

Piano Practice Causes Disease

Declares Dr. Waelzhold in an Article on "Music and Nerves."

Chlorosis, Neurosis and Other Nervous Disorders From Which So Many Girls Suffer said to be the result of "Hammering the Keyboard."

GO TO James G. Smith WEST FIRST ST. FOR Wrapping Paper

E. H. CHASE PAINTING, PAPER HANGING and Soft Wood Finishing.

TRY CORNING'S Cascara Tea Tones up System, Purifies the Blood.

You Want Your Laundry Right, Don't You? Then bring it to THE STAR-PALACE.

HENDERSON & LINCOLN Undertakers and Embalmers 107 East Second St.

MONARCH POLISH MAKES OLD LOOK NEW!

STATLER'S BREAKFAST DINNERS

SHERMAN. April 2.—The Universalist society held services in its church from Monday until Friday inclusive.

DELIGHTFUL RELIEF FROM CATARRH—Here is one of the thousand such testimonials.

CITY ELECTION.

ONLY ONE DEMOCRAT CHOSEN IN THE CITY WEDSDAY.

David Maloney Defeated George H. Benson For Alderman in the Sixth Ward—Other Than This the Entire Republican Ticket Was Elected—The Sewer Proposition Carried.

Jamestown's municipal election passed off very quietly Tuesday. There was little excitement, although hard work was done all day in behalf of Nicholas Ahrend, Democratic-Independent candidate for overseer of the poor, and in the First and Sixth wards for the different candidates for aldermen.

It will be gratifying to the citizens generally to learn that the special election on the question of appropriating \$65,000 for the extension of the sewer system was carried by a large majority, only two or three districts in the city giving a majority against the proposition.

Following is the ticket as elected: Mayor, J. Emil Johnson.

Assessor, Andrew Rundquist. Justice of the peace, D. D. Woodford.

Game constable, Alfred C. Peterson. There were no nominees for game constable office, but a few votes being cast for Mr. Peterson he will necessarily be declared elected to the office.

Below will be found tabulated statements giving the vote by districts on the principal offices:

Table with columns: For Mayor, For City Clerk, and various districts. Includes names like Johnson, Williams, D., etc.

Overseer of the Poor. Oversee of the Poor. Oversee of the Poor.

Table with columns: First ward, Second ward, Third ward, etc. Includes names like Johnson, Williams, D., etc.

YOUR FAMILY TREE.

The Library Seeking to Supply That Kind of Timber—Books Soon to Be Received.

A few days since in one of the Buffalo papers was noticed the following remark of a librarian: "The department of local history and genealogy is the most popular branch of reference library work today."

The first finding list of the library published nine years ago, did not contain a single work on genealogy, but within the past few years quite a useful collection of such books has been acquired.

There are doubtless very many such books as are mentioned above scattered through families in this region. They are probably many of them seldom consulted, get "lost, strayed, stolen," or—borrowed, and cannot be found when wanted.

In this connection it is proper to say that very many people of this city and county might contribute to the usefulness of the library in this department.

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It is hardly necessary to say that the works of which we have been speaking belong to the reference department and cannot be removed from the building, but every facility and all needed assistance to their study will be cheerfully given at the institution.

Why Grindling. The finer the better for paint, no matter what paint, all paint, and the best is Devoe lead and zinc. It is ground together.

If troubled with rheumatism, give Chamberlain's Pain-Balm a trial. It will not cost you a cent if it does no good.

Fuddle—"You know Stocks, don't you?" Doctor—"Yes, indeed. He is now a patient of mine."

SOMETIMES YOU EAT TOO MUCH SOMETIMES YOU DRINK TOO MUCH Sometimes you do both

Leaving a bad taste, clouded brain and general sickly feeling for the next day.

Johnson's STOMACH TABLETS

Wm. Brown You Up. Nothing so good for Stomach Troubles, Biliousness or Malaria, and you so cheap.

CUSHMAN, JEWELER. 11 Main Street.

SOLDIER'S LETTER.

Hqrs. 3d. Bat., 46th Regt. Binn. Legion, P. I. Feb. 1, 1900.

I have intended to write to you every week, but I have not been able to because I have been "hiking" around the country ever since the 2d of January.

Last week John Combar shot and killed Herman Larson from Jamestown while he lay sleeping in his quarters. Combar is that red-headed Irishman that was in the same tent with me at Framingham.

We are having very nice weather here only it is hotter than hades. We have only had three rains since we landed and they were only showers.

Every other night we have to go on patrol and it is fun too. The beat extends from the company street out to the outpost about a mile one way, and about a half mile the other way to an old bridge.

Our food is excellent and there is plenty of it, although a nice chocolate cake wouldn't go bad. I wish you could send me a few fine chocolate creams or some chewing gum.

The natives here are very filthy; nearly every one is completely covered with what is called "adohe" itch. You can see them going around the streets scratching themselves.

Everybody smokes, even the girls are seen walking along the streets with big cigars in their mouths. The women go around with a cigarette in their mouths, chewing bettenuit, the juice of which runs down the cigarette, coloring it a bright red.

Bananas here are worth three cents a dozen, oranges seven cents, eggs 15 cents, coconuts four for five cents.

We went out scouting parties every day but no trace is found of the insurgents, except a few rifles, of which a few are found nearly every time.

A few days ago Pedro Sopez de Leon, a lieutenant colonel of the insurgent army, came in and surrendered to Major Brooks, who sent him to Manila in charge of Lieutenant Webb to report to the headquarters of the 1st Div. 8th Army corps.

ENGLAND'S DRINK BILL. It Has Averaged Ninety Million Pounds Sterling Yearly Since the Year 1800.

In 1899 the gallons of British spirits consumed in England were 35,770,251, and of colonial spirits 8,583,781, a total of 44,354,032 gallons.

NASAL CATARRH quickly yields to treatment by ELY'S Cream Balm, which is agreeably aromatic. It is received through the nostrils, cleanses and heals the whole surface over which it diffuses itself.

J. I. Carson, Prothonotary, Washington, Pa., says: "I have found Kodol Dyspepsia Cure an excellent remedy in case of stomach troubles, and have derived great benefit from its use."

There is reason to believe that at least nine thousand million pounds sterling have been expended upon intoxicating liquors by the people of the United Kingdom in the century from 1800 to 1899 inclusive.

OUR MODEL MEAT MARKET. If you are a... inquiring disposition, here's place to look through.

How Many Cups

How many cups of flour do you use in a batch of bread? How many cups to a loaf? No matter how your recipe reads use one-fifth more water when you use Gold Medal Flour.

It's an established fact that Gold Medal Flour makes from 40 to 60 more loaves to the barrel than ordinary flour and over 20 loaves more than the highest-priced flour on the market.

Take this into consideration when you buy flour. Then remember that Gold Medal Flour is made from the best Spring wheat grown in the finest wheat growing district in the world, and contains more nutritive value than any other flour milled.

WASHBURN, CROSBY'S Gold Medal FLOUR

Take this into consideration when you buy flour. Then remember that Gold Medal Flour is made from the best Spring wheat grown in the finest wheat growing district in the world, and contains more nutritive value than any other flour milled.

WASHBURN, CROSBY CO., Minneapolis, Minn.

In a Loaf

firm "the national consumption of alcoholic beverages has increased increasing and ought to be diminished," the eyes would have it with most unanimity.

The consumption of intoxicating drinks, and the expenditure upon them, is not co-equal in the three countries composing the United Kingdom.

As alcohol is the intoxicating ingredient in wine, beer and spirits, it is interesting to note that the liquors consumed in England contained 79,782,063 gallons of alcohol, or 2.51 per head; in Scotland, 7,565,585 gallons, or 1.84; in Ireland, 7,267,234, or 1.69 per head.

In the face of this enormous and increasing consumption of intoxicating liquors, what is to be said, and above all, what is to be done? If, to parody a well-known incident in British history, any assembly were asked to affirm "the national consumption of alcoholic beverages has increased increasing and ought to be diminished," the eyes would have it with most unanimity.

Clark Bros., druggists, MAIN, COR.

To Cure Nervousness Speedily To Cure Constipation Easily To Cure Dyspepsia Thoroughly To Cure Kidney Trouble Forever

Clark Bros., druggists, MAIN, COR.

If You Believe Everything You Read

You at least, ought to be influenced by what you read here: tell you things as they are, as you can easily find out by coming to store.

OUR MODEL MEAT MARKET. If you are a... inquiring disposition, here's place to look through.

The Arcade COOK & TREAT 30-32 MAIN