay	M	R1
21:25	Javelin Throw	W	MC
21:40	5000m	W	Final
22:15	4 x 100m Relay	W	Final
22:25	400m H	W	MC
22:35	4 x 100m Relay	M	Final
22:40	5000m	W	MC

DAY 9 - Saturday Morning, 20 August			
20:10	Hammer Throw	M	MC
20:15	Pole Vault	W	MC
20:20	4 x 100m Relay	W	MC
20:30	High Jump	W	Final
20:45	4 x 100m Relay	M	MC
20:55	Javelin Throw	M	Final
21:00	1500m	M	Final
21:15	800m	W	Final
21:30	5000m	M	Final
21:50	800m	W	MC
22:00	4 x 400m Relay	W	Final
22:15	1500m	M	MC
22:25	5000m	M	MC
22:35	4 x 400m Relay	M	Final
22:40	Javelin Throw	M	MC
22:45	High Jump	W	MC
22:50	4 x 400m Relay	W	MC
22:55	4 x 400m Relay	M	MC

DAY 10 - Sunday Morning, 21 August			
09:30	Marathon	M	Final
DAY 10 - Sunday Evening 21 August			
Closing Ceremony (with Men's Marathon MC)			