



HELSINKI

VISITORS GUIDE



VISIT HELSINKI.FI









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HELSINKI MOMENTS

The steps leading up to Helsinki Cathedral are one of the best places to get a sense of this city's unique atmosphere. Behind you is the majestic white cathedral and directly in front of you the historic Senate Square. Sit awhile and imagine how the scenery changes through the dramatically different seasons. On May Day (Vappu) the steps and square are packed with people celebrating in their white student caps, while in December the square is lit up by torch-light parades and candles in the windows.

The Tori Quarter next to Senate Square is home to charming and unique boutiques selling Finnish design and handicrafts, as well as cosy cafés. On the other side of the Tori Quarter is the Market Square, where you can enjoy a coffee and donut among all the stands selling seasonal berries, vegetables and fish. Sightseeing cruises depart from the waterfront, while sightseeing buses depart from Esplanade Park next to the market.

Many of the most popular attractions in Helsinki are great destinations for outings. For example, at the island of Seurasaari you can visit the open-air museum, feed the squirrels and enjoy the nature as you follow the path around the perimeter. The recently renovated Winter Garden is an enchanting place to pass the time even when the sun is not shining. The botanic gardens in Kaisaniemi and Kumpula are similarly charming, especially in summertime and autumn. For a breathtaking view of the city, nothing beats the tower at the Olympic Stadium, where you can also watch exciting sporting events. The Functionalist architecture of the stadium and its tower is also impressive.

Temppeliaukio Church is a stunning achievement of modern architecture. Blasted out of the granite bedrock, the church is always breathtaking, but during the Chirstmas season it is especially magical. You can enjoy carol concerts here and in many other churches in Helsinki.





HISTORICAL CENTRE

Helsinki became capital of the autonomous Grand Duchy of Finland in 1812.

1. HELSINKI CATHEDRAL AND SENATE SQUARE

Senate Square and its surroundings form a unique and cohesive example of Neoclassical architecture. The square is dominated by four buildings designed by Carl Ludwig Engel between 1822 and 1852: Helsinki Cathedral, the Government Palace, the main building of the University of Helsinki and the National Library of Finland, A prayer service with music is held in the Cathedral on weekdays at noon. There is also an evening service on Saturdays at 6pm and a Sunday service at 10am. Various events, exhibitions and concerts are held in the Crypt (Kirkkokatu 8), where there is also a summer café (Mon-Sat 11am-5pm and Sun 1pm-5pm). A souvenir shop can be found in the belfry (Mon-Fri 10am-5pm, Sat 9am-5pm and Sun 12noon-6pm until 31 August).

Helsinki Cathedral, Unioninkatu 29 Open: daily 9am-6pm, June-August 9am-12midnight (No entry during events. Many weddings are held on Saturdays throughout the summer.) Free admission

tree damssion Enquiries: +358 (0)9 2340 6111 tuomiokirkko@srk.evl.fi www.helsinginkirkot.fi/en/ churches/cathedral

2. CITY HALL

Originally designed by Carl Ludwig Engel as a hotel that was completed in 1833, the building was converted for use as city hall after major renovations in the 1920s. Since the 1960s the Neoclassical facade has concealed a modern interior designed by architect Aarno Ruusuvuori. Today the main lobby houses Virka Info, a public information service, and Virka Galleria,

which presents exhibitions. Other services include public computers and a free wireless network. Pohjoisesplanadi 11-13, entrance also from Sofiankatu 1 Open: Mon-Fri 9am-7pm, Sat-Sun 10am-4pm Free admission
City Hall: +358 (0)9 3101 641, Virka Info: +358 (0)9 3101 1111 virkainfo@hel.fi
www.hel.fi/www/kanslia/en/welcome

3. TORI QUARTER

The Tori Quarter between the Market Square and Senate Square dates back originally to the 1700s. Carl Ludwig Engel later updated the buildings in the Empire style to fit in with the Senate Square. Until the early years of the 1900s the Tori Quarter was the centre of commerce and social life in Helsinki. Today the guarter is once again being revitalised as an active centre of urban culture in the form of numerous events, design boutiques, restaurants and cafés. Between the Market Square and Senate Sauare www.torikorttelit.fi

4. HELSINKI CITY MUSEUM

4. HEJSINKI CITT MOSEOW
The exhibition "Mad about Helsinki" reveals the special places in the city that are close to the locals' hearts in the context of Helsinki's past. Photography exhibitions are also held in the main building. The Kino Engel cinema shows daily films about Helsinki in Finnish and Swedish, as well as in English during the summer (June-August). Sofiankatu 4
Open: Mon-Fri 9am-5pm, Thu 9am-7pm, Sat-Sun 11am-5pm Free admission +358 (0)9 3103 6630

www.helsinkicitvmuseum.fi



5. MARKET SQUARE

Helsinki's iconic habourfront market sells traditional and seasonal foods, as well as handicrafts and souvenirs. You can also enjoy a coffee at the market in the middle of winter. Heated café tents and steaming hot drinks will keep you warm even in the coldest weather. Eteläsatama

Open: Mon-Fri 6:30am-6pm, Sat 6:30am-4pm, May-September also Sun 10am-5pm

6. OLD MARKET HALL

The Old Market Hall reopened after a complete renovation in June 2014. The 120-year-old market hall is known for its premium products and knowledgeable service.

Eteläranta

Open: Mon- Sat 8am-6pm www.vanhakauppahalli.fi/en

7. HELSINKI POOL POP-UP CAFÉ AND FINNAIR SKY WHEEL

The Helsinki Pool Pop-Up Café and 40-metre-high Finnair Sky Wheel opened in spring 2014 in Katajanokka next to the harbour. The pop-up café is open in summertime. A ride on the sky wheel takes around 12 minutes.

Helsinki Pool Pop-Up Café

Katajanokanlaituri 2 Enquiries (Korjaamo Group): +358 (0)400 824 229 info@korjaamo.fi www.helsinkiallas.fi

Finnair Sky Wheel

Katajanokanlaituri 2 Open: Sun-Mon 10am-8pm, Tue-Thu 10am-9pm, Fri-Sat 10am-10pm Adults €12, children (ages 3-11) €9, infants free of charge +358 (0)40 480 4604 www.finnair-skywheel.com

8. ESPLANADE PARK

The Esplanade has been the main promenade for residents and visitors alike for the past 200 years, and people still flock to the park in summertime to sit on the lawns and terraces. The statue of J. L. Runeberg, the national poet of Finland, was unveiled in 1885. Free concerts are held throughout the summer on Espa Stage.

9. HAVIS AMANDA

Designed by Ville Vallgren and built in Paris in 1906, this famous bronze fountain was erected beside the Market Square in 1908. According to Vallgren, the figure of the maiden rising out of the Baltic Sea symbolises Helsinki and its birth. Each year on the evening before May Day, students gather at the fountain to celebrate and place a cap on the statue. Between the Market Square and Esplanade Park

10. PRESIDENTIAL PALACE

Originally designed by Pehr Granstedt and completed in 1820, the building was later adapted for use by the Tsar by C. L. Engel. Since Finland's independence the building served as the official residence of the President and for hosting presidential functions. Today the official residence of the President is Mäntyniemi in the Meilahti district. Pohjoisesplanadi 1 www.presidentti.fi

11. USPENSKI CATHEDRAL

Completed in 1868 in the Kataianokka district of Helsinki, Uspenski is the largest Orthodox cathedral in Western Europe. Designed by the Russian architect Aleksei M. Gornostajev, the cathedral is framed by Toye Janssons park. The redbrick edifice combines Eastern and Western influences: the facade represents classic Slavic traditions, while the interior reflects both Byzantine traditions and the influence of Italian art Kanavakatu 1 Open September-May: Mon closed, Tue-Fri 9:30am-4pm, Sat 10am-3pm, Sun 12noon-3pm

Sat 10am-3pm, Sun 12noon-3pm Open June-August: Mon closed, Tue-Fri 9:30am-8pm, Sat 10am-3pm, Sun 12noon-3pm Open on holidays and preceding evenings open only during services Free admission

+358 (0)9 8564 6200, +358 (0)9 634 267 uspenski@ort.fi

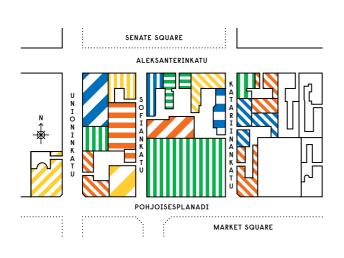
www.hos.fi/uspenskin-katedraali



HELSINKI'S HISTORIC CENTRE ENTERS A NEW AGE



Shops, restaurants and events in an interesting milieu.



NOT ELO WDW N



CITY CENTRE AND KAMPPI

1. CENTRAL RAILWAY STATION

Designed by legendary Finnish architect Eliel Saarinen, Helsinki's Central Railway Station is one of the most famous buildings in Finland and a landmark in Helsinki. The granite monument represents late Jugend architecture, and the main entrance is flanked by giant torchbearers designed by Emil Wikström. The station was inaugurated in 1919.

Kaivokatu 1

The Tourist Information and Helsinki Expert offices inside the station are open year round.

Main Hall open daily 5am to 2am (locker room open 5:20am-11pm)

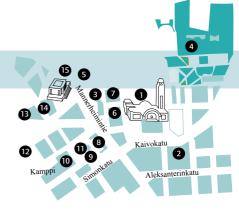
2. ATENEUM ART MUSEUM

Ateneum is the most popular museum in Finland. The collections include Finnish art from the 1750s to the 1960s and western art from the latter half of the 1800s to the 1950s, including many national treasures. The exhibition "Sibelius and the World of Art" marking the 150th anniversary of the birth of the legendary composer runs until 22 March 2015. *Kaivokatu 2*

Nanvokatu 2
Open: Mon closed,
Tue & Fri 10am-6pm,
Wed-Thu 9am-8pm,
Sat-Sun 10am-5pm
Admission: adults €12,
discount groups €10,
visitors under 18 free of charge
www.ateneum.fi/en

3. MUSEUM OF CONTEMPORARY ART KIASMA

Opened in 1998, Kiasma presents three major new exhibitions a year alongside numerous smaller projects. The programme includes exhibitions of Finnish and international art and thematic group exhibitions. The intriguing building was designed by Steven Holl and uses natural light that filters in through the glass surfaces.



Mannerheiminaukio 2 +358 (0)9 1733 6501 Open: Mon closed, Tue 10am-5pm, Wed-Fri 10am-8:30pm, Sat 10am-6pm, Sun 10am-5pm. Note: Kiasma will reopen a renovation in March 2015. Admission: adults €10, discount groups €8, visitors under 18 free of charge. Free admission on the first Friday of each month 4pm-8pm +358 (0)294 500 501 info@kiasma.fi

4. KAISANIEMI BOTANIC GARDEN

Founded in 1829, the University of Helsinki's botanic garden and its fabulous greenhouses can be admired year round. The garden is situated next to Kaisaniemi Park, which hosts a variety of events. The outdoor gardens are currently undergoing a major renovation that is expected to be completed by 2015. Unioninkatu 44 / Kaisaniemenranta 2 Greenhouses open: Mon closed, Tue-Wed & Fri 9am-4pm, Thu 10am-6pm, Sat-Sun 10am-4pm (June-August: Mon closed, Tue-Sun 10am-5pm) Garden gates open: Mon-Sun 9am-8pm year round Admission: adults €8, discount groups €4. Free admission on the first Thursday of the month 4pm-6pm (summertime 3pm-5pm) Free admission to outdoor gardens. +358 (0)294 124 455

www.luomus.fi/en

5. HELSINKI MUSIC CENTRE

A first-class concert venue and meeting point, Helsinki Music Centre also has a café, restaurant, shop and the Sibelius Academy Library for visitors to enjoy. The sculpture "Gaia" (2011) by Kirsi Kaulanen adorns the Main Lobby, while the sculpture "Laulupuut" (2012) by Reijo Hukkanen can be admired outside. Helsinki Music Centre is home to the Helsinki Philharmonic Orchestra, Radio Symphony Orchestra and Sibelius Academy. Mannerheimintie 13 A Open: Mon-Fri 8am-10pm, Sat 10am-10pm, Sun 10am-8pm Free admission +358 (0)207 070 400 www.musiikkitalo.fi/en

6. HELSINKI GENERAL POST OFFICE AND LIBRARY 10

The General Post Office also houses the post office shop and a modern music library, Library 10.

Elielinaukio 2 F (opposite Central Railway Station) Post office open: Mon-Fri 8am-8pm, Sat 10am-4pm, Sun 12noon-4pm Library 10 open September-April: Mon-Thu 8am-10pm, Fri 8am-8pm, Sat-Sun 12noon-6pm Library 10 open May-August: Mon-Thu 9am-8pm, Fri 9am-6pm, Sat-Sun 12noon-6pm Free admission

7. SANOMATALO

Situated at one end of Finlandia Park next to Helsinki Music Centre and the Museum of Contemporary Art Kiasma, Sanomatalo houses the editorial offices of the daily newspapers Helsingin Sanomat, Ilta-Sanomat and Taloussanomat. The glass building was designed by Jan Söderlund and Antti-Matti Siikala. Cafés, restaurants and shops are located on the first and second floors. The atrium is often used for events and exhibitions. Töölönlahdenkatu 2 Open: Mon-Fri 7am-10pm, weekends and public holidays 9am-10pm

Free admission 8. LASIPALATSI

The "Glass Palace" is an icon of modern Functionalist architecture designed by three architects: Viljo Revell, Heimo Riihimäki and Niilo Kokko. Completed in the 1930s, Lasipalatsi today houses restaurants, cafés and shops. Public computers can be found throughout the building and used for free, and there is also a free wireless network. Mannerheimintie 22–24 Enquiries: +358 (0)9 612 6570 www.lasipalatsi.fi/info-en

9. KAMPPI CHAPEL

A fine example of Finnish wooden architecture, this futuristic chapel is a place for quiet meditation amidst the hustle and bustle of the city centre. Completed in May 2012, the chapel was designed by the architecture firm K2S Oy. Simonkatu 7, Narinkkatori Open: Mon-Fri 8am-8pm, Sat-Sun 10am-6pm Free admission +358 (0)9 2340 2018 kampinkappeli@evl.fi

10. KAMPPI CENTRE AND NARINKKATORI SQUARE

This shopping and travel centre houses over 120 shops, 30 restaurants, a gym, a dance school, a bowling hall and two underground bus terminals and a metro station. The adjacent Narinkkatori Square hosts a variety of events.

Urho Kekkosen katu 1 Shopping centre open: Mon-Fri 9am-9pm, Sat 9am-6pm, Sun 12noon-6pm www.kamppi.fi/en

11. LAITURI – CITY PLANNING DEPARTMENT'S INFORMATION AND EXHIBITION CENTRE

Laituri welcomes anyone interested in urban design – town planning, construction, traffic – as well as residents interested in the future of Helsinki. It is a convenient visitor facility for tourists, experts and students interested in architecture and city planning.

Narinkka 2

Open: Mon-Fri 10am-7pm, Sat 12noon-4pm

Free admission

+358 (0)9 3103 7390

12. TENNISPALATSI ART MUSEUM AND CINEMA

laituri@hel fi

www.laituri.hel.fi

A Functionalist building that was completed in 1937, the "Tennis Palace" allows visitors to enjoy movies and the arts, as well as cafés and restaurants, all under the same roof. Finnkino operates a 14-screen cinema on the premises. Tennis Palace Art Museum presents several exhibitions each year in co-operation with artists and international art institutions.

Salomonkatu 15
The museum will reopen after renovation in autumn 2015
Admission: €10, discount groups €8, visitors under 18 free of charge. Free admission on the first Friday of the month +358 (0)9 3108 7001
www.helsingintaidemuseo.fi/en Cinema Tennispalatsi, see page 44

13. NATURAL HISTORY MUSEUM

The museum presents four permanent exhibitions: Finnish Nature, World Nature, History of Life, and Story of the Bones. Dive beneath the surface of the Baltic Sea and marvel at the collection of bones and magnificent dinosaurs. Public events are also held in the museum.

Pohjoinen Rautatiekatu 13
Open September-October:
Mon closed, Tue-Wed and
Fri 9am-4pm, Thu 9am-6pm,
Sat-Sun 10am-4pm
Open June-August: Mon closed,
Tue-Sun 10am-5pm
Admission: adults €10,
discount groups €5.
Free admission on the first Thursday
of the month 4pm-6pm
(summertime 3pm-5pm)
+358 (0)294 128 800
luonnontieteellinenmuseo@helsinki.fi
www.luomus.fi/en

14. KUNSTHALLE HELSINKI

Kunsthalle is a home of living art that presents contemporary art. The building was designed by Jarl Eklund and Hilding Ekelund and opened in 1928. Kunsthalle presents both Finnish and international art. Each year Kunsthalle hosts 6 to 8 major exhibitions, as well as a similar number of studio shows. The museum also hosts events and workshops.

Nervanderinkatu 3
Open: Mon closed, Tue, Thu,
Fri 11am-6pm, Wed 11am-8pm,
Sat-Sun 11am-5pm
Admission: adults €12,
discount groups €8,
visitors under 18 free of charge
+358 (0)40 450 7211
info@taidehalli.fi
www.taidehalli.fi/en

15. PARLIAMENT HOUSE

Finland's 200-seat parliament gathers in this impressive building representing 1920s Classicism. Sessions of the parliament can be observed by the public on Tuesdays to Fridays until 13 March 2015. Mannerheimintie 30 Guided tours for groups (6–25 pers.) Mon-Fri 9am-4:15pm Reservations at least 3 days in advance (oppaat@eduskunta.fi / tel. +358 9 432 2027 Mon-Fri 9am-12noon) Note: Guided tours will not be available during the renovation of Parliament House, which begins on 14 March 2015. Free admission www.eduskunta.fi

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Musiikkitalo Mannerheimintie 13a, 00100 Helsinki www.musiikkitalo.fi

S15elius

TÖÖLÖNLAHTI

The Töölönlahti park area begins in the heart of Helsinki. A popular walking path circles the bay. The wooden villas of the Linnunlaulu ("Birdsong") district are an evocative reminder of Helsinki's building heritage, and the summer café at Sininen Huvila (the "Blue Villa") offers a beautiful view over the bay. Finlandia Park is a new oasis for culture and city events that is being developed along the southern shoreline.



This famous conference and event venue was designed by legendary Finnish architect Alvar Aalto. Guided tours are available and take around one hour, and you can visit the photography exhibitions in Galleria & Café Veranda. Mannerheimintie 13 E Open: Mon-Fri 9am-7pm Guided tours in English: adults €12.50, discount groups €10. Free admission Enquiries and tour bookings: +358 (0)9 40241 servicepoint@finlandiatalo.fi www.finlandiatalo.fi/en

2. HAKASALMI VILLA

This charming wooden villa from the 1840s forms part of the Helsinki City Museum and presents special exhibitions. A new exhibition opens in March 2015. Mannerheimintie 13 B Open: Mon closed, Tue-Sun 11am-5pm, Thu 11am-7pm. Free admission +358 (0)9 3107 8519 kaupunginmuseo@hel.fi

3. NATIONAL MUSEUM OF FINLAND

www.helsinkicitymuseum.fi

The museum's main exhibitions present Finnish life from prehistoric times to the present. The magnificent Jugend building was designed by legendary architect trio Gesel-



lius-Lindgren-Saarinen and was completed in 1910. The workshop VINTTI is an interactive exhibition especially for children that is open 12noon-4pm. Mannerheimintie 34 Open: Mon closed, Tue-Sun 11am-6pm Admission: adults €8, discount groups €6, visitors under 18 free of charge. Free admission on Fridays 4-6pm Ticket office: +358 (0)40 128 6469 (Tue-Sun 11am-6pm), tour bookings: +358 (0)9 4050 9552 (Tue-Fri 9am-12noon) kansallismuseo@nba.fi www.nba.fi/en/nationalmuseum

4. FINNISH NATIONAL OPERA

Completed in 1993, the opera house has hosted scores of opera and ballet performances. The building was designed by the architectural firm Hyvämäki-Karhunen-Parkkinen. Guided tours are offered in Finnish between August and May on the first Wednesday of each month at 2:30pm and take approximately one hour. Helsinginkatu 58 Guided tours: adults €10, discount groups €6 Ticket office: +358 (0)9 4030 2211 (Mon-Fri 9am-6pm, Sat 12noon-6pm) liput@opera.fi (ticket sales) kiertokaynnit@opera.fi (tour bookings)

www.opera.fi/en



The Winter Garden has been a recreational meeting place for the residents of Helsinki for over a century. This refined oasis invites visitors to enjoy over 200 plant species throughout the year. Guided tours are available upon request in advance. Hammarskjöldintie 1 Open: Mon closed, Tue-9am-3pm, Wed-Fri 12noon-3pm, Sat-Sun 12noon-4pm Free admission +358 (0)9 3103 9985

Töölönlahti

6. OLYMPIC STADIUM

The Olympic Stadium is one of the most famous landmarks in Helsinki, and it has been described as one of the most beautiful stadiums in the world. It has been the arena of great sporting and musical events since 1938. The Games of the XV Olympiad were held here in 1952. The Stadium Tower is 72 metres high and offers a spectacular view over Helsinki. The stadium design was the result of an architectural competition won by Yrjö Lindegren and Toivo Jäntti with their aesthetically pure Functionalist design. The stadium also houses a hostel, the Sports Museum and the restaurant Olympia Bistro. Paavo Nurmentie 1

Tower open: Mon-Fri 8am-8pm, Sat-Sun 9am-6pm, closed during stadium events

Admission: adults €5, discount groups €2. visitors under 6 free of charae +358 (0)9 436 6010 info@stadion.fi. www.stadion.fi

Linannaki.fi WWW.LINNANMAKI.FI



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TÖÖLÖ









TEMPPELIAUKIO CHURCHQuarried out of the natural

bedrock, Temppeliaukio Church was designed by Timo and Tuomo Suomalainen and completed in 1969. Today it is one of the most popular tourist attractions in Helsinki, as well as a popular venue for concerts. Lutherinkatu 3 Open September-May: Mon-Sat 10am-5pm, Sun 11:45am-5pm Open June-August: Mon-Sat 10am-5:30pm, Sun 11:45am-5:30pm Closed during church services Weekly opening hours bulletin in Finnish, Swedish and English: +358 (0)9 2340 5940 Free admission Enquiries: +358 (0)9 2340 6320

toolo.srk@evl.fi

KORJAAMO CULTURE FACTORY

Situated in a converted tram depot, Korjaamo is one of the largest cultural centres in Northern Europe. It offers a complete programme of music, theatre, exhibitions, markets and other events. In summertime the action overflows into the courtyard, and in August Korjaamo hosts the Stage international theatre festival. Korjaamo also has a gallery where you can borrow works of art, a design pop-up shop, a bookshop, Bar & Kitchen, and Sushibar + Wine. Families with children will also enjoy visiting the

Tram Museum.

www.korjaamo.fi/en

Töölönkatu 51 A-B
Ticket sales, gallery and shop open:
Mon–Fri 9am–7pm,
Sat–Sun 11am–5pm
Tram Museum open daily
11am–5pm
Free admission
Enquiries: +358 (0)400 824 229
Ticket sales: +358 (0)44 700 8822
info@korjaamo.fi

SIBELIUS MONUMENT

One of the most popular tourist attractions in Helsinki, the Sibelius Monument can be found in Sibelius Park in the Taka-Töölö district. Unveiled in 1967, Sibelius Monument was designed by Eila Hiltunen to allow visitors to interact with the design and create sounds and echoes in the pipes. Sibelius Park

CAFÉ REGATTA

A stone's throw from the Sibelius Monument is Café Regatta, where you can enjoy delicious cinnamon buns in an idyllic setting. In the yard you can even grill sausages while admiring the view to the sea. Merikannontie 10 Open year round (weather permitting) +358 (0)40 076 0049 caferegatta@gmail.com

KAIVOPUISTO AND EIRA







Situated on the southern tip of Helsinki, **Kaivopuisto** is one of the oldest and most popular parks in the city. The proximity of the sea, rock cliffs and green lawns offer many opportunities to relax and enjoy the outdoors.

A great way to experience Helsinki's maritime nature is to walk along the seafront promenade around Kaivopuisto to the Eira district.

Between Kaivopuisto and the city centre, the park atop **Observatory Hill** (*Tähtitorninvuori*) was designed by Svante Olsson and completed in 1904. The park is considered to be one of the most important historical city parks in Finland.

URSA OBSERVATORY

The yellow observatory atop Kaivopuisto Park is one of Helsinki's most familiar landmarks. The Astronomical Association Ursa organises public shows, allowing visitors to look at the starry sky and observe solar phenomena.

Evening shows: 15.1–15.3 and 15.10–15.12: Tue–Sun 7pm–9pm Daytime shows: 15.3–15.6 and 1.8–30.9: Sun 1pm–3pm (weather permitting) Admission: adults €4, children (under 16) €2. Cash only. Ursa ry: +358 (0)9 684 0400 ursa@ursa.fi www.ursa.fi

Along the shore and on the nearby islands you can find many cafés and summer restaurants. Along the shoreline to the west is the prestigious district of Eira, which has many fine examples of Jugend and Classical architecture.

The impressive Helsinki Observatory was designed by C.L. Engel and completed in 1834. The observatory underwent a complete renovation in 2012 and now houses a visitors' centre where you can learn more about space and astronomy. There is also a planetarium and café.

HELSINKI OBSERVATORY

Kopernikuksentie 1 Exhibitions open: Mon closed, Tue–Wed and Fri–Sat 12noon–4pm, Thu 12noon–8pm, Sun 12noon– 4pm, +358 (0)29 412 4244 observatorio@helsinki.fi www.observatorio.fi

It is easy to get to Kaivopuisto on foot, by bus (24) or by tram (1A, 2 or 3)

UUNISAARI

Just off the southern shoreline by Kaivopuisto Park is the island of **Uunisaari**, which is in fact a pair of islands connected by a small bridge. With its sandy beach and café, Uunisaari is a popular recreational island and picnic destination. In summertime a small ferry operates between the island and the mainland, and in wintertime there is a pontoon bridge that you can walk across.

EIRANRANTA SWIMMING BEACH

A fancy new beach opened in the prestigious Eira district a few years ago. Especially on hot summer days, the beach is very popular and easy to get to.

KAIVOPUISTO MINIGOLF

Between Merisatamanranta and Eiranranta Open: April-August daily 11am-10pm (weather permitting), September-March closed. Ticket office closes one hour before closing time. Prices: adults €7, children (under 13) €4 +358 (0)50 374 0820 www.minigolfhelsinki.fi

HEL YEAH

MADE IN KALLIO

Situated in the heart of the bohemian Kallio district, Made in Kallio is a design shop, café and studio collective for numerous designers. In other words, many of the items on sale were made on the premises. Made in Kallio also hosts fun events, including exhibitions and flea markets.

www.madeinkallio.fi

KALLIO







The former working-class district of **Kallio** is one of the most characterful parts of Helsinki. Favoured these days by artists and students, the district's bohemian bars and trendy boutiques attract visitors with a sense of adventure.

Pitkäsilta, the "Long Bridge", connects the Kallio and Kaisaniemi districts – it was once said that the bridge separated the working classes from the bourgeoisie. Two-storey wooden houses and neighbourhoods originally characterised the neighbourhood until stone apartment buildings began to appear in the early 20th century along with industry and settlers from the countryside. Subsequently, Kallio developed into a working class district.

Kallio has retained its own unique identity. The densely populated district offers lots of services – nearly every building has shops on the ground floor. The district is also famous for its bohemian local bars and sharp contrasts. The image of Kallio has since been immortalised in the films of world-famous Finnish film director Aki Kaurismäki.

The adjacent district of Alppila is a colourful neighbourhood of wooden buildings and home to Linnanmäki Amusement Park (see page 54), the Worker Housing Museum (see page 42) and the Kulttuuritalo "Helsinki Hall of Culture". The Culinary and Urban Culture Centre Teurastamo (Abattoir) can also be found nearby (see page 62).

TOKOINRANTA

Named after Finnish politician Oskari Tokoi (1873–1963), this park is a pleasant place to relax away from the hustle and bustle of Kallio. The area is popular among local residents year round, and it is the site of the Huvila Festival Tent during the annual Helsinki Festival in August. There is also a playground for children, and you can enjoy snacks and refreshments at Café Piritta.

PITKÄSILTA

This granite bridge replaced the original wooden bridge in 1912. Pitkäsilta (literally "Long Bridge") was long considered the dividing line between the working-class district of Kallio and the mid-

dle-class district of Kruununhaka. The headquarters of Finnish trade unions are still located on the north side of the bridge, while those of employers' organisations are on the south side. The bridge still bears the scars of the Civil War in 1918.

KALLIO CATHEDRAL

This grey granite cathedral towers majestically over Kallio. Inaugurated in 1912, the cathedral's National Romantic features were designed by legendary architect Lars Sonck. With its fine acoustics, the cathedral is a popular venue for musical performances, including a very popular annual Christmas concert.

KARHUPUISTO

Once known among locals as Agricolanpuisto ("Agricola Park"), this pretty park in the heart of Kallio became known as **Karhupuisto** ("Bear Park") in 1931 after the unveiling of its red granite sculpture "The Bear on the Anthill" by Jussi Mäntynen.

OLD TOWN AND ARABIA

Helsinki was originally established at the mouth of the Vantaanjoki river in 1550 by King Gustav Vasa of Sweden, who wanted the town to compete with Tallinn. Due to the shallow water in the bay, the town was moved to its current location further down the peninsula in the 1640s.

Today the "Old Town" area is a modern centre for sciences and the arts, as well as a waterfront residential district that can be easily reached by Tram 6 or 8.

The area is home to the 130-year-old **Arabia** porcelain factory, museum and gallery, as well as factory outlets. Works of art throughout the area describe history, nature and the unique Finnish design heritage. The inspiration of artists, designers and craftsmen can be seen in the buildings and in the spirited sense of community. You can download a guide to Arabianranta district from www.arabiahelsinki.fi.

1. ARABIA CENTRE: ARABIA FAC-TORY, DESIGN MUSEUM ARABIA, GALLERY AND IITTALA OUTLET

The Arabia brand is a pioneer in

Scandinavian design characterised by stylish simplicity and practicality. Arabia's roots go back to 1873, when Swedish ceramics company Rörstrand established a porcelain factory on the site and named it after the local area. Today Arabia belongs to the Fiskars Group and manufactures products under the Arabia and littala brands In addition to the littala factory outlet. vou can also visit those of Finlavson. Opa and Pentik on the same premises. A factory tour is a great way to discover the fascinating history of Finnish porcelain industry (remember to book in advance). Hämeentie 135 Museum and aallery open: Mon closed, Tue-Fri 12noon-6pm. Sat-Sun 10am-4pm Admission: adults €4, discount groups €2, children (under 12) free of charge Museum: +358 (0)204 395 357, auided tours: +358 (0)204 395 326 arabiavisitors@fiskars.com (tour bookings) www.desianmuseum.fi/en Arabia factory tours: Mon-Fri 8am-8pm



Prices: €40 (1–10 persons), €4/
person (larger groups)
+358 (0)204 395 326
arabiavisitors@fiskars.com
(tour bookings)
www.arabia.fi/en
Shops open:
Mon-Fri 10am-8pm,
Sat-Sun 10am-4pm

2. MUSEUM OF TECHNOLOGY AND POWER STATION MUSEUM

Situated in the Old Town, the birthplace of Helsinki, the Museum of Technology is the only general museum of technology in Finland. The historic buildings form an exhibition complex that highlights basic technological phenomena, technical inventions and industrial processes, and the impact of the history on the present. The Power Station Museum on the other side of the rapids is open in summertime only during the same hours as the Museum of Technology. Viikintie 1

Open: Mon closed,
Tue–Wed &Fri 9am–5pm,
Thu 9am–7pm, Sat–Sun
11am–5pm (June–August:
Tue–Sun 11am-5pm)
Admission: adults €6,
discount groups €2–5,
children (7–17) €1.
Free admission on Thursdays
+358 (0)9 728 8440
lipunmyynti@tekniikanmuseo.fi
www.tekniikanmuseo.fi









3. KUMPULA BOTANIC GARDEN

Situated on the historical lands of Kumpula Manor, Kumpula Botanic Garden comprises two parts: a garden of cultivated plants and a geobotanical garden. Travel around the world of plants in one hour. You can relax at the café and enjoy the beautiful manor house scenery. Jyrängöntie 2 Open summertime (1 May-3 September): Mon closed, Tue-Sun 11am-6pm, closed in winter (1 October-30 April) Admission: adults €5. discount aroups €3. Tickets sold at the café. Ticket sales and café: +358 (0)50 430 6765, quided tours: +358 (0)294 128 855 (Tue-Thu 1pm-3pm except during weeks 25-32 in summertime). luonnontieteellinenmuseo@helsinki.fi www.luomus.fi/en

4. ANNALA AND VILLA ANNEBERG

Annala is a gardening and recreational area with various cultivated plots and theme gardens, such as a kitchen garden, a pharmacist's garden, dyeing plants and a butterfly garden. Annala also has one of the oldest orangeries in Finland. Villa Anneberg is owned by the City of Helsinki, while Annala is maintained by the Association of Useful Plants (Hyötykasviyhdistys). Hämeentie 154 Hyötykasviyhdistys ry: +358 (0)9 434 2350, +358 (0)40 592 2122 info@hyotykasviyhdistys.fi

5. VANHANKAUPUNGINLAHTI AND LAMMASSAARI

Over three hundred bird species have been identified at the nature reserve around Vanhankaupung-inlahti ("Old Town Bay") and Lammassaari Island. Visitors can hike along wooden causeways and climb up the bird watching towers for a better view. Lammassaari is a recreational island owned by the City of Helsinki in the middle of the bay and has small summer cottages. Next to the rapids you will find the Koskenranta restaurant.

Koskenranta Restaurant

Katariina Saksilaisen katu 9 Open: Mon-Fri 11am-3pm and by reservation +358 (0)10 279 4040 (Mon-Fri 9am-4pm) myynti@koskenranta.net www.koskenranta.net

6. TROPICAL GARDEN GARDENIA

Pornaistenniemi Open year round +358 (0)9 3478 400 info@gardenia-helsinki.fi

SIGHTSEEING TOURS AND EXCURSIONS

Helsinki is a pocket-sized metropolis that is easy to explore on foot. You can get even more out of the city by taking a sightseeing bus ride or cruise (see pages 22 and 35) or with a guided walking tour. Another great way of seeing the city is by jumping on a tram.

BY YOURSELF

Trams 2 and 3 offer a simple and affordable way to explore Helsinki. The routes pass many interesting sights, such as the Market Square, Senate Square, Railway Square, Kamppi Chapel, Temppeliaukio Church, the Olympic Stadium, the Finnish National Opera, Linnanmäki Amusement Park, Hakaniemi and the Design District. You can pick up the "Sightseeing on 2 and 3" brochure from Helsinki Region Transport service points or Tourist Information. The brochure includes descriptions of the sights along the route. You can board the tram from any stop along the way. Each loop takes approximately one hour. For more information about public transport tickets and prices, see page 94.

HOW TO GET THERE?

Buses and other forms of public transport (tram numbers in **bold**)

Ateneum Art Museum Finlandia Hall Hakasalmi Villa Hartwall Arena Helsinki City Museum Helsinki Zoo Hietaranta Beach Kaapelitehdas Kaisaniemi Botanic Garden Kaivopuisto Kiasma Linnanmäki Market Square Messukeskus National Museum National Opera Olympic Stadium Rastila Camping Senate Square Seurasaari Sibelius Park Suomenlinna Tram Museum Urho Kekkonen Museum, Tamminiemi

2, 3, 6, 9, 65A, 66A, buses to Railway Square 4, 4T, 7A, 7B, 10 4, 4T, 7A, 7B, 10 23/23N, all local trains to Pasila and 7A, 7B 1, 1A, 2, 4, 4T, 7A, 7B 16 plus ferry in summertime 8, 20, 20N, 21V, 65A, 66A 3, 6, 9 1A, 2, 3, 24 4, 4T, 7A, 7B, 10 3, 8, 23, 23N, 53, 70T 1, 1A, 2 7A, 7B, 9 4, 4T, 7A, 7B, 10 2, 4, 4T, 7A, 7B, 8, 10 2, 4, 4T, 7A, 7B, 8, 10 Metro to Vuosaari 1, 1A, 2, 4, 4T, 7A, 7B 24 Ferry plus water bus in summertime 2, 4, 4T, 7A, 7B, 10







HELSINKI MUSTS AND MORE



When you purchase the **Helsinki Card**, you can enjoy unlimited travel on public transport in Helsinki and free admission to museums, attractions and a sightseeing tour. All benefits: **www.helsinkicard.com**





On the **Panorama Sightseeing** tour you can see all the main sights in Helsinki. Select from one of 12 languages on our audio sightseeing tours. Tours depart from Esplanade Park daily throughout the year. Each tour is accompanied by a hostess.





See the most interesting sights in Helsinki at your own pace with a **HOP ON - HOP OFF** tour operated by Open Top Tours. Tickets are valid for 24 hours. Departures from Senate Square daily from May to September.





Our **Beautiful Canal Route** cruise presents the most beautiful shorelines and many gems along the way. Departures from the Market Square daily from May to September.





HELSINKI EXPERT SHOPS

Central Railway Station, Kaivokatu 1 | Tourist Information, Pohjoisesplanadi 19
Tickets are available from our shops, online, from the point of departure, and from our summer sales outlets in Esplanade Park and the Market Square. The Helsinki Card is also available from the airport, hotels, Stockmann's department store, and Silja Line, Viking Line and Tallink ferries. See our website for opening hours.



Online ticket sales:

WWW.STROMMA.FI

STRÖMMA FINLAND OY AB

sales@stromma.fi tel. +358 (0)9 2288 1600

GUIDED WALKING TOURS

Strömma Finland / Helsinki Expert and Happy Tours Helsinki offer a range of thematic walking tours. In addition, Archtours offers architecture tours. Visitors can also contact authorised tour guides directly (see Helsinki Guides website for contact information).

Authorised tour guides www.helsinkiguides.fi

Helsinki Expert

+358 (0)9 2288 1600 sales@stromma.fi www.stromma.fi

Archtours

+358 (0)10 2350 560 archtours@archtours.com www.archtours.com

Happy Tours Helsinki

+358 (0)44 502 0066 info@happyguidehelsinki.com www.happytourshelsinki.com

SIGHTSEEING TOURS BY BUS

A wide range of sightseeing tours are offered daily all year round. The Helsinki Panorama Sightseeing Audio Tour introduces you to Helsinki's main sights in 12 languages (departs from Fabianinkatu by Esplanade Park). Each tour is accompanied by a hostess. In summertime the Helsinki Panorama Sightseeing Guided Tour is also offered in English and Swedish (departs from Olympic Terminal). Prices: adults €29, children (7-16) €15 and young children (2-6) €11. Free of charge with the Helsinki Card. Tickets: from point of departure, Helsinki Expert's sales points at the Central Railway Station and Pohjoisesplanadi 19 (Tourist Information), or in advance from the online shop Strömma Finland / Helsinki Expert +358 (0)9 2288 1600 sales@stromma fi www.stromma.fi

Hop On Hop Off Sightseeing tours

Strömma Finland's Open Top Tours Helsinki offers Hop On Hop Off Sightseeing tours with its fleet of modern green double-decker buses. The tours let you enjoy the most interesting sights in Helsinki according to your own schedule. There are numerous stops along the way. The buses operate every 30-45 minutes. You can get on and get off as many times as you want within 24 hours. Commentaries are provided in eight languages through individual headsets. Departures: from Senate Square daily 10am-4pm, May-September Prices: adults €25. children (7-16) €10 Tickets: from bus, Helsinki Expert's sales points at the Central Railway Station and Pohjoisesplanadi 19 (Tourist Information), or in advance from the online shop Strömma Finland / Helsinki Expert +358 (0)9 2288 1600 sales@stromma.fi

City Tour also offers Hop on Hop Off tours on its open-top red buses. Commentaries are provided in ten languages. Departures: from Senate Square May-September every half hour 10am-4pm Tickets: from bus, Market Square or Pohjoisesplanadi 19 (Tourist Information) +358 (0)207 118 338

TRY ALSO THESE ALTERNATIVES

info@citytour.fi

www.citytour.fi

www.stromma.fi

SpåraKOFF is an historic tram that has been converted into a pub and that offers passengers a unique sightseeing tour of the city in summertime. A lap of the city takes around 40 minutes, and the bar staff serve beer, cider, sparkling wine and soft drinks throughout the journey.

Departures: from Railway Square (Mikonkatu) Tue—Sat from mid—

May to the end of August (except 20–21 June)

Prices: €9, children (under 12) €4 www.koff.fi/sparakoff

Stadin Ratikat offers vintage tram tours in summertime departing from the Market Square. The vintage tram and open trailer from 1919 operates on weekends from mid-May to the end of August every 30 minutes between 10am-5pm (weather permitting). Prices: adults and children €5, small children (0−2) free of charge www.stadinratikat.fi

Helsinki City Ride offers a wide range of guided tours in English and French, as well as regularly scheduled guided bike tours.
Tours depart from in front of Tourist Information or the customer's city centre hotel.
+358 (0)44 955 8720
helcityride@yahoo.com
www.helsinkicityride.com

Outdoor Helsinki and Natura Viva offer nature hikes in and around Helsinki

Outdoor Helsinki

+358 (0)405352046 contact@outdoorhelsinki.fi www.outdoorhelsinki.fi

Natura Viva

+358 (0)10 292 4030 info@naturaviva.fi www.naturaviva.fi

Vmax Rentals offers guided jet ski and snowmobile safaris just 20 minutes from the city centre. It also rents jet skis and boats in summertime and snowmobiles in wintertime (see page 81). www.vmaxrentals.fi





DESIGN & ARCHITECTURE



DESIGN FOR LIFE

You can easily spend hours strolling around Helsinki's Design District. The streets are lined with intriguing boutiques, each offering something different to impress you: antiques and art, interiors and design, clothing and jewellery, and so much more. The heart of the Design District is Design Forum Finland, which presents contemporary Finnish design in its showroom. The Design Museum and Museum of Finnish Architecture can also be found within a couple of blocks.

After exploring the Design District, you should hop on a tram and head for Arabianranta, a district where design and architecture can be admired everywhere you look. Pieces of Moomin mugs can be seen adorning the wall of an apartment building. Children race against each other across "Siroco", a red labyrinth-like artwork. Zucchinis and flowers grow in urban farming boxes. In Tapio Wirkkala Park you can sit back and enjoy the art while listening to the trams roll by.

On a walking tour of Arabianranta you can learn more about the contemporary architecture and the countless works of art on the walls, entrance ways and courtyards of the buildings. Guided tours are also available of the Arabia Factory, the living heart of the district.

In addition to Arabianranta and the Design District, Helsinki offers many other design and architecture attractions, such as Kamppi Chapel, a stunning example of contemporary wooden architecture, and Kaisa-talo, the beautifully redesigned main library of the University of Helsinki. You can also admire some of the finest examples of Finnish architecture on a walking tour around the Töölönlahti bay. Design is an integral part of everyday life here in Helsinki!

DESIGN

Helsinki, World Design Capital back in 2012, is the perfect city for both design shopping and discovering Finland's unique design culture. Minimalistic, functional and clean Finnish design has enjoyed an enviable international reputation for decades. The most famous names in Finnish design include Eero Aarnio, Kaj Franck, Timo Sarpaneva, Nanny Still and Tapio Wirkkala. In the fashion industry, Tiia Vanhatapio, Paola Suhonen, Teemu Muurimäki, Katri Niskanen, Aki Chocklat and Minna Parikka have followed in the footsteps of design icon Marimekko and wowed audiences the world over.

DESIGN DISTRICT

Fans of design must visit the Design District. The area is home to around 200 designer shops, interior decorating studios, antique dealers, clothing and jewellery boutiques, galleries, museums and restaurants. The symbolic centre of the district is Dianapuisto Park. From here the Design District stretches into the districts of Kaartinkaupunki, Kamppi, Punavuori and Ullanlinna. Members of the Design District network can be identified by the "Design District Helsinki" sticker. The Design District is also home to the Design Museum (Korkeavuorenkatu 23), which presents exhibitions on the history of Finnish design and current trends.

www.designdistrict.fi www.designmuseum.fi/en A map of the Design District is available from Tourist Information or from Design District locations. An easy way to discover the Design District is to take the **Design Walk**, a three-hour guided tour in English of the top sights.

Happy Tours Helsinki +358 (0)44 502 0066 Bookings: info@happyquidehels

info@happyguidehelsinki.com www.happytourshelsinki.com

DESIGN FORUM FINLAND

Design Forum Finland is situated in the heart of the Design District alongside Dianapuisto Park. The Design Forum Showroom opened in summer 2013 and showcases new designers. Design Forum Finland is the promotion organisation of Finnish design. It is maintained by the Finnish Society of Crafts and Design, which was founded in 1875.

Erottajankatu 7 A and
Erottajankatu 9B (courtyard)
Open: Mon-Fri 9am-5pm
Free admission
Design Forum Finland:
+358 (0)9 6220 810,
Design Forum Showroom:
+358 (0)9 6220 8118
info@designforum.fi
www.designforum.fi

OTHER DESIGN NEIGHBOURHOODS

Other design neighbourhoods can be found in the **Tori Quarter** (page 6), **Arabia** (page 18) and **Kallio**.

www.torikorttelit.fi/en www.arabiahelsinki.fi/en

DESIGN-HELSINKI TOP 10

- 1. Design Forum Finland
- 2. Design District
- 3. Helsinki Design Walk
- 4. Design Museum & Museum of Finnish Architecture
- 5. Arabia Factory and Factory Outlets, page 18
- 6. Design events: Helsinki Design Week, Habitare, Ornamo Christmas Fair, page 49
- 7. Handicrafts: Suomenlinna artisans, St. Thomas Christmas Market, Tori Quarter and Craft Corner (Aleksanterinkatu 26)
- 8. Design hotels: Klaus K, Hotel GLO Art, Hotel Haven, Hotel Fabian, Solo Sokos Hotel Torni, Hotel Helka, Radisson Blu Plaza, page 92
- 9. Design shops in Kallio
- 10. Culinary and Urban Culture Centre Teurastamo (Abattoir), page 62









ARCHITECTURE

The architecture in Helsinki is typified by Nordic modesty and refinement. The city centre, especially around the Senate Square, is a unique and cohesive example of Neoclassical architecture. The buildings at the Suomenlinna Sea Fortress interweave three unique periods – the Swedish, Russian and Finnish – into a fascinating entity.

The **Byzantine-Russian** architectural tradition is represented by Alexander M. Gornostajev's Uspenski Cathedral (1868), the largest orthodox church edifice in Western Europe.

The city centre features many buildings that typify a specific style of architecture, such as Gustaf Nyström's House of the Estates (1890). The Neo-Renaissance work of Theodor Höijer can be admired along the north side of the Esplanade, as well as in the Ateneum Art Museum (1883).

Art Nouveau or Jugend architecture was interpreted in Finland according to its own form of National Romanticism. Some of the finest examples include Lars Sonck's Jugendsali Hall (1904) and the National Museum (1910) by famous architect trio Gesellius-Lindgren-Saarinen. Late-Jugend is represented by Eliel Saarinen's Central Railway Station (1914). Nordic Classicism of the 1920s is represented by J. S. Siren's Parliament House (1931).

Wooden architecture can be admired in the Käpylä, Puu-Vallila and Etu-Töölö districts. The architecture of the Käpylä district represents 1920s Classicism. The newest example of wooden architecture is Kamppi Chapel of Silence (2012).

Bold examples of **Functionalism** include the Olympic Stadium

(1938) and the Lasipalatsi "Glass Palace" (1935).

The works of world-famous Finnish architect Alvar Aalto represent **Modernism** at its finest. These include the Academic Bookstore (1969) and Finlandia Hall (1971/1975). One of the most popular tourist destinations in Helsinki is the Temppeliaukio "Rock" Church (1969), designed by Timo and Tuomo Suomalainen as part of the natural bedrock.

The Museum of Contemporary Art Kiasma (1998) designed by American architect Steven Holl represents the best of contemporary architecture. Minimalist glass and steel design is represented by the Sanomatalo (1999) and the High Tech Centre (2001) in Ruoholahti. Helsinki Music Centre opened next to Finlandia Hall in autumn 2011 and was designed by LPR-arkkitehtitoimisto. The Main Library of the University of Helsinki, Kaisa-talo, was completed in 2012 and represents glass architecture. Kaisa-talo was designed by Anttinen Oiva Arkkitehdit Oy.

ARCHITECTURE TOURS

Archtours organises special tours focusing on architecture, the environment and design.

Archtours

+358 (0)10 2350 560 archtours@archtours.com www.archtours.com

An Architecture Map can be purchased from Tourist Information. Ask about our Jugend Helsinki brochure and Aalto map too!

MERIHAKA

One of the most controversial neighbourhoods in Helsinki, Merihaka is situated beside the sea close to Hakaniemi Market. Merihaka represents the best – or worst – of concrete architecture from the 1970s. It's worth a visit, anyway, so you can decide for yourself whether it is ugly or beautiful.

HELSINKI'S 10 BEST ARCHITECTURAL ATTRACTIONS

- 1. Buildings designed by Alvar Aalto
 - Finlandia Hall,
 - Mannerheimintie 13, 1962-1971
 - Academic Bookstore, Pohjoisesplanadi 39, 1961-86
 - House of Culture,
 - Sturenkatu 4, 1952-1958
 - Stora Enso Oyj (former Enso Gutzeit) headquarters,
 - Kanavaranta 1, 1959-1962
 - The Aalto House,
 - Riihitie 20, 1934-1936
 - Studio Alvar Aalto,
 - Tiilimäki 20, 1954-55, 1962-63
 Restaurant Savoy's interior,
 - Restaurant Savoy's interioi Eteläesplanadi 14, 1936-37
 - Erottaja pavillion, Erottaja 1951
 - Finnish Engineers' Association Building, *Ratakatu 9*, 1948-53
 - Rautatalo Office Building,
 - Keskuskatu 3, 1951, 1955, 1957
 - Sähkötalo Office Building, Kampinkuja 2, 1965-1975
 - The Social Insurance Institution, Nordenskiöldinkatu 12, 1953-1957
 - Former headquarters of Union Bank, Fabianinkatu 29, 1960-1965
 - Residential Buildings, Riihitie 12-14, 1952-1954
- 2. Temppeliaukio Church
- 3. Senate Square and Tori Quarter
- 4. Katajanokka district
- 5. Ullanlinna and Eira districts
- 6. Central Railway Station
- 7. Olympic Stadium and Lasipalatsi
- 8. Museum of Contemporary Art
 Kiasma
- 9. Kamppi Chapel of Silenc
- 10. Burgher's House and Puu-Käpylä district

MARITIME ATTRACTIONS



SURROUNDED BY THE SEA

Helsinki is a city by the sea. As you walk along the shorefront the wind ruffles your hair while the waves create a beat for your footsteps. Seagulls circle above and keep a sharp lookout for ice cream cones and other human treats. Cargo ships, cruise vessels and sailing boats float by on the horizon.

One of the finest places to admire the sea is Suomenlinna. The majestic and romantic granite rocks on the southern tip are ideal for picnics. If you are fortunate to visit the islands in early summer, you can enjoy not only the historic fortifications but also the blossoming lilac bushes, which give off an intoxicating scent everywhere you walk. Originally introduced to the islands by soldiers, today the lilac bushes can be seen especially in Piper Park. While in the park, check out the charming Café Piper, which is housed in what looks like a miniature ancient temple.

The locals love the sea, often packing a picnic basket and heading for one of the many islands just off the coast. Sunbathers board ferries for the sandy beaches on Pihlajasaari, which also features nostalgic changing booths, a restaurant that serves delicious donuts, and a naturist beach. A new favourite among locals is the recently opened recreational island of Lonna next to Suomenlinna; there is even a restaurant on the island where you can buy a readypacked picnic basket.

Helsinki has a long shoreline that is best appreciated from the sea. Sightseeing cruises depart from the Market Square – one of the finest routes travels through the archipelago of East Helsinki. Alternatively, kayaks or canoes can be rented in Töölö and Vuosaari, for example. For a romantic adventure, board a boat to the Söderskär Lighthouse. You can even try the latest craze: stand up paddling!



Suomenlinna is a sea fortress that was built off the coast of Helsinki in 1748. Here vou can get a real feel for Finland's position between East and West; Suomenlinna was shaped by three distinct historic eras when helped defend first Sweden, then Russia and ultimately Finland. In 1991. Suomenlinna was listed as a UNESCO World Heritage Site, to be preserved for future generations as an example of the European military architecture of its time. Suomenlinna is not only one of the foremost attractions in Finland, but also a vibrant home to 800 residents. With its museums and events. Suomenlinna offers a unique experience for visitors of all ages, who can also enjoy the islands' enchanting cafes and cosy restaurants. A favourite activity among younger visitors is exploring the many tunnels of the old fortress.

VISIT YEAR ROUND

It is good to reserve at least 2 to 4 hours for visiting Suomenlinna. The vast fortress is best explored on foot, so prepare for some hiking with good shoes and a windbreaker. Suomenlinna is a year-round attraction, and many of the services are open also in wintertime. To get to Suomenlinna you have to take a boat. The municipal ferry from the Market Square operates year round, while the JT-Line water bus (see page 39) operates in summertime. The crossing takes between 15 and 20 minutes. The municipal ferry accepts Helsinki Region Transport tickets and the Helsinki Card as payment, while separate tickets have to be purchased for the water bus

The Visitor Centre by the ferry quay is open to visitors all year. The staff at the Visitor Centre are happy to inform visitors of services and events in Suomenlinna, and the introductory exhibition provides useful background information about the fortress. Visitors are encouraged to pick up a copy of the Suomenlinna brochure, which is available in nine languages: English, Finnish, Swedish, Russian, German, French, Spanish, Japanese and Chinese.

The Visitor Centre is open daily 10am to 6pm during the summer season (2 May to 30 September) and 10am to 4pm during the winter season (1 October to 30 April).

GUIDED TOURS

The Ehrensvärd Society offers guided tours that bring to life the colourful history of the fortress. In summertime guided tours are offered daily in English, Finnish, Swedish and Russian. In wintertime guided tours are offered in English and Russian on weekends.

Tours depart from the Suomenlinna Centre and cost €10 per adult and €4 per child (ages 7-17). Tours are free of charge to children under the age of 7 and holders of the Helsinki Card. Tickets can be purchased from the Suomenlinna Centre. Guided tours can also be ordered in advance in many other languages throughout the year.

Further information:

www.suomenlinnatours.com

MUSEUMS

Suomenlinna Museum

The Suomenlinna Museum at the Suomenlinna Centre presents the history of the fortress from the 1700s to today and its restoration. A short film describing the fascinating phases of the fortress's history is shown every half hour in the museum. The film is available in nine languages: English, Finnish, Swedish, German, French, Russian, Japanese, Spanish and Chinese.

The Suomenlinna Museum is open daily 10am to 6pm during the summer season (2 May to 30 September) and daily 10:30am to 4:30pm during the winter season (1 October to 30 April). In addition to the museum, the Suomenlinna Centre also houses a museum shop and café.

During the summer season, five other museums are open at Suomenlinna:

Ehrensvärd Museum Toy Museum Vesikko Submarine Military Museum's Manege Customs Museum

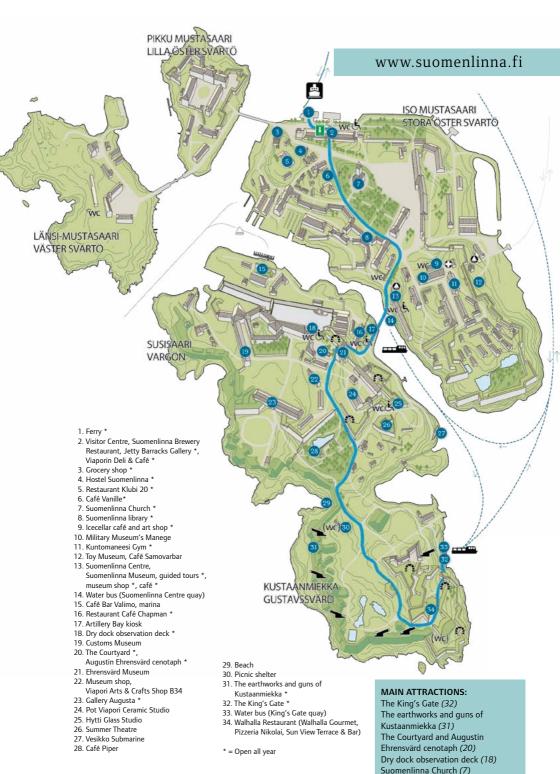
CULTURAL EXPERIENCES

Each year Suomenlinna hosts many high-quality cultural and music events, including the Suomenlinna Summer Theatre, Les Lumières Cultural Festival of Enlightenment, Viapori Jazz and Viapori Winter Blues.

GUN SLOOP DIANA

In summer 2015 visitors can travel back in time aboard the gun sloop Diana, an exact replica of a ship from the 1700s. Further information:

www.suomenlinnatours.com



SEURASAARI

Seurasaari is a popular museum island and recreational area located twenty minutes by bus from the city centre. The wooden buildings at the Open-Air Museum represent Finnish building traditions from the 18th to the 20th century. Built in 1685, the Karuna Church is one of the most popular venues in Helsinki for summer weddings. During the summer season various workshops and events are organised at the museum presenting traditional handicrafts, customs and folklore. Folk dancing performances are also held in summertime.

Traditional Midsummer Eve celebrations and bonfires are held each year at Seurasaari. Fun family events are also held on the island during the Christmas, Epiphany and Easter holidays. The Restaurant Seurasaari serves visitors throughout the year.

Across the bridge from the island on the mainland is the entrance to the Urho Kekkonen Museum Tamminiemi. Halfway along the bridge, a path leads to the Pukkisaari ancient village. Access to the island is free of charge, but a ticket is required to visit the buildings in the open-air museum.

Seurasaari Open-Air Museum

Open 15–31 May and

1–15 September: Mon-Fri 9am-3pm, Sat-Sun 11am-5pm. Open 1 June to 31 August: Mon-Sun 11am-5pm (closed 20 June)

Admission to Open-Air Museum: adults €8, discount groups €6, children (7-17) €2.50, young children (under 7) freo charge when accompanied by an adult Access to the island is free of charge.

Café Mieritz

Open wintertime (16 August-14 May): Sat-Sun and public holidays 12noon-5pm. Open summertiem (15 May to 15 August): Mon–Tue 12noon–5pm and Wed–Sun 12noon–7pm

The kiosk at the Festivities Area is open all year on weekends and public holidays 11am–4pm

To get there

Take Bus 24 (departs from city centre next to Svenska Teatern and in front of Sokos department store on Mannerheimintie)

Further information:

www.seurasaarisaatio.fi www.nba.fi/en/museums/seurasaari_ openairmuseum



- 1. Ticket Office
- 2 Karuna Church
- 3. Festivities Area
- 4. Playground
- 5. Summer Restaurant
- 6. Naturist Beach
- Pukkisaari Ancient Village
 Urho Kekkonen Museum Tamminiemi
- 9. Café Mieritz



DISCOVER THE ARCHIPELAGO



Marvel at Helsinki's breathtaking archipelago aboard a relaxing sightseeing cruise. Enjoy the summer with a seafood lunch or romantic dinner onboard. There are regular departures from the Market Square throughout the summer, and as many as 10 languages are offered.

IHA-Lines

+358 (0)9 6874 5050 ihalines@ihalines.fi www.ihalines.fi

Royal Line

+358 (0)207 118 333 royal.line@royalline.fi www.royalline.fi

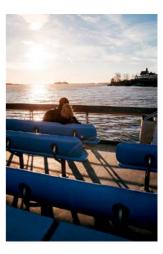
Strömma Finland / Helsinki Expert

+358 (0)9 2288 1600 sales@stromma.fi www.stromma.fi

Water buses to Suomenlinna and Pihlajasaari JT-Line

+358 (0)9 534 806 info@jt-line.fi www.jt-line.fi

All ferry operators also offer charter cruises.



ARCHIPELAGO EXCURSIONS

From the Market Square you can catch a ferry to Suomenlinna or, in summertime, a cruise to Helsinki Zoo or Porvoo. Many of the nearby islands are open to the public for recreational use. The islands of Pihlajasaari and Uunisaari are particular popular places for spending sunny days in the archipelago; ferries to these islands depart from the shoreline south of Kaivopuisto Park. Uunisaari is also accessible in wintertime over a pontoon bridge.

HARAKKA

The island of Harakka is a popular recreational area that can be reached by ferry from the Ullanlinna quay on the southern tip of Helsinki. The artist residence on the island presents exhibitions between May and September. There is also a nature centre on the island offering guided tours that present the birdlife, rare plants, butterflies and exquisite maritime nature.

MUSTASAARI

The island of Mustasaari is situated 15 minutes from the city centre by ferry, which departs from the Taivallahti quay at the western end of Eteläinen Hesperiankatu. The island is especially popular among families with children thanks to its domestic animals, sheep, nature trail and swimming beach. There is also a café in the main building. The island is owned by the Helsinki Parish Union and is open to the public from the beginning of June to the middle of August.

UUNISAARI

Just off the southern shoreline by Kaivopuisto Park is the island of Uunisaari, which is in fact a pair of islands connected by a small bridge. With its sandy beach and café, Uunisaari is a popular recreational island and picnic destination. In summertime a small ferry operates

Ferry schedules and further information about boating in Helsinki: www.hel.fi/sport or pick up the special brochure from Tourist Information.

PIHI A JASAARI

In the late 19th century, the island of Pihlaiasaari was home to dozens of Russian villas connected by paths built by Chinese prisoners of war. In the 1930s the island became a popular retreat for locals, who put on their swimming suits in the changing huts. Traces of the island's history can still be seen, but for the most part people are attracted to Pihlajasaari by the smooth granite rocks, the sandy beaches and the traditional donuts at the restaurant. The ferry crossing from Merisatama and Ruoholahti takes around 10 minutes. The recreational park is open every day in summertime. The island has a restaurant, kiosk and grilling shelters, as well as a naturalist beach and a camping site.

www.pihlajasaari.net

between the island and the mainland, and in wintertime there is a pontoon bridge that you can walk across.

IONNA

The island of Lonna, which was previously used by the military, was opened to the public in spring 2014. The island is situated between the Market Square and Suomenlinna, just 10 minutes from the mainland. Services on the island currently include a restaurant and café, and a public sauna is also planned. The island is open to the public in summertime

www.lonna.fi

VARTIOSAARI

Situated just a short ferry ride from the mainland in East Helsinki, the island of Vartiosaari is one of the best mushroom and berry picking locations in Helsinki. The diverse nature on the island can be explored along a nature trail. The peak of the island stands 32 metres above sea level. In wintertime the island is ideal for cross-country skiing and sledding.

KAUNISSAARI

The island of Kaunissaari lies in the outer archipelago approximately 40 minutes from the mainland. The island features a beautiful rocky shoreline as well as sandy beaches. The diverse nature can be enjoyed by all, and the island is especially ideal for fishing, camping and hiking. The island is open to the public in summertime.





DEPARTURES2 May - 27 Sept 2015

Market Square m/s Doris & m/s Doris II near the Old Market Hall

- Every day at 11:30 & 14:00

- Mon-Sat at 16:30 & *19:00 (*2 ½ hour) Table reservations +358 (0)9 6874 5050

WWW.IHALINES.FI

PADDLING

Guided paddling excursions are a great way to discover the archipelago. Natura Viva +358 (0)10 292 4030 www.naturaviva.fi

MARINAS

Helsinki Marina, Katajanokka (100 mooring places), +358 (0)9 310 64 813

www.helsinkimarina.fi

Suomenlinna Marina

(40 mooring places), +358 (0)41 510 1060 info@valimo.org www.valimo.org

WATER TAXIS

Chart your maritime voyage yourself and hire a taxi boat (main season: May-September):

Water Taxi Helsinki

+358 (0)400 618 946 risteilyt@watertaxi.fi www.watertaxi.fi

Cardinal Marine

+358 (0)9 6842 6842 myynti@cardinalmarine.fi www.cardinalmarine.fi

Water Taxi M/S Pti Trou Noir

+358 (0)40 523 0424 j.jousjarvi@kolumbus.fi www.trounoir.fi

Helsinki Taxi Boat

+358 (0)50 556 6711 info@helsinginvenetaksi.fi www.helsinginvenetaksi.fi

RECREATIONAL ISLANDS IN ESPOO

The recreational islands of Iso Vasikkasaari, Gåsgrund, Stora Herrö and Rövaren in neighbouring Espoo are accessible by public ferries throughout the summer. The islands have cooking shelters, toilets and waste bins. Iso Vasikkasaari also has a restaurant and café. www.visitespoo.fi



SÖDERSKÄR LIGHTHOUSE

Experience the romance of the sea at its best! At the 150-year-old Söderskär Lighthouse in the Porvoo archipelago the granite rocks seem smoother, the wind more blustery and the surrounding sea more vast. The lighthouse is the perfect destination for a one-day excursion, but you can also stay overnight for the full experience. www.soderskar.fi, www.royalline.fi

KAIVOPUISTO SHORFLINE

The shoreline that wraps around the Kaivopuisto Park is the heart of maritime Helsinki. Enjoy a picnic atop the hill in the park, a drink on the terrace by the rug washing piers, or an ice cream from one of the kiosks. Then just relax and enjoy the scenery.

JT-Line's waterbuses offer a regular service from the Market Square to Suomenlinna from 1 May to 20 September in 2015. In Suomenlinna, the guays are located in Tykistölahti and at King's Gate. Our comfortable waterbuses have a small onboard café. See our website for timetables: www.jt-line.fi

> Tickets (return fare): Adult: 7.00 € Children (ages 7-16): 3.50 €

JT-LINE

WATERBUS TO SUOMENLINNA SEA FORTRESS

Suomenlinna Sea Fortress



Sightseeing HOP-ON HOP-OFF





ROYAL LINE.fi

May-September. Cruises from the Market Square. Sightseeing buses from Senate Square.

CityTour.fi



CULTURE

The brochure is available from Tourist Information and online from www.visithelsinki.fi



EXPERIENCES AND MEMORIES OF TOMORROW

Culture is always a worthy pursuit, and in Helsinki it is easy to find. From one day and weekend to the next the city's cultural venues host performances by breathtaking sopranos, thrilling circus artists, magical conductors, fascinating video artists, hard rocking bands and passionate folk musicians.

You can begin your cultural tour with the big venues and names and end with the smaller ones, or vice versa. The exhibitions at the Museum of Contemporary Art Kiasma are always surprising, and the impressive building is a joy to stroll through while enjoying the art. Ateneum Art Museum is the perfect accompaniment to Kiasma; at the dignified national gallery you can discover the most famous works of Finnish national romantic art. Both museums offer a wide range of related events, such as lectures and workshops.

As evening approaches you should consider taking in a live performance. The brand new Helsinki Music Centre offers a comprehensive programme for all music lovers, from grandiose concerts to intimate clubs. And if you still have an appetite for culture, there are plenty of late night venues to choose from. Korjaamo Culture Factory is situated in a converted tram depot and prides itself in offering new experiences in the form of theatre, music or something completely cross-cultural.

Kaapelitehdas, the former cable factory, is also packed with high-quality culture, from museums and events to dance theatres and art workshops. The Theatre Museum is a fun experience for the whole family, or head to the Koko Jazz Club to catch performances by the new generation of jazz virtuosos. When you finally catch a little sleep, you can continue your cultural feast first thing in the morning by touring Helsinki's art galleries.

MUSEUMS

AND EXHIBITIONS

Helsinki has over 80 museums to choose from. Many museums have charming cafés and gift shops that are worth a visit in themselves. If you have purchased the Helsinki Card, admission to most museums is free of charge.

Note: As in other countries, most museums are closed on Mondays.

MUSEUMS Helsinki City Museum

Sofiankatu 4

www.helsinkicitymuseum.fi

Other Helsinki City Museum exhibitions:

*Hakasalmi Villa

Mannerheimintie 13 B

*Worker Housing Museum

Kirstinkuja 4

*Tram Museum

Korjaamo Culture Factory, Töölönkatu 51 A

National Museum of Finland

Mannerheimintie 34 www.kansallismuseo.fi/en

Design Museum

Korkeavuorenkatu 23 www.desianmuseum.fi

Museum of Finnish Architecture

Kasarmikatu 24 www.mfa.fi

Military Museum

Liisankatu 1

www.sotamuseo.fi

Theatre Museum

Kaapelitehdas, Tallberginkatu 1 G

www.teatterimuseo.fi/en Finnish Museum of Photography

Kaapelitehdas,

Tallberainkatu 1 G

www.valokuvataiteenmuseo.fi/en

Natural History Museum

Pohjoinen Rautatiekatu 13 www.luomus.fi

Urho Kekkonen Museum

Tamminiemi

Seurasaarentie 15 www.nba.fi/en/museums/ ukk_museum

Sports Museum of Finland

Olympiastadion, Paavo Nurmen tie 1 www.urheilumuseo.fi

Museum of Cultures

At the National Museum of Finland Mannerheimintie 34 www.nba.fi/en/museums/ museum_of_cultures

Helsinki University Museum

(new main exhibition opens 26 March 2015) Helsinki University Museum, Fabianinkatu 3 www.museo.helsinki.fi/english/

Mannerheim Museum

Kalliolinnantie 14

www.mannerheim-museo.fi

Päivälehti Museum

Ludviginkatu 2-4 www.paivalehdenmuseo.fi/ welcome/

Bank of Finland Museum

Snellmaninkatu 2 www.rahamuseo.fi/en

Hotel and Restaurant Museum

Kaapelitehdas, Tallberginkatu 1 G

www.hotellijaravintolamuseo.fi

Arabia Museum and Gallery – Design Museum

Hämeentie 135 www.desianmuseum.fi/en

Museum of Technology

Viikintie 1

www.tekniikanmuseo.fi

ART MUSEUMS

The Golden Age of Finnish art was in the late-19th and early-20th centuries, a period when the visual arts truly blossomed. Today Helsinki still has an active and diverse art scene. Museum collections offer interesting and inspiring experiences.

Ateneum Art Museum

Kaivokatu 2 www.ateneum.fi/en

Museum of Contemporary Art Kiasma

Mannerheiminaukio 2 www.kiasma.fi/en

Kunsthalle Helsinki

Nervanderinkatu 3 www.taidehalli.fi/en

Sinebrychoff Art Museum

Bulevardi 40

www.sine brychof fintaide museo. fi

Amos Anderson Art Museum

Yrjönkatu 27

www.amosanderson.fi

Didrichsen Art Museum and NEW Sculpture Park

Outside the art museum is a public sculpture park that is open to visitors free of charge, also when the museum is closed. Kuusilahdenkuja 1 www.didrichsenmuseum.fi/ena

Tennis Palace Art Museum

(reopens after renovation in autumn 2015) Salomonkatu 15 www.taidemuseo.fi/en/

KAAPELITEHDAS (CABLE FACTORY)

The Cable Factory is the largest cultural centre in Finland, housing three museums, 13 galleries, dance theatres, art schools, and numerous artists, bands and companies.
Concerts, exhibitions, festivals and fairs are held here each year.
Tallberginkatu 1
www.kagaelitehdas.fi

ART GALLERIES

Helsinki has dozens of smaller art galleries specialising in contemporary art. Many art galleries are located on Uudenmaankatu, Bulevardi and Annankatu streets. www.nayttely.info www.galleriat.net

OTHER EXHIBITIONS

Virka Galleria inside Helsinki City Hall presents topical exhibitions. Entrance: Pohjoisesplanadi 11–13 and Sofiankatu 1 Open: Mon–Fri 10am–7pm, Sat–Sun 12noon–4pm www.virka.fi/en

Laituri – City Planning Department's information and exhibition centre

Narinkka 2 Open: 10am–7pm, Sat–Sun 12noon–4pm www.laituri.hel.fi

MUSEUMS OUTSIDE HELSINKI WeeGee and EMMA

Finland's largest exhibition centre offers excitement, events and high-quality art for the entire family. The complex houses five museums and a gallery: EMMA - Espoo Museum of Modern Art, Espoo City Museum, Helinä Rautavaara Museum, Finnish Museum of Horology, Finnish Toy Museum and the Futuro house, which is open in summertime. There is also a museum shop and café-restaurant. Ahertajantie 5, Tapiola, Espoo Open: Mon closed, Tue, Thu, Fri 11am-6pm, Wed 11am-8pm, Sat-Sun 11am-5pm; free admission Wed 6pm-8pm Bus 106 or 110 from Kamppi www.weegee.fi

Gallen-Kallela Museum

Finland's national artist Akseli Gallen-Kallela designed and built his studio and home at Tarvaspää near Helsinki between 1911 and 1913. Today the museum presents exhibitions of the art of Gallen-Kallela and his contemporaries, as well as contemporary art. Gallen-Kallelan tie 27, Espoo Open wintertime (1 September-14 May): Mon closed, Tue-Sat 11am-4pm, Sun 11am-5pm Open summertime (15 May-31 August): daily 11am-6pm www.gallen-kallela.fi







The City Planning Department's meeting place on Narinkka Square, Kamppi

LAITURI – TOWARDS TOMORROW'S HELSINKI INFO • FREE EXHIBITION • MON-FRI 10-19, SAT 12-16 NARINKKA 2 • LAITURI.HEL.FI



THEATRES

AND CINEMAS

Helsinki offers a broad range of theatre productions. Further information about performances is available online at www.valiverho.com.
Performances are generally in Finnish or Swedish.

The Finnish National Theatre

was established over 130 years ago as the country's first professional Finnish-language theatre. The theatre building by Railway Square is a monument itself to National Romantic granite architecture. Inside you will find a restaurant. Läntinen Teatterikuja 1 www.kansallisteatteri.fi

Helsinki City Theatre (Eläintarhantie 5, Note! Moving to Taiteen Talo from 30 March 2015, Kaikukatu 30) presents both traditional plays and spectacular musicals. Studio Pasila (Ratamestarinkatu 5) stages interesting events, including stand-up comedy. The Arena stage (Hämeentie 2) hosts comedy. www.hkt.fi

Lilla Teatern serves as the Swedishlanguage stage of the Helsinki Municipal Theatre.

Yrjönkatu 30, www.lillateatern.fi

The superbly renovated **Svenska Teatern** presents Swedish-language theatre and musical performances. *Pohjoisesplanadi 2 www.svenskateatern.fi*

Savoy Theatre hosts over 200 different performing groups every year from Finland and around the world.

Kasarmikatu 46–48 www.savoyteatteri.fi

Espoo City Theatre - The International Theatre of Finland

stages its own productions and hosts top Finnish and international performers.

Revontulentie 8, Tapiola, Espoo, www.espoonteatteri.fi

Espoo Cultural Centre is the main scene for the performing arts and cultural life in Espoo and home to **Tapiola Sinfonietta** (Espoo city orchestra).

Kaupinkalliontie 10/ Kulttuuriaukio 2, Tapiola, Espoo www.espoo.fi/kulttuurikeskus

Other theatres KOM-teatteri

Kapteeninkatu 26 www.kom-teatteri.fi

Q-teatteri

Tunturikatu 16 www.q-teatteri.fi

Ryhmäteatteri

Stages throughout the city, incl. Pengerkatu 11 www.ryhmateatteri.fi

Cinemas

Movies are usually shown in their original languages with subtitles in Finnish and Swedish.

Tennispalatsi

14 screens, Salomonkatu 15

Kinopalatsi

10 screens, Kaisaniemenkatu 2 Further information: Finnkino, +358 (0)600 007 007 (€1.99/local network charge+ mobile call charge) www.finnkino.fi

The National Audiovisual Archive presents artistic and historic films at the **Orion**.

Eerikinkatu 15 www.kava.fi

Kino Engel presents films from around the world. In summertime films are also screen outside in the charming courtyard of the Cafe Engel (Aleksanterinkatu 26). Sofiankatu 4 www.cinemamondo.fi

Helsinki hosts a number of annual film festivals, big and small, including Love & Anarchy, DocPoint and Animatricks.

www.hiff.fi www.docpoint.info www.animatricks.net



MUSIC



Helsinki is filled with concert halls where you can choose between high-quality classical concerts or live performances by Finnish and international artists.

CLASSICAL MUSIC

The impressive new Helsinki Music Centre is home to the Helsinki Philharmonic Orchestra, Radio Symphony Orchestra and Sibelius Academy. Daytime concerts are also held in summertime. Tickets and tours: Helsinki Music Centre ticket office, Lippupiste outlets and online, plus Lippupalvelu for some events Mannerheimintie 13 A www.musiikkitalo.fi/en

Founded in 1882, **Helsinki Philharmonic Orchestra** is the oldest professional symphony orchestra in Scandinavia.

www.hel.fi/filharmonia

Radio Symphony Orchestra plays an important role in the newest Finnish music. www.yle.fi/rso

Sibelius Academy is one of the biggest music colleges in Europe. The academy holds hundreds of concerts every year. www.siba.fi

Sello Hall in Espoo presents a diverse programme for adults and children each week, with music ranging from baroque to rock and pop. Soittoniekanaukio 1 A, Leppävaara, Espoo www.sellosali.fi

The Martinus Concert Hall

in Vantaa also presents a wide range of music. Martinlaaksontie 36, Martinlaakso, Vantaa www.vantaa.fi/martinus

OPERA AND BALLET

Enjoy breathtaking opera and ballet performances at the Finnish National Opera. The programme includes beautiful classics and intriguing modern works. Helsinginkatu 58 www.opera.fi

ROCK AND OTHER LIVE MUSIC

Helsinki attracts many international pop and rock stars every year. Major concerts are held at Hartwall Arena, Olympic Stadium and Helsinki Ice Hall (Helsingin Jäähalli).

Find out too about live music in restaurants and clubs on page 68! www.hartwallarena.fi www.stadion.fi www.helsinginjaahalli.fi www.kulttuuritalo.fi www.tavastiaklubi.fi www.storyville.fi www.savoyteatteri.fi

TICKETS TO CONCERTS AND OTHER EVENTS Lippupalvelu

+358 (0)600 10 800 (€1.98/min+local network charge) www.lippupalvelu.fi

Lippupiste

+358 (0)600 900 900 (€1.98/min+local network charge) www.lippu.fi

Tiketti

+358 (0)600 1 1616 (€1.78/min+local network charge) www.tiketti.fi

Extempore

+358 (0)40 701 1457 www.extempore.fi

TAVASTIA

Helsinki's legendary rock club attracts large and enthusiastic local audiences to enjoy top Finnish and international bands. The magic of Tavastia is that bands always seem to want to perform their best there! www.tavastiaklubi.fi

MAD ABOUT HELSINKI

The Japanese garden in Roihuvuori, the Roskapankki terrace, Malmi Airport... If you are looking for more local Helsinki tips, check out the new "Mad about Helsinki" exhibition at Helsinki City Museum, which presents local stories and favourite places over the past five centuries.

www.helsinkicitymuseum.fi

ESPA STAGE

On a sunny day there is no cooler place to enjoy culture than the Espa stage in Esplanade Park. The open-air stage opposite the Kappeli restaurant presents freeof- charge performances ranging from jazz and ethno to folk music, as well as other culture and surprises.

www.espanlava.fi



GO SEE EXPERIENCE!

Tango in the park, choir singing in the church, herring in the market, walking tours of inner courtyards and outer districts, or urban dance in the art museum. Helsinki offers unique happenings all through the year and for all tastes.

The line up of events is particularly impressive towards the end of summer. As the nights gradually get darker in autumn, and the locals return from their countryside retreats, Helsinki truly comes to life. Restaurants and cafés are filled with music and theatre. You might come across light installations in markets, performances in streets and environmental art in parks. Each year the star-shaped Huvila Festival Tent is erected to host top names in world music alongside top Finnish pop and rock stars. People gather on the lawns and rocks by the tent to listen to different kinds of music each night.

One of the newest event venues in Helsinki is Suvilahti, a former power station that hosts the immensely popular Flow Festival in August.

In addition to big festivals, Helsinki also has lots of small, fun and plain strange happenings to offer. For example, in the Tori Quarter you can discover a wide range of cultural events, such as children's theatre performances, lunchtime concerts and art installations. In wintertime, the streets and parks of Helsinki are lit up by brilliant light installations during Lux Helsinki, creating a sense of magic amidst the winter darkness







EVENTS IN 2015

Helsinki hosts over 3000 events each year. Here are some of the highlights in 2015!

JANUARY

Until 6.1: Winter Circus Dream, Dance Theatre Hurjaruuth, Kaapelitehdas

Until 6.1: Christmas World, Kolmen sepän aukio, Kaivopiha **3–4.1:** Epiphany at Suomenlinna

4–8.1: Lux Helsinki, Light Festival **10–11.1:** Helsinki Antique,

Art & Collectors Fair, Kaapelitehdas 15–18.1: Nordic Travel Fair Matka 2015, Messukeskus

16–18.1: Caravan 2015, Messukeskus

17.1: Schönbrunn Castle Orchestra, Helsinki Music Centre

27.1–1.2: Docpoint – Helsinki Documentary Film Festival 30.1–1.2: MP 15 motorcycle exhibition, Messukeskus

FEBRUARY

3.2: Joan Armatrading in concert, Helsinki Music Centre

4–8.2: Side Step Festival, contemporary dance, Kaapelitehdas

6–14.2: Musica nova Helsinki, contemporary music festival, Helsinki **6–15.2:** Vene 15 Båt Boat Show, Messukeskus

7–8.2: Apassionata Horse Show, Hartwall Arena

11–14.2: Red Pearl Women's Clown Festival, Dance Theatre Hurjaruuth 12.2: Student graduation parades, city centre

12–15.2: Disney on Ice, Hartwall Arena

15.2: Restaurant Day, pop-up restaurants throughout Helsinki **28.2–1.3:** Helsinki Handicrafts Fair, Wanha Satama

MARCH

4–7.3: Viapori Winter Blues, Suomenlinna

6–7.3: Waterland, waterpark festival, Serena, Espoo

6–8.3: GoExpo 2015: Finland's biggest fitness event, Messukeskus 7–8.3: Helsinki Horse Fair, Messukeskus

18.3: Katy Perry in concert, Hartwall Arena

22–29.3: Hurraa! - Theatre Festival for Children and Youth, Helsinki, Espoo, Vantaa

26–29.3: Spring Fair 2015, Messukeskus

26–29.3: Season Film Festival, Bio Rex, Maxim

27–29.3: Helsinki Ink 15, international tattoo fair, Cable Factory

APRIL

3.4: Via Crucis – Stages of the Cross, Kaisaniemi Park – Senate Square
4.4: Easter bonfires at Seurasaari
6–11.4: JuuriJuhla-RotFest, folk music festival, Espoo
10–12.4: Children's fair, OutletExpo, Model Expo, Handicrafts, Local food & Organic 2015, Messukeskus
11–12.4: PetExpo 2015,
Messukeskus

13–19.4: Ruutia! Dance Festival for Children and Young Audiences, Dance Theatre Hurjaruuth

21–26.4: April Jazz, Espoo 26.4: Länsiväyläjuoksu, fun run, Espoo

30.4: May Day Eve celebrations – Students give Havis Amanda a wash and her graduation hat at 6pm, Market Square

American Car Show, Messukeskus Animatricks animation festival, Helsinki

Helsinki Spring Light Music, chamber music festival, Helsinki

MAY

1.5: May Day, student and national celebrations, including traditional picnics in Kaivopuisto Park
7–17.5: Cirko – Helsinki New Circus Festival, Cirko Centre
16.5: Restaurant Day, pop-up restaurants throughout Helsinki
16.5: Helsinki City Run, half marathon, Olympic Stadium

festival 22–24.5: Giro d'Espoo, cycling event, Espoo

20-24.5: Lovely Helsinki - city

23.5: Cleaning Day, flea markets throughout Helsinki
24.5: Naisten Kymppi,
Women's 10K Fun Run, Helsinki
30–31.5: World Village Festival,
Kaisaniemi Park
MoA Masters of Aalto Festival,
arts event, Helsinki
Marimekko Fashion Show,
Esplanade Park

JUNE

1.6-31.8: Helsinki Organ Festival, concerts in churches 4.6-27.8: Organ Night and Aria Festival, Espoo Cathedral 5-6.6: Kivenlahti Rock, Leppävaara, Espoo 5-7.6: Suursaari Race. sailing event, Espoo 6.6: Live Aid ULS 2017, charity concert, Olympic Stadium 6.6: Helsinki Samba Carnaval, Senate Square 8-14.6: Les Lumières - Cultural Festival of the Enlightment, Suomenlinna 11-13.6: Finnish Provinces in Senate Square - Pohjanmaa 11-14.6: Taste of Helsinki, food event, Kansalaistori Park 12.6: Helsinki Day, birthday events throughout the city 13.6: UEFA 2016 Finland vs. Hungary, Olympic Stadium

at Seurasaari 22–28.6: Helsinki Pride Festival, city centre

19.6: Midsummer Eve celebrations

26–28.6: Tuska Open Air Metal Festival, Helsinki MeriViapori, boating event for wooden vessels, Suomenlinna Espafolk, Esplanade Park

JULY

5–10.7: Helsinki Cup, international youth soccer tournament

10.7–9.8: Housing Fair 2015, Kivistö, Vantaa 12-18.7: 15th World Gymnaestrada 2015, Messukeskus 23–25.7: Great Beers – Small Breweries, beer festival, Railway Square Jazz Espa, Espa Stage, Esplanade Park

14-16.8: Flow Festival,

AUGUST

urban culture and electronic music, Suvilahti 14-30.8: Helsinki Festival, events throughout the city 15.8: Helsinki City Marathon & Minimarathon, start and finish: Olympic Stadium 15.8: Viapori Trophy, sailing competition, Suomenlinna 16.8: Restaurant Day, pop-up restaurants throughout Helsinki 20.8: Night of the Arts, cultural events throughout the city 21-30.8: Espoo Ciné International Film Festival, Espoo 26-29.8: Viapori Jazz, Suomenlinna 29.8: Cleaning Day, flea markets throughout Helsinki 29.8: Espoo Day, Espoo 30.8: Tour de Helsinki, cycling event Classic Yacht Week, Suomenlinna Herkkujen Suomi & Syystober, food and beer festival, Railway Square Etno-Espa, free concerts throughout August on Espa Stage, Esplanade Park Art goes Kapakka, cultural events in bars and restaurants Runokuu, poetry festival, Helsinki Folk Music Week Seurasaari soi!, Seurasaari Stage, international theatre festival,

Korjaamo Culture Factory

Kyläsaari

Helsinki

Weekend Festival, techno music,

OpenHouseHelsinki, guided tours,

SEPTEMBER

city centre

city centre

3-13.9: Helsinki Design Week,

4-6.9: Helsinki Comics Festival,

7.9: UEFA 2016 Finland vs. Faroe Islands, Olympic Stadium 9–13.9: Habitare, ArtHelsinki, ValoLight, Antiikki 2015, (furniture, art, lighting and antique fairs), Messukeskus 17-27.9: Love and Anarchy Film **Festival** 19-20.9: Helsinki Handicrafts Fair. Wanha Satama 19-20.9: Espoon Rantamaraton. marathon, Espoo 19.9-13.3.2016: Gladiators, international exhibition, KAMU, Espoo Irish Festival in Finland Elämä Lapselle, charity concert, Hartwall Arena **OCTOBER** 4-10.10: Herring Market, the city's oldest annual event, Market Square 4-10.10: PianoEspoo. music festival, Espoo 11.10: UEFA 2016 Finland vs. Northern Ireland, Olympic Stadium 16-18.10: I love me: Kauneus. Muoti, Terveys, Luonnollisesti, Koru & Kello 2015 (beauty, fashion, health, organic, jewellery and watch fairs), Messukeskus 21-26.10.: Japan Week, Savoy Theatre, Annantalo and Kamppi shopping center 22-25.10: Helsinki International Horse Show, Helsinki Ice Hall 22-25.10: Helsingin Kirjamessut, Helsingin Musiikkimessut, Viini, ruoka & hyvä elämä 2015 (book, music, food, wine and lifestyle fairs). Messukeskus 23-25.10: Väkevä Viapori - Spirit of Suomenlinna, village fete, Suomenlinna

30.10-1.11: Skiexpo, BoardExpo,

Lätkä & Säbä, DigiExpo, HifiExpo 2015, Messukeskus Tall Ships Day, Market Square Carnival of Light, Linnanmäki

NOVEMBER

6–8.11: ELMA maaseutumessut, Metsä, OutletExpo, Kädentaito 2015 (countryside, forest, outlet and handicrafts fairs), Messukeskus **7–8.11:** Lemmikki 2015, pet fair, Messukeskus

10–14.11: Baltic Circle, international theatre festival, Helsinki 21.11: Restaurant Day, pop-up

restaurants throughout Helsinki
28–29.11: Suomenlinna Christmas
Event
Etnosoi! ethnic music festival
Helsinki Short Film Festival
Christmas World,
Kolmen sepän aukio, Kaivopiha
Moving in November Dance Festival, contemporary dance
Christmas Lights along

Aleksanterinkatu, Senate Square

2-6.12: Women's Christmas Fair.

DECEMBER

Wanha Satama

5-6.12: Koira 2015.

international dog show,

Messukeskus 6.12: Finnish Independence Day, ceremonial events and festivities 13.12: Lucia Parade from Helsinki Cathedral 26.12: Boxing Day sleigh rides, Seurasaari 26.12-5.1.2016: 2016 IIHF World Junior Championship, ice hockey, Hartwall Arena & Helsinki Ice Hall 31.12: New Year's Eve celebrations, music, fireworks, Senate Square Seurasaari Christmas Path St. Thomas Christmas Market. Senate Square Christmas markets Christmas concerts

Further information:

www.visithelsinki.fi >

Events in Helsinki

HEL

ART GOES KAPAKKA

You won't find a more enjoyable festival than this! For ten days local restaurants offer the most bizarre cultural experiences, scientific panel discussions, lively rock gigs, theatre and circus performances, and everything in between. Stop in just for a quick drink or stay the whole evening!

www.artgoeskapakka.fi

HELSINKI DESIGN WEEK

The perfect event for fans of design, fashion and architecture. Established and popular happenings include the Design Market, Open House Helsinki and Pecha Kucha Night, which presents inspiring performances by experts in the creative industries. www.helsinkidesignweek.com

RESTAURANT DAY AND CLEANING DAY

Popup restaurants here, flea markets there. Restaurant Day and Cleaning Day have transformed local culture in Helsinki. Restaurant Day is a food carnival when anyone can open a restaurant for a day, even in their own home. On Cleaning Day, flea markets and tag sales appear throughout town. Check the dates and have fun!

www.restaurantday.org

www.siivouspaiva.com







Messukeskus, Expo and Convention Centre Helsinki



REAL ENCOUNTERS.

GENUINE EXPERIENCES.

A TOUCH OF THE FUTURE.

www.messukeskus.com



HELSINKI FESTIVAL

14-30.8.2015

Finland's biggest multi-arts festival presents a wide range of events to domestic and foreign audiences, from classical music to pop and world music, from theatre to contemporary dance, and from the visual arts to cinema and children's events. Related events include Art goes Kapakka, which brings urban culture from the streets to local bars and restaurants, as well as Night of the Arts, in which the arts and the public interact in the late summer night and surprising and unexpected ways. www.helsinginjuhlaviikot.fi/en



15TH WORLD GYMNAESTRADA 2015

12-18 7 2015

As many as 25,000 gymnasts of all ages from around the world will gather in Helsinki to demonstrate their skills. Performances will be given at Senate Square, Sonera Stadium, the Olympic Stadium and Messukeskus, among other venues. Visitors can also practice their gymnastics at Töölö Sports Hall or take part in morning aerobics in Helsinki's parks.



FLOW FESTIVAL

14-16.8.2015

The Flow Festival is an annual music and urban culture event that attracts thousands to Suvilahti in August to listen to the most interesting performers from Finland and abroad. The historic power plant milieu at Suvilahti offers a unique setting for enjoying urban culture, the visual arts, quality services, and a fun and lively atmosphere.

SIBELIUS150

In 2015 Finland celebrates the 150th anniversary of the birth of legendary composer Jean Sibelius. Helsinki played a major role in the composer's life: it was here that he studied, achieved his greatest artistic triumphs, started a family and simply enjoyed life. You can still sense the spirit of Sibelius' times throughout the city, as you can discover along the Path of Sibelius. The anniversary programme includes concerts and special events throughout the year, in Helsinki and elsewhere in Finland.

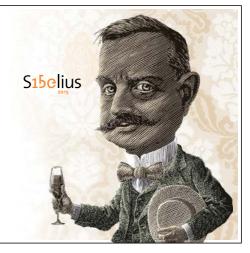
Further information: www.visithelsinki.fi > Events in Helsinki

WELCOME

Celebrate with us 150 years of Sibelius!

Find out more about all the special events: http://sibelius150.fi





LOOK MOMMY, LOOK DADDY!

Again, again! One more time! And then on the cars, then on the Viking ship, then the roller coaster, then the games, then the wild rapids... We can go on the water coaster last of all, because you always get wet on that one. And I'm not putting on a raincoat – that'll ruin the whole thing! And when can we buy cotton candy? Mommy, when will it get dark? I want to see all the lights! Linnanmäki Amusement Park is probably the most fun place in Helsinki for kids and adults alike. But there's plenty more fun to be had in Helsinki!

For a real adventure, pack your flash-lights and jump aboard a ferry to Suomen-linna to explore the bastion walls there. Or you can set your sights higher at Helsinki Observatory and learn about the heavens while admiring the historical telescopes. The flea market in Hietaniemi is also great fun for kids – give them some loose change and see what they find for themselves! On sunny days in summertime you should try swimming in the outdoor pools at Kumpula or the Swimming Stadium, or check out the popular beach at Hietaniemi.

A sure winner is also Helsinki Zoo, which you can visit any time of the year. Night of the Cats, for example, is a popular evening event in autumn that lets you see the wild cats when they are at their most active. Next door to Helsinki Zoo, at Mustik-kamaa, the new Korkee adventure park invites kids and their parents to try out their climbing skills.





HELSINKI FOR KIDS

For the best tips for what to do with children in Helsinki, just ask Helppi, our friendly family tourism mascot. Helppi knows all the sights, attractions and animals in the city like he does his own spots. Pick up a copy of his brochure "Happy Times in Helsinki – Holiday fun for families" or visit our website at www.visithelsinki.fi/en/whats-on/families. In summertime you might spot Helppi strolling up and down Esplanade Park, so just grab him by a paw and give him a big hug!

HELPPI'S TOP MUSEUM TIPS National Museum of Finland, Vintti

Mannerheimintie 34 Suomenlinna Toy Museum Suomenlinna

Cable Factory & Theatre Museum *Tallberginkatu 1*

Ateneum Art Museum Kaivokatu 2

Museum of Contemporary Art Kiasma

Mannerheiminaukio 2

Design Museum

Korkeavuorenkatu 23 Päivälehti Museum

Ludviainkatu 2–4

HELPPI'S ANIMAL FRIENDS Helsinki Zoo

Mustikkamaanpolku 12 **Sea Life**

Tivolitie 10

Tropicario

Sturenkatu 27

Museum of Natural History Pohioinen Rautatiekatu 13

Fallkulla domestic animal farm

Malminkaari 24

Haltiala domestic animal farm

Laamannintie 17

We also recommend visiting the **botanic gardens** in **Kaisaniemi** and **Kumpula**, as well as the tropical garden at **Gardenia** in Viikki!

LINNANMÄKI

Linnanmäki Amusement Park has been entertaining families since 1950. The biggest selection of rides in Northern Europe offers something for everyone, from the wild and crazy to the nice and easy. You can also come to Linnanmäki simply to enjoy great food and the magical atmosphere. The **Kattila** restaurant complex houses six restaurants under the same roof.

At Linnanmäki you can also find a slice of **Santa Claus World**. Experience the magic, nature, Northern Lights, sounds and smells of Lapland! You can also visit the elves and their workshop – not to mention Santa Claus himself! Santa Claus World also has its own boutique and Santa Claus's official post office.

Tivolikuja 1 (main gate)
Open: late April to October
Entrance to the grounds free of
charge
www.linnanmaki.fi/en
www.santaclausworld.com/en

HELSINKI ZOO

The zoo on the island of Korkeasaari is one of the most popular family attractions in Helsinki. Founded back in 1889, it is one of the oldest zoos in the world. Around 200 animal species live at the zoo, and they come from all around the world - from the frozen tundra to the tropical rain forests. Helsinki Zoo also participates in the work to protect the habitats in the original homes of the various species. Annual events at the zoo include the Art Meets Ice sculpture competition, Night of the Cats, and the Stable Elf's Path. Open all year (except 24 December) How to get there: By ferry from the Market Sauare or Hakaniemi in summertime, or take the Zoo Bus (number 16) from Railway Sauare Mustikkamaanpolku 12 www.korkeasaari.fi/helsinki-zoo/

SNADISTADI

SnadiStadi offers lots of great activities for kids, including adventure parks for both bigger kids and smaller kids, a cinema, a traffic park, beach games, street games and ball games. The fun park also offers guided activities and special events. Visitors are served by a park-like picnic café and shopping street. Ruoholahti Shopping Centre, Itämerenkatu 21 www.snadistadi.fi





VISIT HELSINKI.FI





HELPPI'S TOP TIPS FOR AN EXCITING HOLIDAY Helsinki Playground (Leikkiluola, Jaffa Station) Hakaniemi Sauare.

Hakanıemı Square, Sörnäisten rantatie 6

Dance Theatre Hurjaruuth's Winter Circus

Kaapelitehdas, Tallberginkatu 1 A Hoplop East Helsinki

Savikiekontie 4

Zippy zipline adventure park opens in June 2015! Huopalahdentie 28

Angry Birds playgrounds in Espoo

Oittaa (Kunnarlantie 33-39) and Suurpelto (Suurpellon puistokatu 18) Hevosenkenkä Theatre, Juhannusmäki 2, Espoo

Huippu Adventure Park, Vanha maantie 15, Espoo (opens in May 2015)

Huimala is a giant adventure hall with space and activities to entertain children of all ages, including Finland's largest adventure labyrinth, giant trampolines, an electric car track and many other favourites! Juvankartanontie 15, Vanhakartano, Espoo Open: Mon closed, Tue-Wed 2pm-8pm, Thu-Sun 10am-8pm

Haltia – The Finnish Nature Centre

Nuuksiontie 84, Espoo

Heureka – Finnish Science Centre Kuninkaalantie 7, Tikkurila, Vantaa

HELPPI'S TOP SWIMMING TIPS Island destinations with beaches:

Suomenlinna, Seurasaari, Pihlajasaari, Uunisaari

Mäkelänrinne Swimming Centre Mäkelänkatu 49

Swimming Stadium *Hammarskjöldintie 1*

Hietaniemi Swimming Beach Hiekkarannantie

Flamingo Spa water park Tasetie 8, Vantaa Serena Water Park

Tornimäentie 10, Espoo

HELPPI'S TOP SPORTING TIPS Olympic Stadium, Stadium Tower and Sports Museum of Finland Pagyo Nurmen tie 1

Helsinki Icepark

Kaivopuisto Skatepark

Merisatamanranta 10

Kalasatama Skatepark

Kaasutehtaankatu 1 Micropolis Skatepark Nordenskiöldinkatu 20

Minigolf:

Taivallahti minigolf, Etel. Hesperiankatu Eira minigolf,

Merisatamanranta

Salmisaari Sports Centre,

incl. Megazone Helsinki Energiakatu 3

SANTA'S COTTAGE

Did you know that Santa Claus spends the summer amidst the beautiful lakeside scenery at his hideaway in Korpilampi, Espoo? Find out more about visiting him online at:

www.visitespoo.fi www.santascottage.fi



LINNANMÄKI

Helsinki's legendary amusement park opens its doors outside the summer season for the Carnival of Light in autumn and the Winter Fest.

For more information and opening hours, see: www.linnanmaki.fi

HALTIALA AND FALLKULLA DOMESTIC ANIMAL FARMS

Sheep, goats, pigs, cattle, hens, ducks, rabbits, cats and horses – the kids will love the animals at Haltiala and Fallkulla. During the harvest season, visitors are also invited to Haltiala to help pick peas, sunflowers and other produce. Haltiala Farm, Kuninkaanlammentie/
Laamannintie
Fallkulla Domestic Animal Farm, Malminkaari 24





Experience the mystical world of Santa Claus

Welcome!

Linnanmäki

Linnanmäki Amusement Park, Tivolikuja 1, 00510 Helsinki. www.linnanmaki.fi

THE JOY OF DISCOVER FOR THE ENTIRE FAMILY!

At the Finnish Science Centre Heureka you can discover firsthand the exciting world of science and technology by trying things and experimenting.



Kuninkaalantie 7, Tikkurila, Vantaa www.heureka.fi/en

₿ HEUREKA





EXPERIENCE AN ADVENTURE IN THE WORLD OF SNAKES AND LIZARDS!

OPEN DAILY 10am - 7pm Sturenkatu 27 - Helsinki www.tropicario.com



FOOD CULTURE & NIGHTLIFE



DELICIOUS TREATS FROM MORNING TO NIGHT

Soup in a shoe shop, cupcakes and bagels in the park, or Finnish local food in the courtyard of an apartment building? Restaurant Day is a new kind of urban event in which locals are invited to set up their own pop-up restaurant. The concept has been a huge success among residents and tourists.

Restaurant Day is a fine example of Helsinki's active food culture, which has taken off in recent years. Many talented young chefs have set up their own unique restaurants, such as Luomo, Olo and Pure Bistro. Visitors are also highly encouraged to try traditional Finnish food, for example at Sea Horse, Elite and Salve. Order a plate of fried herring, meatballs or vorschmack, the favourite dish of legendary Finnish leader Mannerheim.

Of course, you don't have to wait until the evening to enjoy great food. Start early in the morning with coffee in the Market Square, where you can also purchase seasonal fruits and vegetables. In the city's indoor market halls you can also sit down and enjoy a traditional Karelian pie or salmon sandwich. The street food phenomenon has also made it to Helsinki, so check out the food stands on the streets or stop into the fast food outlets of Street Gastro, Fafa's or Kaartin Hodari & Hummeri!

For great food and drinks, head to the district of Kallio. The Culinary and Urban Culture Centre Teurastamo (Abattoir) in the Kalasatama district is home to a cluster of new restaurants and food outlets. This popular food mecca also hosts food-related events, from farmers markets and street food parties. Many popular brunch places can also be found in Kallio.

You can also plan your route according to your food preferences. For example, where can you find the best cinnamon bun in Helsinki? Make your own discoveries, but we would suggest trying Café Köket, Galleria Keidas and Café Succes. Or try a super healthy alternative at the Hymy Café or Café Kokko.

You can continue your gastronomic tour in the evening at any one of the fun bars in town. Why not start from the top? The Ateljee Bar on the uppermost floor of the Torni Hotel affords a splendid view over the city. Popular wine and cocktail bars on street level include Liberty or Death, American Bar and A21.

FOOD CULTURE & NIGHTLIFE



Helsinki's unique location between East and West makes the city's food culture the most interesting in Scandinavia. Fun, inventive, relaxed, social, seasonal, fresh, local and traditional, it is also contemporary, exciting and always developing!

FINNISH CUISINE

Finland's food culture is a unique and vibrant experience that reflects Finnish nature, society, history, identity and culture. Finnish cuisine is based on the use of fresh and pure seasonal ingredients, often from the forests and lakes. Finland's cultural heritage has been influenced by both the East and West, and Finnish cuisine is no exception.

MARKETS AND MARKET HALLS

Helsinki's markets and market halls sell traditional delicacies and local specialties. They offer a great way to discover local food culture and shopping.

Market Square Eteläsatama

Open: Mon-Fri 6:30am-6pm, Sat 6:30am-4pm, May-September also Sun 10am-5pm

Old Market Hall

The traditional and popular Old Market Hall beside Market Square reopened after a complete renovation in summer 2014. Eteläranta Open:
Mon–Sat 8am–6pm,
Sun closed
www.yanhakauppahalli.fi

Hakaniemi Market

Traditional market foods and atmosphere. Open: Mon–Sat 6:30am–3pm, 1st Sunday of each month 9am–4pm

Hakaniemi Market Hall

Hämeentie 1 A Open: Mon-Fri 8am-6pm, Sat 8am-4pm, Sun closed www.hakaniemenkauppahalli.fi

Hietalahti Market Hall

A wide selection of fresh delicacies. Lunch, dinner and snacks can be enjoyed in the restaurants and cafés.

Lönnrotinkatu 34

Open: Mon-Fri
8am-6pm, Sat 8am-4pm, Sun 10am-4pm
www.hietalahdenkaup-pahalli.fi

LOCAL AND ORGANIC FOOD

Local and organic food can be purchased from the markets and market halls listed above and from the following shops:

Stockmann Herkku Aleksanterinkatu 52 Anton & Anton

Museokatu 19 Mariankatu 18 Kapteeninkatu 26 Ruohonjuuri Salomonkatu 5 Keskuskatu 6 (City-Käytävä) Sis. Deli + Café

Korkeavuorenkatu 6 Kalevankatu 4 Pursimiehenkatu 7 Topeliuksenkatu 3

Punnitse & Säästä

Ateneuminkuja 1 Fredrikinkatu 55 Kaisaniemenkatu 13 Hämeentie 50 Simonkatu 9



RESTAURANT DAY

Restaurant Day is a food carnival when anyone can open a restaurant for a day – at home, at work, in the street, in a garden, in a courtyard, in the park, on the beach, anywhere! Restaurant Day began in Helsinki and is now held four times a year every three months.

www.restaurantday.org

CULINARY AND URBAN CULTURE CENTRE TEURASTAMO (ABATTOIR)

Delicious smells drift from the historic redbrick buildings between Kalasatama and Sörnäinen. The former city abattoir has come back to life. Numerous boutiques and restaurants can be found in the pleasingly authentic milieu, including the restaurants Kellohalli and B-Smokery, the butchers and restaurant Teurastamon Portti and the Chinese restaurant Ho's food.

Kalasatama metro station, Työpajankatu 2 www.teurastamo.com/en

COFFEE AND DONUTS AT THE MARKET SQUARE AND HAKANIEMI MARKET

Helsinki's markets are popular among children, senior citizens, politicians, artists – everyone! Enjoy coffee the Finnish way, sitting outdoors or in a coffee tent surrounded by the market stalls. Try Café Köket in the Market Square of Kahvisiskot in Hakaniemi Market. You can also try a salmon sandwich, meat pie or even rice porridge. Afterwards you can shop for food to bring home with you from the indoor market halls.

ATFL JFF BAR

The best seat in Helsinki to enjoy the view and a glass of bubbly. The Ateljee Bar can be found on the roof of the Hotel Torni. Ladies can also enjoy the view over the city while using the facilities!

www.sokoshoteltorni.fi



Located in the heart of Helsinki serving your favourite Hard Rock dishes and cocktails surrounded by legendary Rock memorabilia everyday of the week. Be sure to drop by our Rock Shop for your Hard Rock Souvenirs.

HELSINKI | ALEKSANTERINKATU 21 | +358 (0)9 4282 6888

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The centre point of the city





Fish and seafood at the Market Square

FISHMA[®]KET

Pohjoisesplanadi 17 **3** +358 9 6128 5250



Catch of the day!

HAVIS

Eteläranta 16 **3** +358 9 6128 5800



A classic atmosphere beside the sea



Laivastokatu 1 **3** +358 9 6128 6300



An island restaurant beyond compare



Valkosaari (open during the summertime) 358 9 6128 6500



Scandinavian flavours by the Esplanade

strindberg

Pohjoisesplanadi 33 **3** +358 9 6128 6900



Stylish cuisine from the north of Italy



Pohjoisesplanadi 17 **3** +358 9 6128 5150



A Finnish culinary gem



Eteläranta 16 **3** +358 9 6128 5400



A traditional artists'





A relaxed Italian restaurant full of flavours



Eteläesplanadi 14 **T** +358 9 6128 5350



A classic overlooking the rooftops of the city



Eteläesplanadi 14 **3** +358 9 6128 5300



A taste of Spain in the heart of the city



Sofiankatu 4 **T** +358 9 6128 5900



By Uspenski Cathedral

RAVINTOLA SIPULI

Kanavaranta 7 A ****** +358 9 6128 5500



Beside the Töölönlahti bay

töölönranta

Helsinginkatu 56 **T** +358 9 6128 5700



Yacht club atmosphere by the sea



Liuskasaari (open during the summertime) 3 +358 9 6128 5750



Stylishly by the Market Square



Pohjoisesplanadi 15 **3** +358 9 6128 5950



Unique cellar atmosphere

Kellarikrouvi

Pohj. Makasiinikatu 6 **a** +358 9 6128 5100



Rich flavours from small local producers



Kanavaranta 7 F **3** +358 9 6128 5600



Beautiful views



Hopeasalmenpolku 1 ** +358 9 6128 6200



A restaurant on an historic fortified island

SÄRKÄNLINNA

Särkänsaari (open during the summertime) 3 +358 9 6128 5550

HOK-Elanto restaurants in Helsinki: www.restaurantshelsinki.fi

Book a table: tel. +358 20 1234 800*









Finnish cuisine:



Eteläesplanadi 1 www.kappeli.fi



Mannerheimintie 3-5 www.zetor.net



Hietalahdenranta 11 www.ravintolasalve.fi

*Call prices (incl. VAT 24%): From a fixed line 0.0835 €/call + 0.0702 €/min | From a mobile phone 0.0835 €/call + 0.1717 €/min





RESTAURANTS

Helsinki has over 1200 restaurants where you will find everything from gourmet delights to bistro treats.

HELSINKIMENU RESTAURANTS

The easiest way to try local specialties is to order from the HelsinkiMenu, which is offered by 14 restaurants in the city centre. The menu varies according to restaurant and season.

Café Ursula

Ehrenströmintie 3 +358 (0)9 652 817 Casino Helsinki

Mikonkatu 19 +358 (0)9 6128 6600

Fly Inn Restaurant & Deli Helsinki-Vantaan lentoasema

Helsinki Airport +358 (0)20 762 9732 **Hotel Arthur**

Vuorikatu 19 +358 (0)9 173 441

Ravintola Baker's Mannerheimintie 12 +358 (0)20 770 1440

Ravintola Graniittilinna Säästöpankinranta 6

+358 (0)20 742 4250

Ravintola Havis

Eteläranta 16 +358 (0)9 6128 5800

Ravintola Kuu Töölönkatu 27

+358 (0)9 2709 0973 Ravintola KuuKuu

Museokatu 17 +358 (0)9 2709 0974

Ravintola Lasipalatsi Mannerheimintie 22-24

+358 (0)20 742 4290 Ravintola Nokka

Kanavaranta 7 +358 (0)9 6128 5600 Ravintola Seurasaari

Seurasaari

+358 (0)9 626 625

Check out too the EspooMenu www.visitespoo.fi

FINNISH CUISINE Traditional

Aino

Pohjoisesplanadi 21 +358 (0)9 624 327

Bryggeri Helsinki

Sofiankatu 2

+358 (0)10 235 2500

Flite

Eteläinen

Hesperiankatu 22 +358 (0)9 6128 5200

Graniittilinna

Säästöpankinranta 6

+358 (0)20 7424 250 Juuri

Korkeavuorenkatu 27 +358 (0)9 635 732

Karl Johan

Yrjönkatu 21 +358 (0)9 612 1121

Kolme Kruunua Liisankatu 5

+358 (0)9 135 4172

Konstan Möljä Hietalahdenkatu 14

+358 (0)9 694 7504 Kosmos

Kalevankatu 3 +358 (0)9 647 255

Lasipalatsi

Mannerheimintie 22–24 +358 (0)20 7424 290

Manala Museokatu 10

+358 (0)9 5807 7707

SeaHorse Kapteeninkatu 11

+358 (0)9 628 169

Hietalahdenranta 11 +358 (0)10 766 4280 Savotta

Aleksanterinkatu 22 +358 (0)9 7425 5588

Sunn

Aleksanterinkatu 26, 2nd floor +358 (0)10 2312 800

Zetor

Mannerheimintie 3 +358 (0)10 766 4450

A taste of Lapland Lappi

Annankatu 22 +358 (0)9 645 550

Saaga

Bulevardi 34 B +358 (0)9 7425 5544





TRADITIONAL FINNISH RESTAURANT



Kolme Kruunua Liisankatu 5 Tel.+358 9 135 4172 www.kolmekruunua.fi



Kitchen open till midnight (Sun 11pm)

Fine dinina A 21 Dining

Kalevankatu 17 +358 (0)40 1711 117

Kappeli

Eteläesplanadi 1 +358 (0)10 766 3880

Makka

Kanavaranta 7F +358 (0)9 6128 5600

Palace

Eteläranta 10. 10th floor +358 (0)9 1345 6715

Salutorget

Pohjoisesplanadi 15 +358 (0)9 6128 5950

Eteläesplanadi 14 +358 (0)9 6128 5300 Sipuli

Kanavaranta 7 +358 (0)9 6128 5500

SMALL COSY RESTAURANTS

Ateljee Finne Arkadiankatu 14

+358 (0)10 281 8242

Gastrobar Emo Kasarmikatu 44

+358 (0)10 505 0900

Goce Bar & Kitchen

Yrjönkatu 18 B +358 (0)10 325 1606

Kuurna

Meritullinkatu 6 +358 (0)10 281 8241 Muru

Fredrikinkatu 41 +358 (0)10 2928999

Spis

Kasarmikatu 26 +358 (0)45 305 1211

Toca

Unioninkatu 18 +358 (0)44 592 2222

Tori

Punavuorenkatu 2 +358 (0)9 6874 3790

MICHELIN-STAR RESTAURANTS

Ask

Vironkatu 8 +358 (0)40 581 8100

Chef & Sommelier

Huvilakatu 28

+358 (0)400 959 440 Demo

Uudenmaankatu 9-11

+358 (0)9 2289 0840 Luomo

Katariinankatu 1, 2nd floor

+358 (0)9 135 7287 Olo Pohioisesplanadi 5

+358 (0)10 320 6250

ISLAND RESTAURANTS Island restaurants are generally open from the beginning of May to the end of September.

Δlia

Mustikkamaankuja 1, +358 (0)9 660 066 Accessible by road from Mustikkamaa

HSS Boathouse

Liuckacaari tel. +358 (0)9 1345 6766 Ferry departs from Merisatamanranta near Café Carusel

NIK

Valkosaari +358 (0)9 6128 6500 Ferry departs from pier behind Olympic Terminal Saari

Sirpalesaari

+358 (0)9 7425 5566 Ferry departs from Merisatamanranta beside Café

Carusel Saaristo

Klippan +358 (0)9 7425 5590 Ferry departs from the pier behind Olympic Terminal.

Tervasaarenkannas 3 +358 (0)9 7425 5574 Accessible by road from Pohioisranta

Särkänlinna

Särkänsaari +358 (0)9 6128 5550 Ferry departs from pier next to Café Ursula

Uunisaari

Uunisaari +358 (0)9 636 870 Ferry departs from the middle of Merisatamanranta beside Kaivopuisto Park or use the pontoon bridge in wintertime

Walhalla

Suomenlinna A10 +358 (0)9 668 552 Open all vear Ferry or summer water bus from the Market Square

Suomenlinna also has several restaurants that are open year round, including Suomenlinna Brewery

Restaurant (Suomenlinnan Panimo), the Klubi 20, and Café Chapman. See pages 32-33.

RUSSIAN RESTAURANTS Bellevue

Rahapaiankatu 3 +358 (0)9 179 560

Kasakka

Meritullinkatu 13 +358 (0)9 350 84760

Saslik

Neitsytpolku 12 +358 (0)9 7425 5500

Troikka

Caloniuksenkatu 3 +358 (0)9 445 229

For more ideas about eating out, refer to Helsinki This Week magazine, which is available in print, online and mobile versions. The magazine and other restaurant guides can be picked up from Tourist Information or read online. www.helsinkithisweek.com. www.visithelsinki.fi www.eat fi



Tastes of Finland by the open sea





Sirpalesaari island Tel. +358 9 7425 5566

Smoked taste experiences





Tervasaari island Tel. +358 9 7425 5574

Lapland in the heart of Helsinki





Bulevardi 34 Tel. +358 9 7425 5544

The legendary Russian Restaurant





Neitsytpolku 12 Tel. +358 9 7425 5500







Aleksanterinkatu 22 Tel. +358 9 7425 5588

Helsinki's balcony to the sea





Klippan island Tel. +358 9 7425 5590





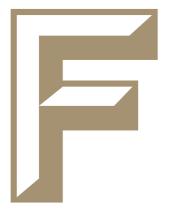
FAZER CAFÉ FORUM Mannerheimintie 20

FAZER CAFÉ CITYCENTER
Kaivokatu 6

KARL FAZER CAFÉ
Kluuvikatu 3

FAZER 8TH FLOOR Stockmann, Aleksanterinkatu 52 www.fazercafe.fi







CAFÉS

Did you know that Finns drink more coffee per person than anywhere else in the world? Apparently we drink the equivalent of almost 10 kilos of ground coffee each a year. It's no surprise then that cosy cafés can be found on nearly every street corner. And nearly all of them offer WiFi.

Aalto

Academic Bookstore, 2nd floor Pohjoisesplanadi 39

Aschan Café Jugend Pohjoisesplanadi 19

Ateljee

(Sokos Hotel Torni)

Yriönkatu 26

Birgitta Hernesaari

Hernesaarenranta 2

Bulevardin kahvisalonki

Bulevardi 1

Carusel

Kaivopuisto.

Merisatamanranta 10

Compass

Kaivopuisto

Ehrenströmintie 1 B

Ekberg

Bulevardi 9

Enael

Aleksanterinkatu 26

Eromanga

Pohjoinen Makasiinikatu 16 Esplanad

Pohjoisesplanadi 37

Fanny

Bulevardi 40

Fleuriste

Uudenmaankatu 13

Fratello

Kluuvi Shopping Centre

Yliopistonkatu 6

Good Life Coffee

Kolmas linja 17

Helsingin kahvipaahtimo

Päijänteentie 29 Johan&Nvström

Kanavaranta 7C

Kaffa Roastery

Pursimiehenkatu 29A Kakkugalleria

Bulevardi 34

Fredrikinkatu 41

Hakaniemen Halli

Karl Fazer Café

Kluuvikatu 3

Kokko

Kanavaranta 7

Mattolaituri

Kaivopuistonranta, Ehrenströmintie 3

Neuhaus

Unioninkatu 32

Piritta

Tokoinranta Eläintarhantie 12

Sinisen Huvilan kahvila

Töölönlahti

Linnunlauluntie 11

(open in summertime)

Sis. Deli + Café

Kalevankatu 4

Laivurinkatu 43, LH 5

Toeliuksenkatu 3

Pursimiehenkatu 7

Strindberg

Pohjoisesplanadi 33

Succès

Korkeavuorenkatu 2

Sävy

Aleksis Kiven katu 12

Tin Tin Tango

Töölöntorinkatu 7

Torrefazione

Aleksanterinkatu 50

Ursula

Kaivopuisto

Fhrenströmintie 3

Veranda

Mannerheimintie 13

Villipuutarha

Kallio, Kaarlenkatu 13

TEA HOUSES

Helsinki has several tea experts selling delicious varieties to enjoy on the spot or take home with you.

Théhuone

Ferikinkatu 10 Korkeavuorenkatu 9

Demers Teehaus Annankatu 13

The Ounce

Fredrikinkatu 55

FOOD HELSINKI? **HEL YEAH!**

EARLY MORNING **BREAKFASTS AND BRUNCHES** Café Ekberg

Bulevardi 9

Breakfast served Mon-Fri 7:30am-10:30am, Sat 8:30am-1:30pm,

Sun 9am-1:30pm +358 (0)9 6811 8660

info@ekberg.fi

www.cafeekbera.fi

Café Köket

Breakfast served Mon-Fri 7:30am-10:30am Light brunch served Sat 9am-4pm

Brunch served Sat 11am-3pm

Aleksanterinkatu 12 +358 (0)44 012 7707

arla@cafekoket fi

www.cafekoket.fi

Karl Fazer Café

Breakfast served Mon-Fri 7:30am-10:30am

Brunch served Sat 9am-2pm,

Sun 10am-2pm +358 20 729 6702

fazer.cafe@fazer.fi www.fazer.fi

La Torrefazione

Aleksanterinkatu 50

Breakfast served

Mon-Fri 7:30am-10am Brunch served Sat 9am-12noon

and Sun 10am-1pm

+358 (0)9 4289 0648

info@latorre.fi

www.latorre.fi

Fazer Café Citycenter

Kaivokatu 8

(inner courtvard of shopping centre) Breakfast served Mon-Fri 7:30am-10:30am, Sat 9am-10:30am

+358 (0)20 729 6199 cafe.citycenter@fazer.fi

www.fazer.fi

Ravintola Kiila Kalevankatu 1

Breakfast served Mon-Fri 7am-10:30am, Sat 8:30am-10:30am, Sun 9am-10:30am Brunch served Sat-Sun 11am-4pm

(available after breakfast) +358 (0)40 511 8952

info@ravintolakiila.fi www.ravintolakiila.fi

BARS AND NIGHTLIFE

Helsinki boasts a wide range of clubs and bars offering something for everyone.

CITY CENTRE

Unmissable entertainment complex – Teatteri

Pohjoisesplanadi 2

Popular Finnish bar and nightclub -Kaarle XII

Kasarmikatu 40

Once a cinema, now a restaurant and nightclub - Adams & Shanghai

Cowboy

Erottajankatu 15-17

Helsinki's living room - begin and end your evening in the same place -Club Kappeli (summertime)

Eteläesplanadi 1

KLUUVI

International atmosphere - Casino Helsinki

Mikonkatu 19

Outdoor terraces - On the Rocks. Baarikärpänen and Public Corner Mikonkatu 15

Irish bar - Molly Malone's

Kaisaniemenkatu 1

Ideal stop-off for a glass of wine or cocktail - Plaza H.U.B. & Bar 7 Blinas

Mikonkatu 23

For sweet people - Namu Makkaratalo 3rd floor Kaivokatu 6 VIP treatment - Club Showroom Makkaratalo 3rd floor, Kaivokatu 6 Shots only - Shot bar Helsinki Yliopistonkatu 8

KAMPPI

Live music - Apollo Live Club Mannerheimintie 16

DJ evenings - mbar

Mannerheimintie 22-24 Over the rooftops - Ateljee Bar

Sokos Hotel Torni, Yrjönkatu 26

A laid-back meeting place for adults - Maxine

Urho Kekkosen katu 1 A, 6th floor Design club - Le Bonk Yrjönkatu 24

For showing off - The Tiger Kamppi Shopping Centre,

Urho Kekkosen katu 1 A

Biggest nightclub & gigs -

The Circus

Salomonkatu 1-3

The inspiration of legendary Finnish movie producer Aki Kaurismäki -Corona Baari + Biliardi, Kafe

Moskova and Dubrovnik Lounge & Lobby

Eerikinkatu 11

Artist restaurant - Kosmos

Kalevankatu 3

Organic wines - Vin Vin

Kalevankatu 6

Top rock venues -Tavastia & Semifinal

Urho Kekkosen katu 4-6

Fine drinking - A21Cocktail Lounge

Annankatu 21

Rock bar - Bar Loose

Annankatu 21

Beer and socialising - Teerenpeli

Olavinkatu 2

Backroom bar for rockers -

Bar Bäkkäri

Pohioinen Rautatiekatu 21

Ship food and drinks with a Polynesian flavour - Navy Jerry's Rum Bar

Hietaniemenkatu 2

PUNAVUORI

Popular - Café Bar 9

Uudenmaankatu 9

Exotic appeal -

Kokomo Tikibar & Room

Uudenmaankatu 16

Fresh and innovative cocktails -

Liberty or Death

Erottajankatu 5

Drinks and cocktails in Italian style from the 1940s and '50s -

Milli Miglia

Kalevankatu 36

Microbrewed beers and unique

cocktails – Latva

Korkeavuorenkatu 25

KALLIO

Classic local bar - Rvtmi Toinen linia 2

Old-time bar atmosphere – Sävel Hämeentie 2

DJ atmosphere - Siltanen

Hämeentie 13 B

Urban living room - Café Talo

Hämeentie 2 B

Pool, live music, board games and a

poker table - Mascot Bar & Lounge

Neljäs linja 2

FOOD HELSINKI? HEL YEAH!

Historic - Juttutupa

Säästöpankinranta 6

Wednesday clubs and Thursday

concerts - Café Piritta

Eläintarhantie 12

Restaurant ships and floating terraces

– Wäiski & Flying Dutch

Hakaniemenranta 11 &

Pitkänsillanranta 2 (summertime)

Friendly winebar -

Kombo Winebar & Kitchen

Kulmavuorenkatu 4

New hangout for rockers -

Bar Loosister

Hämeentie 50

Bohemian vintage atmosphere -

Bar Musta Kissa

Suonionkatu 1

Live music - Kuudes Linia

Hämeentie 13 B, entrance from courtyard (Kaikukatu 4)

TÖÖLÖ

Korjaamo Culture Factory

(Vintti, outdoor terrace)

Töölönkatu 51 A-B

Artist life - Flite

Eteläinen Hesperiankatu 22

Local bars - Botta, Manala, St. Urhos Pub

Museokatu 10 / Dagmarinkatu 2

Jazz - Storyville

Museokatu 8 Helsinki's Bollywood -

Bhangra Bar

Runeberginkatu 28

For partygoers - Mr. Don

Runeberginkatu 28

Food, drink and culture -

Linko Pizzabar

Linnankoskenkatu 12

GAY RESTAURANTS & BARS

can be found at

www.visithelsinki.fi/LGBTHelsinki



Hohtogolf West Coast introduces a new style of glow-in-the-dark indoor mini-golf in Europe! Neon lights and special effects make playing in the dark fun and exciting! When you putt, something surprising happens! There is even a horror area with chilling special effects, while at the bar you can relax and enjoy cool drinks.

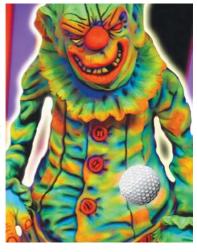
Minimum age: 7 (Friday and Saturday evenings after 8pm: 18)

Hohtogolf West Coast, Flamingo, Vantaa

Tasetie 8, 01510 Vantaa, flamingo@hohtogolf.fi, +358 9 4289 0112 - www.hohtogolf.fi

-

Hohtogolf West Coast, Helsinki Yrjönkatu 24, 00100 Helsinki, helsinki@hohtogolf.fi, +358 9 2519 1112 - www.hohtogolf.fi



Erottaja Bar & Night

Erottajankatu 15-17 Open every night 8pm-4am Karaoke Bar Restroom

Tehtaankatu 23A



Kuparitie 1



Aleksis Kiven katu 22 Open every day 9am-2am



Snellmaninkatu 13

Karacke Bar YÖKYÖPELI

Fabianinkatu 17



Kaisaniemenkatu 13



Annankatu 23



Restaurant Kolme Kruunua Liisankatu 5 Kitchen open until 24pm (Sun 23)



KGB Karaoke & Disco Hallituskatu 3 Open Fri-Sat 22-04





TOP DESIGN AND SHOPPING TIPS

Imaginative souvenirs, delightful handicrafts, mouthwatering treats, quirky designer clothes and traditional design. In the heart of the historic centre of Helsinki lies the Tori Quarter, where many artisans and design brands run their own boutiques. The Tori Quarter also hosts a wide variety of events, so keep your eyes and ears open when you go shopping!

The leading Finnish design brands and the most stylish international brands have their flagship stores along the Esplanade, making it easy to shop for all your gifts and souvenirs. The Finnish design classic Marimekko is full of colours, ideas and imaginative design. Nearby you will also find other top Finnish brands, such as littala, Arabia, Artek and Finlayson, not to mention top international names like Louis Vuitton. For more of everything, head to Stockmann's department store or the Kamppi Shopping Centre.

For unique and trendy boutiques, head for the trendy Punavuori district where you will find lots of fashion and design. Small and cosy cafés are everywhere, so you'll have plenty of places to rest your feet. Try the delicious cupcakes at the Brooklyn Bakery or the French treats at Fleuriste, for example. If you are looking for antiques, head for the Kruununhaka district, while the bohemian Kallio district has lots of vintage boutiques.

SHOPPING

Helsinki offers the best shopping opportunities in Finland. Marimekko, Aarikka, littala, Pentik – favourite items to bring home from Helsinki are Finnish designer products from clothing to interior decorations.

SHOPPING STREETS

Main shopping streets:

Aleksanterinkatu, Esplanade and Mannerheimintie

Smaller boutiques:

Uudenmaankatu, Fredrikinkatu and Korkeavuorenkatu, Bulevardi, Runeberginkatu

Interior design:

Punavuori and Kamppi districts

Design:

Design District (see page 26), Esplanade, Kallio and Arabia districts

Antique shops:

Kruununhaka and Ullanlinna districts

SHOPPING CENTRES AND DEPARTMENT STORES

Stockmann

Aleksanterinkatu 52 – the biggest department store in Scandinavia

Sokos

Mannerheimintie 9

Forum

Mannerheimintie 20

City Center

Kaivokatu 8

Kluuvi

Aleksanterinkatu 9

Kamppi Shopping Centre

Narinkkatori

Galleria Esplanad

Pohjoisesplanadi 33

Itis – the biggest shopping centre in Scandinavia

iii Scariuiiia

Itäkatu 1-7

(metro: Itäkeskus, 15 min.)

Verkkokauppa.com – the biggest shopping centre for electronics in

Europe

Tyynenmerenkatu 11

Jumbo

Vantaanportinkatu 3, Vantaa

Vantad

UNIQUE BOUTIQUES

Sofinah – compelling fashion, ethical brands *Uudenmaankatu 17*

Minna Parikka –

feminine footwear, leather gloves, bags and knitwear

Bulevardi 24

IVANAhelsinki – clothing by

Paola Suhonen that combines retro Scandinavian and Slavic influences *Uudenmaankatu 15*

Anna Heino – Design Jewellery *Uudenmaankatu 34*

Globe Hope – ecological design products from recycled materials Lasipalatsi. Mannerheimintie 22-24

& Kiseleffin talo,

Aleksanterinkatu 28

Lumi - Finnish designer bag brand *Kiseleffin talo, Aleksanterinkatu 28*

Lande – a small slice of the countryside in the city *Urho Kekkosen katu 8*

Lapuan Kankurit – Finnish linen

and woollen blankets Katariinankatu 1

Kauniste –

fresh patterns for your home Uudenmaankatu 27

Moko Market & Café –

interior design products and café

Perämiehenkatu 10 &

Vilhonvuorenkatu 11

Mv o Mv -

fashion, design, sweets and art Aleksanterinkatu 36

Johanna Gullichsen –

textile art and design Fredrikinkatu 18

Nounou design -

glass art and interior design products made from glass, textiles, wood and metal Uudenmaankatu 2

Nina's -

design paradise with brands by Dries van Noten, Christian Louboutin, Chloe, Céline Bulevardi 13 **Liike** – the new wave of Finnish fashion design

Fredrikinkatu 24

Samuji – minimalistic and functional clothing for women *Pohjoisesplanadi 37*

Kiseleffin talo

Aleksanterinkatu 28

Bockin talo

Aleksanterinkatu 20

Sunnin talo Aleksanterinkatu 26

FLEA MARKETS

Hietalahti Flea Market

Hietalahti Market

Hietsumarket

Hietalahdenranta 11

For more flea markets, enquire from Tourist Information.

Twice a year Helsinki is transformed into one giant flea market during

Cleaning Day, when anyone can sell their own stuff anywhere they

like, such as on the street and inside courtyards.

www.siivouspaiva.com

VINTAGE SHOPS

Play It Again Sam

Rauhankatu 2

Hoochie Mama Jane

Agricolankatu 11

Penny Lane

Runeberginkatu 37

Artek 2nd Cycle

Pieni Roobertinkatu 4-6

Frida Marina

Kaarlenkatu 10

OPENING HOURS

Department stores and shopping centres are open weekdays 9am-9pm, Saturdays 9am-6pm and Sundays 12noon-6pm. Smaller shops are usually open weekdays 10am-6pm and Saturdays 10am-3pm (4pm).











>> SHOP AT KLUUVI SHOPPING CENTRE

Top brands, stores and restaurants in the heart of Helsinki



MON - FRI 10 - 21 SAT 10 - 18, SUN 12 - 17 ALEKSANTERINKATU 9. HELSINKI

KLUUVI.FI/TOURISTS

¶/KLUUVI



KLUUVIKAUPPAKESKUS

TAX FRFF

Citizens of non-EU countries are eligible for tax-free returns. Purchases must be made in shops displaying Global Blue's Tax Free sign. The minimum total sum of purchased goods with taxes must be €40. Upon leaving EU territory, travellers can claim VAT that varies according to product but does not exceed 17 percent of the total price. Refunds can also be claimed after you have returned home by filling in the form and sending it to Global Blue.

www.globalblue.com

If you don't have room in your suitcase, you can order Finnish design products over the internet. www.finnishdesignshop.com

PUNAVUORI AND HELSINKI DESIGN DISTRICT

The Design District in Punavuori is home to numerous tiny boutiques that reflect the dreams of their owners. Check out all the cool design boutiques. Pick up a copy of the Design District Helsinki map from Design Forum Finland to find your way through the maze of shops.

www.designdistrict.fi



Timeless design since 1881.

Visit our stores to see the newest littala products alongside timeless classics.

littala store

Helsinki Pohjois-Esplanadi 25, Kamppi, Itis Espoo Iso Omena, Sello | Vantaa Jumbo

littala outlet

Helsinki Arabia: Hämeentie 135 | Espoo | Vantaa

www.iittala.com









MALENE BIRGER



241005

MONCLER

MOSCHINO

(EJS)

PARAJUMPERS

WOOLRICH JOHN RICH & BROS

FORUM SHOPPING CENTER
ON THE CORNER OF MANNERHEIMINTIE AND SIMONKATU
MON-FRI 9-21 SAT 9-18 SUN 12-18 WWW.AJATAR.FI





FINNISH DESIGN SOUVENIRS HANDICRAFTS KNITWEAR



The largest gift & souvenir shop in Helsinki on three floors.

Visit also our all year

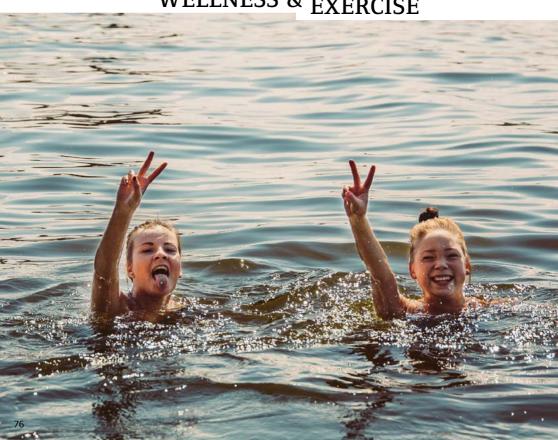
Christmas shop

& showroom.

Moomin shop on the 3rd floor.









FEELING GOOD

Helsinki offers lots of opportunities to relax and unwind. Many will enjoy clearing their heads with a leisurely jog along the shoreline or through the forests of Keskuspuisto, our very own central park. Helsinki is also ideal for cycling; finding a bike to rent is easy, and the Baana cycling route takes you right through the city from one attraction to another. If you are feeling adventurous, head to the nearby Nuuksio National Park or Sipoonkorpi National Park, where you will find lots of marked trails and places to camp. Enjoy the great outdoors with a long hike followed by a refreshing dip in the lake! Also at Nuuksio vou should definitely visit Haltia. the impressive Finnish Nature Centre that presents inspiring and informational exhibitions. The wooden building itself is worth seeing for its contemporary architecture.

Others will prefer pampering themselves at a day spa soaking up the relaxing atmosphere and relishing the exotic treatments. A more traditional alternative is the Yrjönkau Swimming Hall, where you can travel back in time to the 1930s. The breathtakingly beautiful interior is somewhat reminiscent of an oriental hamam, but a hot Finnish sauna after your swim will remind you exactly where you are.

Indeed, it is almost impossible to avoid having a sauna when visiting the Finnish capital. A fun and authentic way to experience this Finnish specialty is by visiting one of Helsinki's public saunas, such as Kotiharjun Sauna, Sauna Arla or Sauna Hermanni in the Kallio district. The new generation of saunas is represented by the trendy Kulttuurisauna "culture sauna" on the shoreline in Hakaniemenranta. For an authentic smoke sauna, try Kuusijärvi in Vantaa, where you cool off by jumping in the lake – even in the middle of winter!

WELLNESS AND EXERCISE

The beautiful clean nature and the fresh sea offer unlimited possibilities for relaxing and enjoying healthy activities throughout the year. In addition, beauty spas offer a comprehensive range of treatments, while the urban sauna culture is an experience that shouldn't be missed.

BEAUTY SALONS AND SPAS Kämp Spa

Kluuvikatu 4 B (8th floor) www.kampspa.fi

Helsinki Day Spa

Erottajankatu 4

www.dayspa.fi

Siluetti Spa

Pohjoisesplanadi 35, 6th floor www.siluettispa.fi

Forever Day Spa

Mannerheimintie 50 (Crowne Plaza Hotel, ground floor) www.foreverdayspa.fi

Flamingo Spa

Tasetie 8, Vantaa www.flamingospa.fi



SWIMMING AND SAUNAS

Hot saunas relax both the mind and the body. After throwing water on the rocks and soaking up the heat, cool off with a refreshing swim.

Yrjönkatu Swimming Hall

Yrjönkatu Swimming Hall has the feel of a Roman bath. Built in 1928. it is the oldest swimming hall in Helsinki and the entire Nordic region. Its specialty is nude swimming with separate swimming times on different days of the week for men and women. Naturally, swimsuits can also be worn. You can also rent your own stall with a bed for relaxing and enjoying refreshments. Opening hours for the stalls vary. Yrjönkatu 21 B Women's hours: Mon 12noon-8pm, Wed 6:30am-8pm, Fri 6:30am-8pm, Sun 12noon-8pm Men's hours: Tue 6:30am-8pm, Thu 6:30amv8pm, Sat 8am-8pm Note: Closed 26 5-31 8 2015 Prices: adults €5-14. discount groups €2.50-7

Mäkelänrinne Swimming Centre Mäkelänkatu 49

Prices: adults €6.50, discount groups €3.30

Itäkeskus Swimming Hall

Olavinlinnantie 6 Prices: adults €5.40, discount groups €2.70

OUTDOOR SWIMMING POOLS Swimming Stadium

The Swimming Stadium's 50-metre pool is open from May to September. The water temperature is kept at 25°C throughout the season. Hammarskjöldintie 1
Prices: adults €3.80, discount groups €1.90, children under 7 free of charge

Kumpula Outdoor Swimming Pool

Open: May–August Allastie 5 Prices: adults €3.80, discount groups €1.90, children under 7 free of charge

Further information about swimming and sauna hours: www.hel.fi/sport

Serena Water Park is the largest water park in the Nordic region. Indoors families can enjoy the wild water-slides, bubble pools, children's pools and a large wave pool. Outdoor attractions include mat slides, two long ring rivers, a Dead Sea pool and many other slides. Check out the brand new children's pool area too!

Tornimäentie 10, Lahnus, Espoo www.serena.fi

SAUNAS

Kotiharjun Sauna in Kallio is a legendary wood-heated public sauna that is a living part of Helsinki's urban culture. A traditional washing lady is available Tuesdays, Fridays and Saturdays from 4pm to 7pm. No reservation is needed. Massages, hand and foot treatments, and cupping are also available, but these services must be reserved in advance.

Harjutorinkatu 1
Open: Mon closed,
Tue-Sun 2pm-8pm
(sauna time until 9:30pm)
Prices: adults €12,
discount groups €8.50,
children (12–16) €6
www.kotiharjunsauna.fi

Check out these other local saunas too:

Sauna Arla

Kaarlenkatu 15
Open: Mon-Tue closed,
Wed-Sun 2pm-8pm
Prices: adults €12,
discount groups €8.50,
children free of charge
www.arlansauna.net

Sauna Hermanni

Hämeentie 63

Open: Mon-Fri 3pm-8pm,
Sat 2pm-6pm, Sun closed

Prices: adults €10,
discount groups €8,
children (over 12) €3,
younger children free of charge
www.saunahermanni.fi

You can also try Helsinki's urban sauna culture at the **Kulttuurisauna** "Culture Sauna". This ecological sauna is situated by the sea in the Hakaniemi district and is heated by wood pellets.

Hakaniemenranta 17
Prices, opening hours and further information: www.kulttuurisauna.fi

For a genuine **smoke sauna**, try the Vantaa Recreational Centre in **Kuusijärvi**.

www.cafekuusijarvi.fi





KOTIHARJUN SAUNA

Soak up the heat and steam, then take a break and cool off. Repeat until you are thoroughly relaxed. In between you can ask a bathing attendant to scrub you thoroughly clean from top to toe. The locals share local gossip or simply sit quietly and enjoy. Kotiharju Sauna has heated its traditional wood-heated saunas since 1928. Your visit to Helsinki won't get any more Finnish than this! www.kotiharjunsauna.fi

BEACHES

Helsinki's shoreline and archipelago are perfect for enjoying outdoor recreation, swimming and nature walks. The most popular swimming beach is **Hietaniemi Beach**, or "Hietsu" as it is known locally. In addition to the places listed here, public swimming beaches near to the centre can be found at **Seurasaari**, **Mustikkamaa** and **Munkkiniemi**

Uunisaari Island off the southern shore of Kaivopuisto Park offers sandy beaches and convenient services, attracting holidaymakers to swim and picnic.

On Pihlajasaari Island you can sunbathe on the hot rocks and swimming in the refreshing sea. The island also has a kiosk and café-restaurant, as well as a separate naturist beach.

www.seurasaari.fi

www.uunisaari.com

www.pihlajasaari.net

See page 36 for details about how to get to the islands.

CYCLING Cycling Centre

The Cycling Centre at Kamppi is run by the City of Helsinki and offers practical advice about maintaining your bicycle. You can even borrow all the tools you need. The centre also offers useful advice, cycling maps and tips for summer cycling tours.

Narinkka 3

Bike rentals Greenbike

Bulevardi 32 www.greenbike.fi

Bicvclean Helsinki

Luotsikatu 2 and Selkämerenkatu 6 www.bicycleanhelsinki.com

Many hotels offer their guests bicycles free of charge – enquire from your hotel's reception! A **cycling map** is also available from Tourist Information

GOLF

In Helsinki you can play golf at **Vu-osaari Golf** or at the **Helsinki Golf Club** in Tali. The season usually lasts from May to October.

Nearby in Espoo there are eight high-quality golf courses – including the new links-type **Tapiola Golf** – and an indoor driving range that are ideal for both active players and amateurs.

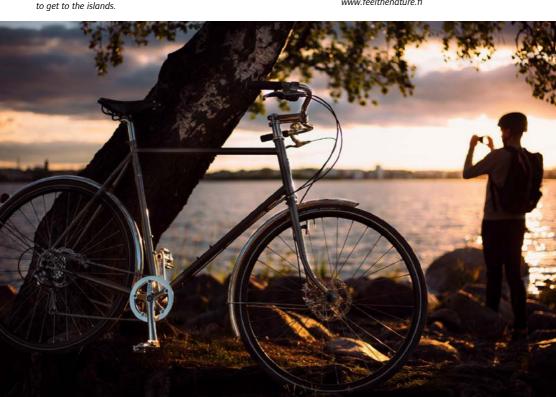
There are also two golf courses in Vantaa.

www.golfpiste.com (in Finnish), www.golf.fi

Paddling

Helsinki's long shoreline and surrounding archipelago offer splendid conditions for enjoying kayaking and canoeing, as does Nuuksio National Park. Natura Viva and Feel the Nature offered guided paddling excursions. Natura Viva also rents kayaks.

www.naturaviva.fi
www.feelthenature.fi





RECREATIONAL AREAS IN HELSINKI

Helsinki's Central Park (Keskuspuisto) comprises a large

(Reskuspuisto) comprises a large area of recreational forest and skiing trails in wintertime, especially in Paloheinä. The park also has four conservation areas: the Pitkäkoski rapids, the Ruutinkoski rapids, the Haltiala protected forest and the Niskala arboretum.

Kaivopuisto Park and Töölönlahti Bay are ideal places for jogging and walking. Helsinki also has over twenty historically significant manor house parks that are ideal places for walking and enjoying the gardens. The most popular manor house parks include Annala, Fallkulla, Haltiala, Herttoniemi, Munkkiniemi, Puotila and Kumpula. www.hel.fi/sport www.hel.fi/hkr

RECREATIONAL AREAS OUTSIDE HELSINKI

At Oittaa Recreational Centre

you can rent equipment for summer and winter sports and take lessons. The newest **Angry Birds playground** in Espoo can be found near the beach. Oittaa has well-main-tained cross-country skiing trails. You can also try ice swimming and a hot sauna. *Kunnarlantie 33–39, Espoo Oittaa*

www.visitespoo.fi

Nuuksio National Park

in Espoo is an excellent destination for camping, picking berries, hiking, fishing, cycling and skiing. You can get to the park by bus.

www.luontoon.fi/nuuksio

www.visitespoo.fi

The Finnish Nature Centre Haltia brings all of Finland's nature under one roof. There is also a restaurant and shop.

Nuuksiontie 84. Espoo

www.haltia.com

The Villa Elfvik nature house and nature trail are located at the northern end of the Laajalahti Conservation Area. Elfvikintie 4, Laajalahti, Espoo www.espoo.fi/villaelfvik



TÖÖLÖNLAHTI BAY

One of the most popular places to jog, walk or even Nordic Walk (with poles) in Helsinki is the park around Töölönlahti in the heart of the city. Along the way you can admire the Opera House (an acquired taste), Finlandia Hall (classic Finnish design by Alvar Aalto), the Winter Garden (an exotic oasis that is open year round) and the charming villas on the other side of the bay in the Linnunlaulu "birdsong" district. From there you can continue over the train tracks to the Tokoinranta shoreline.

Discover the **parks of Helsinki** on foot or with virtual park walks: www.vihreatsylit.fi/en



SKATING AND SKIING

Helsinki Icepark in Railway Square is the perfect place for skating to music or simply relaxing in the café and watching others on the ice. Skates can be rented, and skating schools for children are held daily. Helsinki Icepark is open November to early April, weather permitting. Prices, opening hours and further information: www.jaapuisto.fi

Kallio Skating Rink is another popular open-air skating rink that plays music and sells warm juice and hot chocolate. The skating rink is open from November to March. Skates are available for rent. Helsinginkatu 25 www.hel.fi/sport

A new skating rink can be found in Tapiola at the "Ice Garden". Skates can also be rented. Tapiolan keskusallas, Kirkkopolku, Espoo

The best cross-country skiing trails are located in **Central Park** (*Keskuspuisto*). At **Paloheinä Recreational Centre** (*approximately* 9 km from the centre of Helsinki) you can rent skis. Pakilantie 124 www.hel.fi/sport

At **Kivikko Skiing Hall** you can experience wintertime in even in the middle of summer. The temperature is kept at -2 to -4°C. Activities include skiing and sledding. Savikiekontie 4 www.hel.fi/sport

There are also good downhill and snowboarding slopes nearby, for example **Talma** in Sipoo.

www.talmaski.fi

In neighbouring Espoo you can ski and snowboard at **Serena Ski** and **Solvalla-Swinghill**, and there are over 200 kilometres of cross-country skiing trails. www.visitespoo.fi

OTHER ACTIVITIES

At the **Salmisaari Sports Centre** you can try beach volleyball, bowling, climbing, laser battles, dancing, badminton and floorball.

www.salmisaarenliikuntakeskus.fi

SPECTATOR SPORTS

The Finnish Ice Hockey League season stretches from September to April. Exciting Finnish league matches can be watched at Hartwall Arena and Helsinki Ice Hall, as well as at Barona Arena in Espoo. www.helsinginjaahalli.fi www.hartwallarena.fi www.baronaareena.com

Football matches are held at Sonera Stadium from May to October. www.sonerastadium.fi

For more **sports events**, see our online event calendar. www.visithelsinki.fi





OUTSIDE HELSINKI

From Helsinki it is easy to make day-trips to the countryside or even neighbouring countries. Within 100 kilometres of the city centre you will find Porvoo (see page 85), the second oldest town in Finland, Fiskars, a trendy artist community, Loviisa, a quiet seaside town, and Raseborg, home to historic ironworks and fascinating medieval castle ruins. Tuusulanjärvi (see page 86) has several cultural landmarks, including the home museum of composer Jean Sibelius (Ainola) and the atelier home of artist Pekka Halonen (Halosenniemi). Tallinn is a popular destination for one-day excursions and is very easy to get to by ferry.

Pick up a copy of the "Helsinki & Southern Finland Daytrips" brochure from Tourist Information or download from www.visithelsinki.fi.

FERRIES

There are daily ferry connections from Helsinki to Estonia and Sweden, and regular connections also to Germany. Ask your tour operator or enquire from Helsinki Expert's sales point located inside Tourist Information.

Helsinki Expert Shop Pohjoisesplanadi 19 +358 (0)9 2288 1600 www.stromma.fi

TALLINN Eckerö Line Mannerheimintie 10

www.eckeroline.fi Linda Line

Makasiiniterminaali

www.lindaline.fi **Tallink**

Länsiterminaali and Erottajankatu 19 www.tallink.com

Viking Line

Katajanokan terminaali www.vikingline.fi

STOCKHOLM

Silja Line

Olympiaterminaali and Erottajankatu 19 www.tallink.com

Viking Line

Katajanokan terminaali www.vikingline.fi

GERMANY

Finnlines

Vuosaari Harbour (Hansaterminaali) Provianttikatu 5 and Nordic Ferry Center Pieni Roobertinkatu 13 B www.finnlines.com

ST. PETERSBURG

St. Peter Line

Länsiterminaali Eteläesplanadi 2 and Nordic Ferry Center Pieni Roobertinkatu 13 B www.stpeterline.com, www.ferrycenter.fi

Further information about schedules and services:

Port of Helsinki

+358 (0)9 310 1621 www.portofhelsinki.fi

LONG-DISTANCE BUSES

The Matkahuolto long-distance bus station and ticket office are situated at the Kamppi Centre (K level). Narinkka 3 www.matkahuolto.fi

FLIGHTS

Helsinki Airport is located 19 kilometres (approximately half an hour) from the centre of Helsinki. The taxi ride will cost around €40. Finnair's airport bus: €6.30. Regional Bus 615: €5. www.finavia.fi

TRAINS

There are regular train connections from Helsinki to all major towns in Finland, as well as to Lapland. The Helsinki metropolitan area is served by a local commuter train network. In addition, there is a daily service to Moscow and up to four to St. Petersburg. The new Allegro highspeed trains cut the travel time from Helsinki to St. Petersburg from 5.5 hours to 3.5 hours. Central Railway Station (see page 9) www.vr.fi









The Good Fellows – SHG 150 years

2015 is an anniversary year for Jean Sibelius, Pekka Halonen and Akseli Gallen-Kallela

Legendary Finnish artists Akseli Gallen-Kallela, Pekka Halonen and Jean Sibelius were all born in the same year, 1865. They went on to become great friends who shared a love for the arts and life itself. Their attitudes and lifestyles were characterised by an innovative touch. They worked, they celebrated and they overcame hardships together.

In 2015 the shore road of Tuusula will celebrate the 150th birthday of these renowned artists with a wide range of events and exhibitions.

See the entire anniversary year programme online at: www.tuusula.fi/SHG150 and www.tuusulanrantatie.fi

\mathcal{H} alosenniemi

The painter Pekka Halonen's wilderness studio Halosenniemi is situated by the Lake Tuusula. The house was built in 1902 in the Finnish national romantic style.

Open 1.5.–31.8. Tue–Sun 11–18 1.9.–30.4. Tue–Sun 12–17 Rantatie, Tuusula www.halosenniemi.fi

Erumola

Originally the home of poet J. H. Erkko, Erkkola today as an artists' home that hosts art exhibitions and a wide range of cultural events.

Open 1.5.–31.8. Tue–Sun 11–18 1.9.–30.4. Wed–Sun 12–17 Rantatie 25, Tuusula www.erkkola.fi

WELCOME TO JÄRVENPÄÄ,

THE HOMETOWN OF LEGENDARY COMPOSER JEAN SIBELIUS

BY BEAUTIFUL LAKE TUUSULA!



AINOLA

Home of Jean and Aino Sibelius Open: May-September, Tue-Sun 10-17. Ainolankatu, Järvenpää.



S₁₅elius

AINO SIBELIUS EXHIBITION 1.3-4.10.2015

Järvenpää Art Museum. This exhibition presents the life of the composer's wife Aino. Kirjastokatu 8, Järvenpää.



Aino.

Aino.

Kirjastok

III International Sibelius Singing Competition

Järvenpää Hall 19.–25.4.2015

Hallintokatu 4, Järvenpää.



Tourist Information of Järvenpää t. +358 (0)40 315 2718 tourism@jarvenpaa.fi www.tuusulanrantatie.fi

How to get to Järvenpää

By bus: Buses to Hyrylä/Järvenpää depart from the Kamppi bus station (platforms 10 and 11). The travel time is about one hour. **By train:** Commuter trains R and H to Järvenpää. The travel time is about half an hour. The H train also stops in Kyrölä ("Ainola" as of 1



July 2015), which is within a kilometre from Ainola on foot. **By car:** 30 minutes from the airport, 40 minutes from Helsinki.

Discover the charm of Porvoo.



Just 50 km from Helsinki. Visitporvoo.fi.



Hotel Haikko Manor

Haikko Manor is a popular manor and spa hotel situated beside the sea. The spa offers pampering treatments, the HyvänOlon swimming pool section and the Fitness Studio. In the romantic manor house you can dine in classic style, while Villa Haikko beside the sea is a splendid venue for special occasions.

Find out more. www.haikko.fi Tel. +358 19 576 01



RentBike Finland

See Porvoo by bike! You can rent a bike for a few hours or a couple of days. We offer a wide range of bikes suitable for younger and older riders alike. RentBike Finland can be found under the Mannerheiminkatu bridge at Jokikatu 35 B and is open from May to August.

Find out more: www.rentbikefinland.fi



M/SJ.L. Runeberg

The nostalgic century-old J. L. Runeberg cruises between Helsinki and Porvoo almost every day between May and September. During the cruise you can enjoy a delicious salmon soup lunch or snacks from the café. Departures from Helsinki's Market Square at 10am. Return from Porvoo leaving at 4pm.

Find out more. www.msjlruneberg.fi Tel. +358 19 524 3331



Art Factory

The Art Factory is an inspiring setting for experiencing culture and entertainment. Amidst the superbly converted factory milieu you can enjoy art exhibitions, concerts, movies, shopping and fine food. The Art Factory is just a short walk from the modern centre or old town of Porvoo.

Find out more. www.artfactory.fi
Tel. +358 10 231 8200



VISIT HELSINKI.FI





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finnlines.com

USEFUL INFORMATION

TOURIST INFORMATION

Make the most of Helsinki's tourist services – Helsinki City Tourist Information, brochures and online content, the inexpensive Helsinki Card and authorised Helsinki tour quides.



HELSINKI TOURIST

Tourist Information provides free information about the city, sights, events and services, including a wide selection of brochures and maps. A Helsinki Expert's sales point is also located here. Tourist Information is also available from Helsinki's Expert's sales point located inside the Central Railway Station. During the peak tourism season cruise ship passengers are also served at the Hernesaari and Melkki cruise terminals. At Tourist Information you can use the internet free of charge, make copies for a small charge, and purchase various travel products, including Helsinki Region Transport tickets. Pohioisesplanadi 19 +358 (0)9 3101 3300 tourist.info@hel.fi Open 15 May-14 September: Mon-Fri 9am-8pm, Sat-Sun 9am-6pm Open 15 September-14 May: Mon-Fri 9am-6pm. Sat-Sun 10am-4pm

Helsinki Region Tourist Informa-

www.visithelsinki.fi

tion is located at Helsinki Airport (Terminal 2, Arrival Hall 2). Open: 24-hours, desk manned daily 10am–8pm May to September and 10am–6pm (Sun 12noon–6pm) October to April.

From June to August the streets of Helsinki are patrolled by around 20 young Helsinki Helpers dressed in green offering free advice and help to visitors. Ask them about interesting events and sights or for brochures and maps. The helpers are themselves assisted by Helppi,

our fun mascot who can be seen up and down Esplanade Park. The Helsinki Helpers also serve customers from the Info Container.

VISIT ESPOO

+358 (0)9 8164 7230 visit@espoo.fi www.visitespoo.fi

Tourist Information at citizen's offices:

Leppävaara

Sello Library Matinkylä

Iso Omena

Tapiola

Espoo Cultural Centre

Espoon keskus

Espoonlahti Lippulaiva

Kalajärvi

Ruskatalo

Tapiola Vindängen

. Folkhälsan

+358 (0)9 8165 7070

VANTAA CITY TOURIST INFORMATION Vantaa-info

Ratatie 7, 01300 Vantaa +358 (0)9 8392 2133

Myyrmäki Citizen's Office

Myyrmäkitalo Kilterinraitti 6, 01600 Vantaa +358 (0)9 8393 5455 www.visitvantaa fi

STRÖMMA FINLAND | HELSINKI EXPERT

Helsinki Expert Shops sell the Helsinki Card and tickets for sightseeing tours, archipelago cruises, ferry tickets and package tours to Stockholm, Tallinn and St. Petersburg. Helsinki Expert Shops inside the Central Railway Station and Tourist Information at Pohjoisesplanadi 19 are open in summertime daily and in wintertime Mon-Sat.

Strömma Finland | Helsinki Expert

sales@helsinkiexpert.fi +358 (0)9 2288 1600 Online shop www.stromma.fi

Hire your own guide

Authorised Helsinki tour guides are specially trained experts in Helsinki Region, and their services are available in many languages. Helsinki guides have lots of experience in leading groups, from state visits to school children. Transportation can also be provided along with your guide. Enquiries and reservations:

Strömma Finland | Helsinki Expert

+358 (0)9 2288 1222 sales@helsinkiexpert.fi www.stromma.fi

Create your own Helsinki experience

Purchase your Helsinki Card in advance and plan your own unique Helsinki itinerary on the website www.helsinkicard.fi. Helsinki Card holders are entitled to free, unlimited travel on Helsinki Region Transport (HSL), as well as to free admission to museums and attractions, including Suomenlinna and its museums. The adult card entitles the holder to a free Audio Sightseeing Tour (value €29). The card also offers discounts, for example from restaurants, car rentals and cultural events, as well as a handy city guide and map in 5 languages. The Helsinki Card can also be purchased from Tourist Information, at the airport, at passenger ferry terminals, at the Central Railway Station, and from hotels. The Helsinki Card is valid for 24, 48 or 72 hours, and the time begins when the card is first used.

The price for adults is €39 and for children (7–16) starting from €17. Children under 7 are allowed in free of charge to nearly all Helsinki Card attractions.

www.helsinkicard.fi

The Gay Friendly Helsinki network highlights service providers, from hotels and restaurants to transportation companies and excursions.

www.visithelsinki.fi/LGBTHelsinki

SERVICES

EMERGENCY NUMBERS

General emergencies 112 Police 112 Ambulance and fire 112

24-HOUR HEALTH SERVICE INFORMATION

+358 (0)9 10 023 www.0910023.fi

HOSPITALS 24-hour service:

Haartman Hospital Haartmaninkatu 4 Building 12 +358 (0)9 310 63231/direct

Marian Hospital Lapinlahdenkatu 16 Building 15 C +358 (0)9 310 67204/direct

Mehiläinen-Töölö

(private hospital) Pohjoinen Hesperiankatu 17 C and Runeberginkatu 47 A 3rd floor +358 (0)10 414 3030/direct Mon-Fri 7:30am-10pm, Sat-Sun 8am-10pm

LOST AND FOUND Helsinki Police

Pasilan poliisitalo 1 Pasilanraitio 13, Länsi-Pasila +358 (0)295 417 912 Mon-Fri 9am-1pm www.poliisi.fi

Suomen Löytötavarapalvelu

Mäkelänkatu 56 +358 (0)600 41 006 (€.1.97/min+local network charge) Mon-Fri 10am-6pm, Sat 10am-2pm www.loytotavara.net

Suomen Löytötavarapiste

Kamppi Centre, Narinkka 3 +358 (0)600 04401 (€1.67/min+local network charge) Open: Mon-Fri 11am-6pm www.htp-palvelut.com/loytotavarapiste

BANKS

Banks are generally open on weekdays 10am-4:30pm

Aktia

Mannerheimintie 14 www.aktia.fi

Danske Bank

Kaivokatu 6 www.danskebank.fi

Nordea

Aleksanterinkatu 30 www.nordea.fi

OP Pankki

Mikonkatu 13 www.op.fi

OTTO. ATMs

Elielinaukio 3 Kaivokatu 1 Postikatu 1 Mikonkatu 19

PHARMACIES

Apteekki Bulevardia

Bulevardi 13

Yliopiston Apteekki

Mannerheimintie 5 Open daily 7am-12midnight Yliopiston Apteekki

Mannerheimintie 96 Open 24/7

CURRENCY EXCHANGE

*Central Railway Station Mon-Fri 9am-8pm, Sat 9am-7pm, Sun 9:30am-5pm *Stockmann, 8th floor Mon-Fri 9am-9pm, Sat 9am-6pm, Sun 12noon-6pm *Mikonkatu 11 Mon-Fri 9am-8pm, Sat 10am-6pm, Sun closed +358 (0)600 550 095 (€1.99/min + local network charge/ mobile call charge) www.forex.fi

Tavex

Mon-Fri 9am-6pm, Sat 10am-4pm, Sun closed * Asematunneli Mon-Fri 10am-6pm, Sat-Sun closed +358 (0)9 6814 9149 www.tavex.fi

*Fabianinkatu 12

POST OFFICE

General Post Office

Elielinaukio 2 F +358 (0)200 71 000 (customer service - local network charge/mobile call charge, Mon-Fri 8am-6pm) Open: Mon-Fri 8am-8pm, Sat 10am-4pm, Sun 12noon-4pm www.posti.fi

LIBRARIES IN THE CITY CENTRE

Admission to libraries is free of charge, and inside you can read books, newspapers and magazines, use the internet, and print and scan documents

Kirjasto 10 (Library 10) Elielinaukio 2G Mon-Thu 8am-10pm, Fri 8am-8pm,

Sat-Sun 12noon-6pm Rikhardinkatu library

Rikhardinkatu 3 Open September-November: Mon-Thu 9am-8pm, Fri 9am-6pm, Sat 10am-4pm, Sun 12noon-4pm www.helmet.fi

PUBLIC TOILETS

Helsinki has over 36 automatic public toilets located in parks and along streets that are open 24/7. They also have wheelchair access. Public toilets are marked on the Helsinki City Map available from Tourist Information. Automatic public toilets can be found beside the Old Market Hall, in Esplanade Park and in Sibelius Park, for example. Price: €0.50

The public toilets on Sofiankatu street are open in wintertime (mid-September to mid-May) daily 9:30am-4pm and in summertime 9:30am-4pm. Price: €0.50



TAXIS

Taksi-Helsinki

+358 (0)100 0700 (€1.17/call + €0.25/10s.

+local call charge)

www.taksihelsinki.fi

Kovanen

+358 (0)200 6060

(€1.66/call + local network charge) www.kovanen.com

Airport taxis

Yellow Line Airport Taxi

+358 (0)600 555 555

(€1.99/call+local network charge) www.airporttaxi.fi

Taxi Point Helsinki-Vantaa Airport

+358 (0)600 550 131

(€1.16/call+local network charge) www.taxipoint.fi

CAR RENTALS

AutoAlex

+358 (0)40 522 3938

www.autoalex.com

Avis

+358 (0)10 4362 200 www.avis.fi

Budget +358 (0)10 4362 300

www.budget.fi

Easyrent

+358 (0)9 773 3443

www.easyrent.fi

Europcar

+358 (0)200 12 154

www.europcar.fi

Finnrent

+358 (0)9 135 5919

www.finn-rent.fi

Hertz

+358 (0)200 112 233

www.hertz.fi

Lacara

+358 (0)9 719 062

www.lacara.net

Scandia Rent

+358 (0)40 135 0011

www.scandiarent.fi

+358 (0) 200 111 222

www.sixt.fi

HOTELS AND OTHER ACCOMMODATION

Helsinki offers plenty of choices for accommodation, including hotels, hostels, apartment hotels and even a campsite. For a full list of accommodation outlets, see: www.visithelsinki.fi Finland does not use official hotel ratings, so the stars after the name are intended as quidelines.

Hotel Kämp****

Pohjoisesplanadi 29, 00100 Helsinki +358 (0)9 576 111 www.hotelkamp.fi Hotel Haven ***** Unioninkatu 17. 00130 Helsinki +358 (0)9 681 930 www.hotelhaven.fi Best Western Premier Hotel Katajanokka **** Merikasarminkatu 1 A 00160 Helsinki +358 (0)9 686 450 www.bwkatajanokka.fi Crowne Plaza *** Mannerheimintie 50 00260 Helsinki +358 (0)9 2521 0000 www.crowneplaza-helsinki.fi Hilton Helsinki

Kalastajatorppa **

00330 Helsinki

+358 (0)9 458 11

Kalastajatorpantie 1

www.hiltonnordics.com/fin

Hilton Helsinki Strand

John Stenbergin ranta 4 00530 Helsinki +358 (0)9 39 351 www.helsinki-strand.hilton. com

Holiday Inn Helsinki -Messukeskus ****

Messuaukio 1 00520 Helsinki +358 (0)9 150 900 www.finland.holidayinn.com

Holiday Inn Helsinki City Centre ****

Elielinaukio 5 00100 Helsinki +358 (0)9 5425 5000 www.finland.holidayinn.com

Holiday Inn Helsinki West Ruoholahti ****

Sulhasenkuja 3 00180 Helsinki +358 (0)9 4152 1000 www.finland.holidayinn.com

Hotel Fabian ****
Fabianinkatu 7
00130 Helsinki
+358 (0)9 6128 2000
www.hotelfabian.fi

GLO Hotelli Helsinki Kluuvi **** Kluuvikatu 4

00100 Helsinki +358 (0)10 344 4400 www.glohotels.fi GLO Hotelli Helsinki

Art **** Lönnrotinkatu 29 00180 Helsinki

00180 Helsinki +358 (0)10 344 4100 www.glohotels.fi

Hotelli Seurahuone Helsinki ****

Kaivokatu 12 00100 Helsinki +358 (0)9 69 141 www.hotelliseurahuone.fi

Klaus K ****
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00120 Helsinki
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www.klauskhotel.com

Radisson Blu Plaza Hotel ****

Mikonkatu 23 00100 Helsinki +358 (0)20 1234 703 www.radissonblu.fi

Radisson Blu Royal Hotel **** Runeberginkatu 2 00100 Helsinki +358 (0)20 1234 701

www.radissonblu.fi Radisson Blu Seaside Hotel ****

Ruoholahdenranta 3 00180 Helsinki +358 (0)20 1234 707 www.radissonblu.fi

Scandic Continental **** Mannerheimintie 46, 00260 Helsinki

+358 (0)9 47 371 www.scandichotels.fi Scandic Grand Marina ****

Katajanokanlaituri 7 00160 Helsinki +358 (0)9 16 661 www.scandichotels.fi Scandic Marski ****

Mannerheimintie 10 00100 Helsinki +358 (0)9 68 061 www.scandichotels.fi

Scandic Simonkenttä

Simonkatu 9 00100 Helsinki +358 (0)9 68 380 www.scandichotels.fi Scandic Paasi ** Paasivuorenkatu 5 B 00530 Helsinki +358 (0)9 2311 700 www.scandichotels.fi **Original Sokos** Hotel Albert ** Albertinkatu 30 00120 Helsinki +358 (0)20 1234 638 www.sokoshotels.fi Solo Sokos Hotel Aleksanteri ** Alhertinkatu 34 00180 Helsinki +358 (0)20 1234 643 www.sokoshotels.fi Solo Sokos Hotel Torni ****

Yrjönkatu 26, 00100 Helsinki +358 (0)20 1234 604 www.sokoshotels.fi

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RASTILA Camping

Rastila Camping Helsinki, t. +358 9 310 78517, rastilacamping@hel.fi Summer Hostel Karavaani, t. +358 9 310 71441, hostelkaravaani@hel.fi Karavaanikatu 4, 00980 Helsinki



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00530 Helsinki

www.cumulus.fi

00100 Helsinki +358 (0)9 172 881 www.cumulus.fi

Hotelli Cumulus

Kaisaniemenkatu 7

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PLACES ON THE MAP



Tourist Information

- 1. Helsinki Cathedral
- 2. Senate Square (departure point for Hop On Hop Off buses)
- 3. Government Palace
- 4. University of Helsinki (Main Buildina)
- 5. National Library of Finland
- 6. Tori Ouarter
- 7. Helsinki City Hall (Virka Info & Virka Galleria)
- 8. Helsinki City Museum
- 9. Departure point for Hop On Hop Off buses (alternative)
- 10. Market Square
- 11. Old Market Hall
- 12. Suomenlinna Maritime Fortress
- 13. Presidential Palace
- 14. Uspenski Cathedral
- 15. Departure point for sightseeing cruises
- 16. Waterbus to Suomenlinna (JT-Line)
- 17. Municipal ferry to Suomenlinna (HSL)
- 18. Waterbus to Helsinki Zoo
- 19. Havis Amanda fountain
- 20. Esplanade Park, Fabianinkatu (departure point for Helsinki Expert Panorama sightseeing tours)

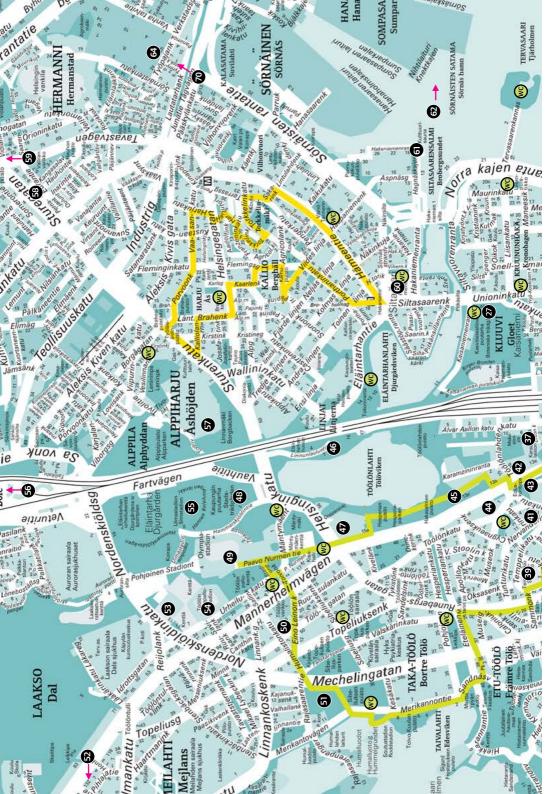
- 21. Helsinki Observatory
- 22. Design Museum
- 23. Design Forum Finland
- 24. Sinebrychoff Art Museum
- 25. Kaapelitehdas (Cable Factory)
- 26. Kaisa-talo
- 27. Kaisaniemi Botanic Garden
- 28. Ateneum Art Museum
- 29. Central Railway Station
- 30. Amos Anderson Art Museum
- 31. Lasipalatsi
- 32. Kamppi Chapel
- 33. Narinkkatori & Laituri
- 34. Central Bus Station, Kamppi & Kamppi Shopping Centre
- 35. Tennispalatsi (Tennis Palace Art Museum, reopens in autumn 2015)
- 36. General Post Office
- 37. Sanomatalo
- 38. Museum of Contemporary Art Kiasma
- 39. Temppeliaukio Church
- 40. Natural History Museum
- 41. Kunsthalle Helsinki
- 42. Helsinki Music Centre
- 43. Parliament House
- 44. National Museum of Finland
- 45 Finlandia Hall
- 46. Linnunlaulu district (wooden villas)
- 47. Finnish National Opera
- 48. Winter Garden
- 49. Olympic Stadium & Stadium Tower

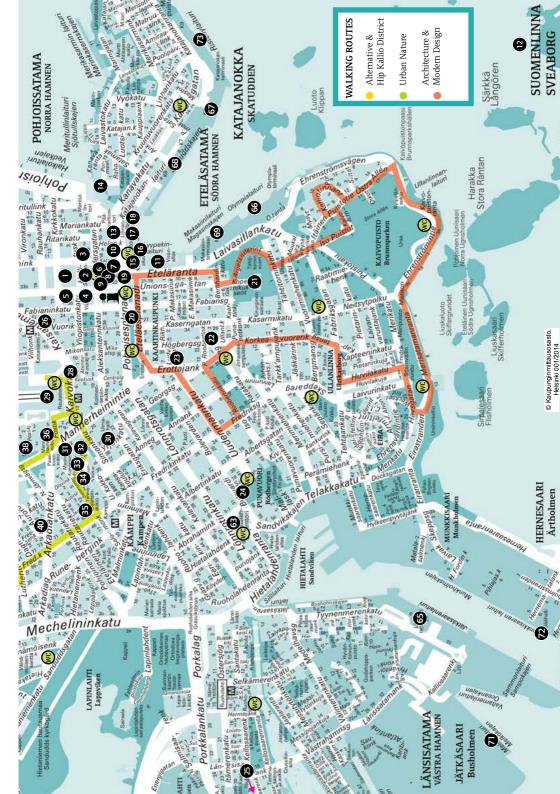
- 50. Korjaamo Culture Factory
- 51. Sibelius Monument
- 52. Seurasaari
- 53. Helsingin Jäähalli (Helsinki Ice Hall)
- 54. Sonera Stadium
- 55. Swimming Stadium
- 56. Messukeskus
- 57. Linnanmäki Amusement Park & Sea Life 58. Tropicario
- 59. Arabia Factory and Museum
- 60. Hakaniemi Market & Market Hall
- 61. Kulttuurisauna "Culture Sauna"
- 62 Helsinki Zoo
- 63. Hietalahti Market Hall
- 64. Culinary & Urban Culture Centre Teurastamo (Abattoir) **HARBOURS**

65. Länsiterminaali (West Terminal)

- 66. Olympiaterminaali
- (Olympic Terminal) 67. Katajanokan terminaali
- (Katajanokka Terminal Viking Line)
- 68. Kanavalaituri (EKL)
- 69 Makasiiniterminaali
- (Makasiini Terminal)
- 70. Vuosaari Harbour, Hansaterminaali (Hansa Terminal)
- Melkki Cruise Terminal (LMA)
- 72. Hernesaari Cruise Terminal (LHB & LHC)
- 73. Katajanokka Cruise Terminal (ERA & ERB)









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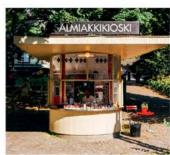




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