

A visualization of gravitational waves showing concentric ripples in a dark blue grid. In the center, two black spheres are orbiting each other, with white arrows indicating their clockwise motion. The ripples emanate from this central point, representing the propagation of gravitational waves.

# Gravitational Waves: Theory, Evidence, and Possibilities

Jeroen Burgers  
Universiteit Utrecht  
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# Linearized Gravity

- Gravitational waves (GW's) follow from perturbing the background metric

$$g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu}$$

$$\|h_{\mu\nu}\| \ll 1$$

- Result: linearized gravity

$$\{-, +, +, +\}$$

# Linearized Gravity

- Introducing all the relevant quantities:
  - Christoffel Connections

$$\begin{aligned}\Gamma_{\mu\nu}^{\rho} &= \frac{1}{2}g^{\rho\sigma} (\partial_{\mu}g_{\sigma\nu} + \partial_{\nu}g_{\sigma\mu} - \partial_{\sigma}g_{\mu\nu}) \\ &= \frac{1}{2}\eta^{\rho\sigma} (\partial_{\mu}h_{\sigma\nu} + \partial_{\nu}h_{\sigma\mu} - \partial_{\sigma}h_{\mu\nu})\end{aligned}$$

- Riemann Tensor

$$\begin{aligned}R_{\sigma\mu\nu}^{\rho} &= \partial_{\mu}\Gamma_{\sigma\nu}^{\rho} - \partial_{\nu}\Gamma_{\sigma\mu}^{\rho} \\ &= \frac{1}{2}(\partial_{\mu}\partial_{\sigma}h_{\nu}^{\rho} + \partial_{\nu}\partial^{\rho}h_{\sigma\mu} - \partial_{\mu}\partial^{\rho}h_{\sigma\nu} - \partial_{\nu}\partial_{\sigma}h_{\mu}^{\rho})\end{aligned}$$

- Ricci Tensor

$$R_{\mu\nu} = R^{\rho}{}_{\mu\rho\nu} = \frac{1}{2}(\partial_{\rho}\partial_{\nu}h_{\mu}^{\rho} + \partial^{\rho}\partial_{\mu}h_{\rho\nu} - \square h_{\mu\nu} - \partial_{\mu}\partial_{\nu}h)$$

# Linearized Gravity

- Einstein tensor:

$$\begin{aligned} G_{\mu\nu} &= R_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}R \\ &= \frac{1}{2}(\partial_\rho\partial_\nu h_\mu^\rho + \partial^\rho\partial_\mu h_{\rho\nu} - \square h_{\mu\nu} - \partial_\mu\partial_\nu h - \eta_{\mu\nu}\partial_\rho\partial^\sigma h_\sigma^\rho + \eta_{\mu\nu}\square h) \end{aligned}$$

- Tedious, introduce *trace-reversed perturbation*

$$\bar{h}_{\mu\nu} = h_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}h$$

$$\bar{h}_\mu^\mu = -h_\mu^\mu$$

- Reduced Expression

$$G_{\mu\nu} = \frac{1}{2}(\partial_\rho\partial_\nu\bar{h}_\mu^\rho + \partial^\rho\partial_\mu\bar{h}_{\nu\rho} - \square\bar{h}_{\mu\nu} - \eta_{\mu\nu}\partial_\rho\partial^\sigma\bar{h}_\sigma^\rho)$$

# Fixing the Gauge

- Can be simplified even more by picking a gauge.
  - Consider a general infinitesimal coordinate transformation

$$x'^{\mu} = x^{\mu} + \xi^{\mu}$$

- The metric transforms as

$$h'_{\mu\nu} = h_{\mu\nu} - 2\partial_{(\mu}\xi_{\nu)}$$

- Implies for the trace-reversed metric

$$\begin{aligned}\bar{h}'_{\mu\nu} &= h'_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}h' \\ &= \bar{h}_{\mu\nu} - 2\partial_{(\nu}\xi_{\mu)} + \eta_{\mu\nu}\partial^{\rho}\xi_{\rho}\end{aligned}$$

# Fixing the Gauge

- These infinitesimal gauge transformations allow us to impose the *de Donder* (Harmonic) gauge

$$\partial^\mu \bar{h}_{\mu\nu} = 0$$

- Applying to the Einstein Tensor

$$G_{\mu\nu} = -\frac{1}{2}\square\bar{h}_{\mu\nu} \Rightarrow \square\bar{h}_{\mu\nu} = -16\pi T_{\mu\nu}$$

# Fixing the Gauge

- Interested in perturbations far from the source in the vacuum

$$\square \bar{h}_{\mu\nu} = 0$$

- Wave equation! GW's travel at the speed of light. Metric can be found using Transverse-Traceless (TT) gauge



# Fixing the Gauge

- We have the gauge transformation

$$\bar{h}'_{\mu\nu} = \bar{h}_{\mu\nu} + \xi_{\mu\nu}$$

$$\xi_{\mu\nu} = \eta_{\mu\nu} \partial_\rho \xi^\rho - \xi_{\mu,\nu} - \xi_{\nu,\mu}$$

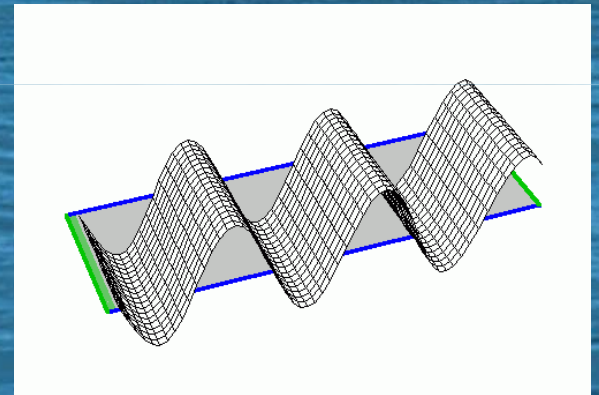
- Transverse Traceless (TT) Gauge. This transformation can be fixed such that

$$h^{00} = 0, \quad h^{0i} = 0, \quad \partial_i h^{ij} = 0, \quad h^{ii} = 0$$

# Fixing the Gauge

- Consider a plane wave propagating along the z-axis. Using the TT gauge conditions, the metric is given by

$$h_{ij}^{TT}(t, z) = \begin{pmatrix} h_+ & h_\times & 0 \\ h_\times & -h_+ & 0 \\ 0 & 0 & 0 \end{pmatrix} \cos \left( \left[ \omega \left( t - \frac{z}{c} \right) \right] \right)$$



- Result: two polarization states.

# Physical Effects

- Effect on point particles? Consider the geodesic equation for a particle at rest:

$$\begin{aligned}\frac{d^2 x^i}{d\tau^2} &= - \left( \Gamma_{\rho\sigma}^i \frac{dx^\rho}{d\tau} \frac{dx^\sigma}{d\tau} \right) \\ &= - \left( \Gamma_{00}^i \frac{dx^0}{d\tau} \frac{dx^0}{d\tau} \right) \Rightarrow (\Gamma_{00}^i)^{TT} = 0\end{aligned}$$

- In the TT gauge, a particle at rest remains at rest. Coordinate themselves stretch.

# Physical Effects

- We consider the effect on two particles separated on the x-axis. The full metric is

$$ds^2 = -c^2 dt^2 + dz^2 + dy^2 \left[ 1 - h_+ \cos \left[ \omega \left( t - \frac{z}{c} \right) \right] \right] \\ + dx^2 \left[ 1 + h_+ \cos \left[ \omega \left( t - \frac{z}{c} \right) \right] \right] + 2dx dy h_\times \cos \left[ \omega \left( t - \frac{z}{c} \right) \right]$$

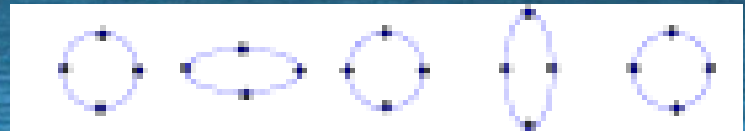
- Thus, the proper distance changes in the x-direction in an oscillatory manner

$$S_x = \int_0^{L_x} dx \sqrt{1 + h_+ \cos \left[ \omega \left( t - \frac{z}{c} \right) \right]} \\ \approx L_x \left( 1 + \frac{h_+}{2} \cos [\omega t] \right)$$

# Physical Effects

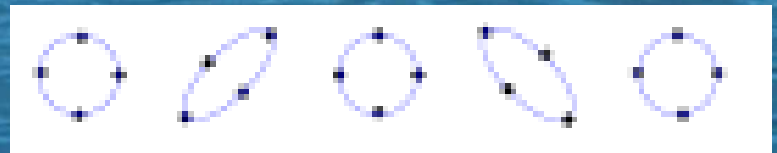
- What about a ring of particles? Consider each polarization separately.

–  $h_+$



$$\delta x(t) = \frac{h_+}{2} x_0 \sin[\omega t], \quad \delta y(t) = -\frac{h_+}{2} y_0 \sin[\omega t]$$

–  $h_\times$



$$\delta x(t) = \frac{h_\times}{2} y_0 \sin[\omega t], \quad \delta y(t) = \frac{h_\times}{2} x_0 \sin[\omega t]$$

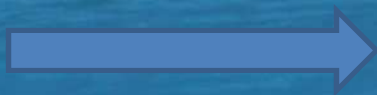
# Leading Order Contribution

- Finding the leading order contribution to the metric perturbations

$$\square \bar{h}_{\mu\nu} = -\frac{16\pi G}{c^4} T_{\mu\nu}, \quad \partial_\mu \bar{h}^{\mu\nu} = 0, \quad \partial_\mu T^{\mu\nu} = 0$$

- Method of Green's functions

$$G(x - x') = -\frac{1}{4\pi} \frac{1}{|\vec{x} - \vec{x}'|} \delta\left(t - \frac{|\vec{x} - \vec{x}'|}{c} - t'\right)$$



$$\bar{h}_{\mu\nu}(x) = -\frac{16\pi G}{c^4} \int d^4x' G(x - x') T_{\mu\nu}(x')$$

# Leading Order Contribution

- We introduce the projection and Lambda operators, which bring any metric into the TT gauge

$$P_{ij}(\vec{n}) = \delta_{ij} - n_i n_j$$

$$\Lambda_{ij,kl}(\vec{n}) = P_{ik}P_{jl} - \frac{1}{2}P_{ij}P_{kl}$$

$$h_{ij}^{TT} = \Lambda_{ij,kl} h_{kl}$$

# Leading Order Contribution

- The TT metric is then given by

$$\bar{h}_{ij}^{TT}(t, \vec{x}) = \Lambda_{ij,kl}(\vec{n}) \frac{4G}{c^4} \int d^3x' \frac{1}{|\vec{x} - \vec{x}'|} T_{kl} \left( t - \frac{|\vec{x} - \vec{x}'|}{c}; \vec{x}' \right)$$

- We approximate the distance  $r$  to the source to be much larger than the size  $d$  of the source itself

$$|\vec{x} - \vec{x}'| = r - \vec{x}' \cdot \vec{n} + O(d^2/r)$$

$$\bar{h}_{ij}^{TT}(t, \vec{x}) = \frac{4G}{c^4} \frac{1}{r} \Lambda_{ij,kl}(\vec{n}) \int_{|\vec{x}'| < d} d^3x' T_{kl} \left( t - \frac{r}{c} + \frac{\vec{x}' \cdot \vec{n}}{c}; \vec{x}' \right)$$



# Leading Order Contribution

- Performing a Fourier decomposition of the stress-energy tensor

$$T_{kl} \left( t - \frac{r}{c} + \frac{\vec{x}' \cdot \vec{n}}{c}; \vec{x}' \right) = \int \frac{d^4 k}{(2\pi)^4} \bar{T}_{kl}(\omega, \vec{k}) \times \exp \left[ -i\omega \left( t - \frac{r}{c} + \frac{\vec{x}' \cdot \vec{n}}{c} \right) + i\vec{k} \cdot \vec{x}' \right]$$

- Now assume a slowly moving source, such that

$$\omega \vec{x}' \cdot \vec{n} \sim \omega d/c \sim v/c \ll 1$$

- This approximation permits a Taylor expansion of the exponential

$$\begin{aligned} \bar{h}_{ij}^{TT}(t, \vec{x}) \approx & \frac{1}{r} \frac{4G}{c^4} \Lambda_{ij,kl}(\vec{n}) \left[ \int d^3 x T^{kl}(t, \vec{x}) \right. \\ & + \frac{1}{c} n_m \frac{d}{dt} \int d^3 x T^{kl}(t, \vec{x}) x^m \\ & \left. + \frac{1}{2c^2} n_m n_p \frac{d^2}{dt^2} \int d^3 x T^{kl}(t, \vec{x}) x^m x^p + \dots \right]_{|t-r/c} \end{aligned}$$

# Leading Order Contribution

- For convenience, we introduce the momenta of mass density

$$\begin{aligned}M &= \frac{1}{c^2} \int d^3x T^{00}(t, \vec{x}) \\M^i &= \frac{1}{c^2} \int d^3x T^{00}(t, \vec{x}) x^i \\M^{ij} &= \frac{1}{c^2} \int d^3x T^{00}(t, \vec{x}) x^i x^j\end{aligned}$$

- Consider the conservation law for the stress-energy tensor

$$\partial_\mu T^{\mu\nu} = 0$$

$$\nu = 0 \Rightarrow \partial_0 T^{00} + \partial_i T^{i0} = 0$$

- Leads to conservation of mass and momentum

$$\dot{M} = 0, \quad \ddot{M}^i = 0$$

# Leading Order Contribution

- The third momentum of mass density turns out to be very useful!

$$\begin{aligned} c\dot{M}^{ij} &= \int_V d^3x x^i x^j \partial_0 T^{00} = - \int_V d^3x x^i x^j \partial_k T^{0k} \\ &= \int_V d^3x (x^j T^{0i} + x^i T^{0j}) \end{aligned}$$



$$\ddot{M}^{ij} = 2 \int_V d^3x T^{ij}$$

- Using this relation, the metric can be rewritten in a simpler form:

$$h_{ij}^{TT}(t, \vec{x}) = \frac{1}{r} \frac{2G}{c^4} \Lambda_{ij,kl}(\vec{n}) \ddot{M}^{kl}(t - \frac{r}{c})$$

- This is the leading order contribution to the metric.

# Non-Linearized Gravity

- What if self-gravitation is not negligible?

$$\sqrt{-g}g^{\mu\nu} = \eta^{\mu\nu} - H^{\mu\nu}$$

- Wave metric now satisfies

$$\partial_{\mu}H^{\mu\nu} = 0$$

- Thus the derived equations stay the same, with the addition of a new tensor

$$\square H^{\mu\nu} = -\frac{16\pi G}{c^4} [(-g)T_{\mu\nu} + \tau_{\mu\nu}]$$

# General Linearized Gravity

- We can also choose a general background metric

$$g_{\mu\nu} = \bar{g}_{\mu\nu} + h_{\mu\nu}$$

- Need to distinguish between background and perturbation:
  - Case 1: The background has a typical scale  $L$  and the perturbation has a typical wavelength which is much smaller than  $L$ , such that it can be treated as a small ripple on a smooth background.
  - Case 2: The background has frequencies up to  $F$ , while those of the perturbation are much larger than  $F$ . As a result, the background can be treated as static.



# General Linearized Gravity

- Result of this analysis

$$\bar{R}_{\mu\nu} - \frac{1}{2}\bar{g}_{\mu\nu}\bar{R} = \frac{8\pi G}{c^4} (\bar{T}_{\mu\nu} + t_{\mu\nu})$$

$$t_{\mu\nu} = -\frac{c^4}{8\pi G} \left( \bar{T}_{\mu\nu} - \frac{1}{2}\bar{g}_{\mu\nu}\bar{T} \right)$$

- The computed effective stress energy tensor is given by

$$t_{\mu\nu} = \frac{c^4}{32\pi G} \langle \partial_\mu h_{\alpha\beta} \partial_\nu h^{\alpha\beta} \rangle$$

- Its corresponding energy density component

$$t_{00} = \frac{c^2}{32\pi G} \langle \dot{h}_{ij}^{TT} \dot{h}_{ij}^{TT} \rangle = \frac{c^2}{16\pi G} \langle \dot{h}_+^2 + \dot{h}_\times^2 \rangle$$

# General Linearized Gravity

- Thus, gravitational wave energy flux per unit area is given by

$$\frac{dE}{dt dA} = \frac{c^3}{16\pi G} \langle \dot{h}_+^2 + \dot{h}_\times^2 \rangle$$

- Converting to solid angles

$$\frac{dP}{d\Omega} = \frac{r^2 c^3}{32\pi G} \langle \dot{h}_{ij}^{TT} \dot{h}_{ij}^{TT} \rangle = \frac{G}{8\pi c^5} \Lambda_{kl,mp}(\vec{n}) \left\langle \frac{d}{dt} (\ddot{Q}_{kl}) \frac{d}{dt} (\ddot{Q}_{mp}) \right\rangle$$

- Where we have introduced the traceless quadrupole tensor

$$Q_{ij} = M_{ij} - \frac{1}{3} \delta_{ij} M_{kk}$$

# General Linearized Gravity

- Integrating we find the total power radiated

$$P = \frac{G}{5c^5} \left\langle \frac{d}{dt} \left( \ddot{Q}_{ij} \right) \frac{d}{dt} \left( \ddot{Q}_{ij} \right) \right\rangle$$

- This is known as the *Einstein Quadrupole Formula*.



# General Linearized Gravity

- Waves do not just carry away energy but also angular and linear momentum

$$\frac{dL^i}{dt} = \frac{2G}{5c^5} \epsilon^{ijk} \left\langle \ddot{Q}_{jl} \frac{d}{dt} \ddot{Q}_{lk} \right\rangle$$

$$\frac{dP^i}{dt} = -\frac{G}{8\pi c^5} \int d\omega \left( \frac{d}{dt} \ddot{Q}_{jk}^{TT} \right) \left( \partial^i \ddot{Q}_{jk}^{TT} \right)$$

- Now we can finally start calculating some results!

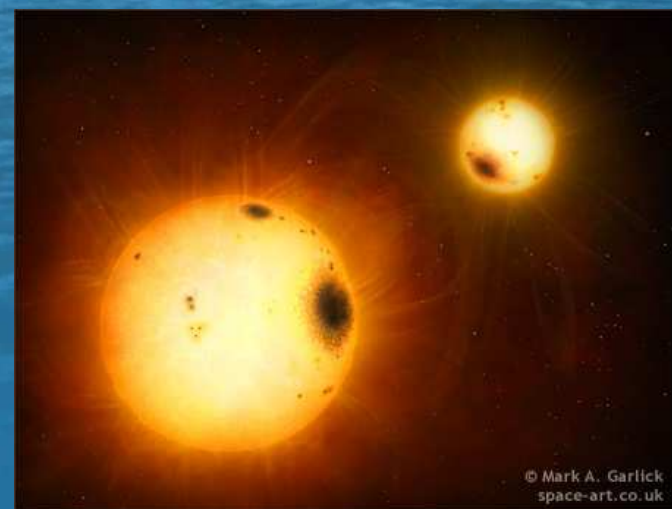
# A Simple Application

- We consider a simple example - a binary, circular star system with masses  $M$  and  $m$ . In the center of mass frame:

$$\begin{aligned}\mu &= \frac{Mm}{M+m}, & X(t) &= R \cos(\omega t), \\ Y(t) &= R \sin(\omega t), & Z(t) &= 0\end{aligned}$$

- The (non-zero) moments of mass density are then

$$\begin{aligned}M_{11} &= \frac{1}{2}\mu R^2(1 + \cos(2\omega t)), \\ M_{22} &= \frac{1}{2}\mu R^2(1 - \cos(2\omega t)), \\ M_{12} &= \frac{1}{2}\mu R^2 \sin(2\omega t)\end{aligned}$$



# A Simple Application

- Power radiated by such a system

$$P = \frac{32 G \mu^2 R^4 \omega^6}{5 c^5}$$

- For the Sun-Jupiter binary, we find:

$$m_J = 2 \times 10^{27} \text{ kg}, \quad m_S = 2 \times 10^{30} \text{ kg}$$
$$R = 7.8 \times 10^{13} \text{ cm}, \quad \omega = 1.68 \times 10^{-7} \text{ Hz}$$

$$P_{gw} = 5 \times 10^3 \text{ J/s}$$


- Compare this to the amount of electromagnetic radiation emitted by the Sun

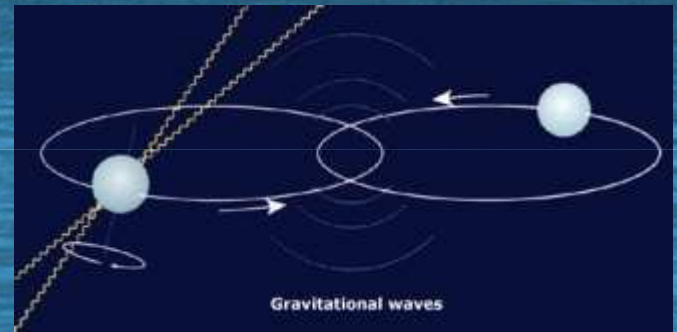
$$P_{em} = 3.9 \times 10^{26} \text{ J/s}$$

- And to give an idea of the magnitude of the polarizations

$$h_+(t) = \frac{1}{r} \frac{4G}{c^4} \mu R^2 \omega^2 \frac{(1 + \cos^2 \theta)}{2} \cos(2\omega t)$$
$$h_\times(t) = \frac{1}{r} \frac{4G}{c^4} \mu R^2 \omega^2 \cos \theta \sin(2\omega t)$$

# Indirect Evidence

- In 1974, Hulse and Taylor discovered PSR B1913+16, now more commonly known as the Hulse-Taylor Binary Pulsar



- Pulsed radio signals every 59 milliseconds
- Variation over a period of every 7.75 hours led to conclusion that it is in a binary system

# Indirect Evidence

- Observation of decrease in the orbital period
- According to gravitational wave theory, for an eccentric orbit the power radiated should be

$$P = \frac{32 G^4 \mu^2 M^2}{5 a^5 c^5} \frac{1}{(1 - e^2)^{7/2}} \left( 1 + \frac{73}{24} e^2 + \frac{37}{96} e^4 \right)$$

- For the Hulse-Taylor binary, we find

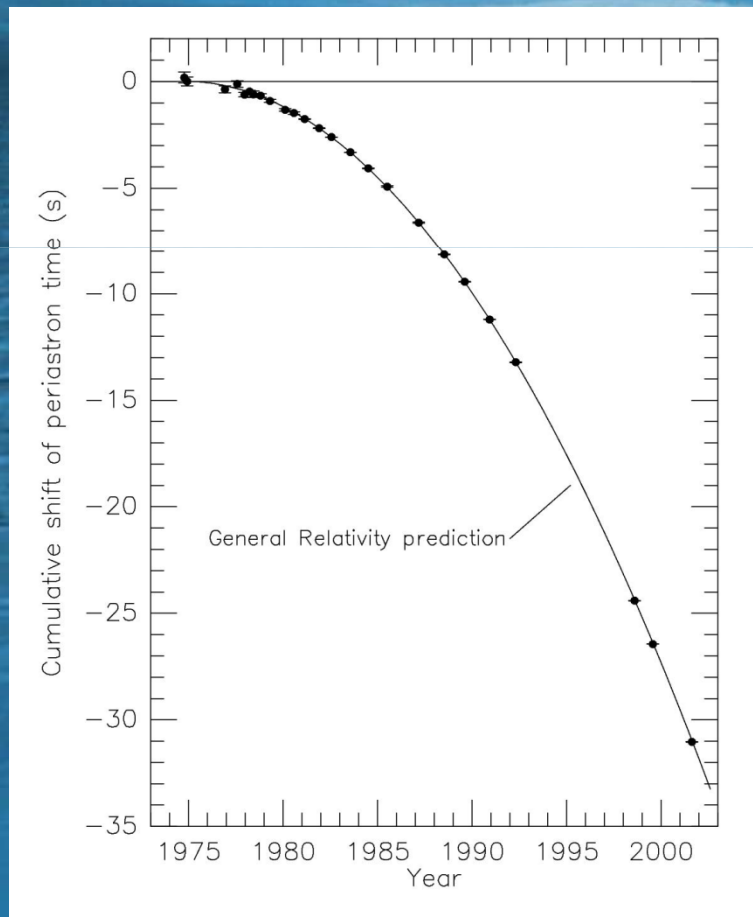
$$\begin{aligned} a &= 1.95 \times 10^{11} \text{ cm}, \quad m_1 = 1.441 M_{\text{sun}}, \\ m_2 &= 1.383 M_{\text{sun}}, \quad e = 0.617 \end{aligned}$$

$$P = 7.35 \times 10^{24} \text{ J/s}$$



# Indirect Evidence

- Agreement between theory and experiment?



Good enough for the  
1993 Nobel Prize at least

# Direct Evidence

- As of yet, gravitational waves have not been detected directly.
- Categorize waves into four different frequency bands
  - High frequency  $1 \text{ Hz} \leq f \leq 10^4 \text{ Hz}$
  - Low frequency  $10^{-5} \text{ Hz} \leq f \leq 1 \text{ Hz}$
  - Very low frequency  $10^{-9} \text{ Hz} \leq f \leq 10^{-7} \text{ Hz}$
  - Ultra low frequency  $10^{-18} \text{ Hz} \leq f \leq 10^{-13} \text{ Hz}$

# Direct Evidence

- High frequency

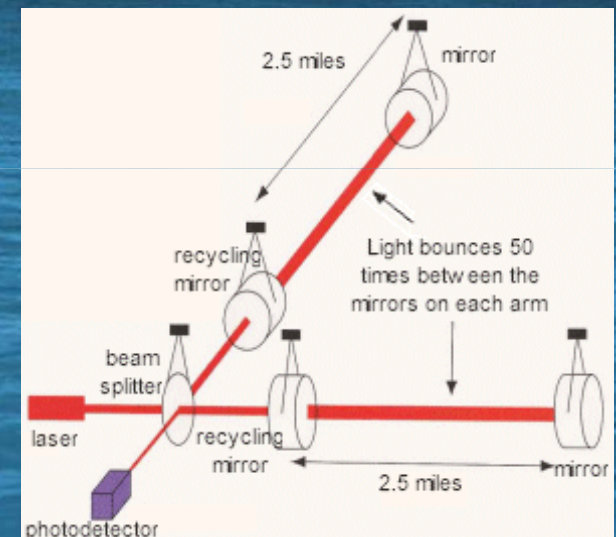
$$1 \text{ Hz} \leq f \leq 10^4 \text{ Hz}$$

- Target band of new generation detectors such as LIGO
- Lower limit is due to difficulty associated with mechanical coupling of detector to ground vibrations at low frequencies
- Upper limit due to the (supposed) non-existence of a source with low mass and yet highly compact
- Interferometers: LIGO, Virgo, GEO600, TAMA300, and ACIGA



# Direct Evidence

- How do these interferometers work?
- Possible sources:
  - Coalescing Compact Binaries
  - Stellar Core Collapse
  - Periodic Emitters
  - Stochastic Backgrounds...



more on that later!

# Direct Evidence

- Low Frequency Band

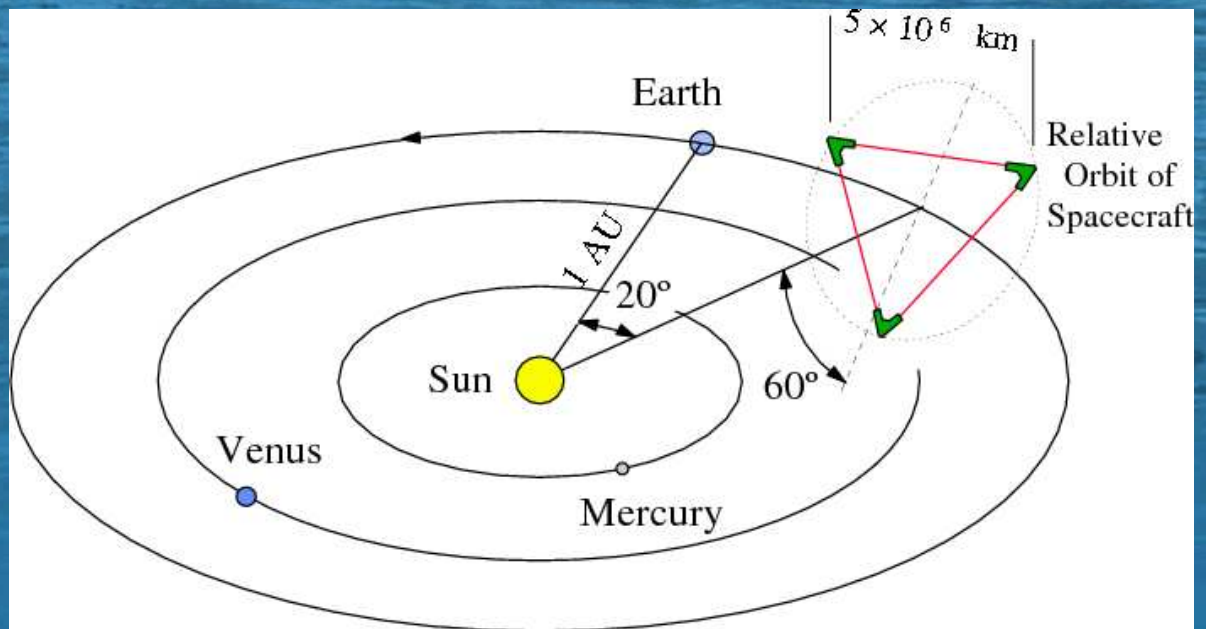
$$10^{-5} \text{ Hz} \leq f \leq 1 \text{ Hz}$$

- Cannot be measured with ground-based detectors
- Many interesting sources can be investigated the in the low frequency bandwidth however
- Examples:
  - Binary white dwarves
  - Coalescing binary systems with black holes
  - Stochastic backgrounds...

# Direct Evidence

- There is a way around our terrestrial limitations! Put the detector in a nice, quiet place called *space*

- LISA (2017?)



# Benefits of Gravitational Radiation

- A new form of radiation!
- Another test of the theory of general relativity
- Does not strongly interact with matter
- GW astronomy is a nearly all-sky study
- Gravitons in a GW burst are phase-coherent
- Strain  $h$  goes as  $1/r$

# More (not so useful) Benefits

- Solution to the global energy crisis?



- An end to the McCulture?

The background of the slide is a repeating pattern of 3D-style question marks. Some are a vibrant blue, while others are a light, semi-transparent white. They are scattered across the entire page, creating a sense of inquiry and discussion.

# Discussion

- ***How solid is the evidence supporting the existence of gravitational waves?***