

## TRANSPORTATION

# ALBANY DIVISION TIMETABLE NO. 4 

EFFECTIVE<br>MONDAY, NOVEMBER 1, 2004 AT 0001 HOURS CSX STANDARD TIME

J.C. Decker

Division Manager

TABLE OF CONTENTS


## GENERAL

Unless otherwise indicated on subdivision pages, the Train Dispatcher controls all Main Tracks, Sidings, Interlockings, Controlled Points and Yard Limits.

## STATION LISTING AND DIAGRAM PAGES

## 1- HEADING

The subdivision is identified by name and by 2 letter identifier

## 2 - COLUMN HEADINGS AND LISTINGS

## A. AUTHORIZED SPEED

The maximum speed permitted between mileposts listed. This may also include restrictions over road crossings or other defined locations. Where speeds differ between various classes of trains, they will be listed in separate columns.

Abbreviations used are (P) - Passenger, (F) - Freight. Designations for other trains will be identified in Subdivision Special Instructions. Where speeds differ in multiple track territory, the speeds for individual tracks will be listed. Special speeds, such as city ordinances, will be shown in shaded blocks.

## B. MILE POST

The alpha-numeric mile post for the station or reference point. At locations to check speed indicators the mileposts will be listed without alpha prefixes and will be shown with a wide border.

## C. STATION

The Controlled Point, Interlocking, Station or other reference point name. The miles between stations listed in bold letters will be shown on the right side of the column and total miles will be shown at end of diagram.

## D. TRACK DIAGRAM

The timetable assigned direction from the first listing to the last is defined above the track diagram by arrows and direction.

## E. TWC - Track Warrant Control Rules

TWC-DTC - Listing of TWC-DTC blocks for permanent or temporary use.

TWC-DCS - Listing TWC-DCS stations with the letter 'D' for permanent or temporary use as dispatching points.

## F. AUTH FOR MOVE (AUTHORITY FOR MOVEMENT)

The authority for movement rules applicable to the track segment of the subdivision.

## G. NOTES

Where station page information may need to be further defined, a note will refer to "STATION PAGE NOTES" listed at the end of the diagram.

## 3 - SYMBOLS USED IN THE DIAGRAM

N - North, S - South, E - East, W - West;
NB - Northbound, SB - Southbound,
EB - Eastbound, WB - Westbound
Mile post used for checking speed indicator accuracy will be shown without alpha prefixes and will be bordered like this:

| (P) | Passenger Station |
| :--- | :--- |
| CP | Controlled Point |
| (X) | Interlocking |
| (R) | Remotely Controlled |
| RT | Running Track |
| IT | Industrial Track |
| SS | Spring Switch |
| (A) | Automatic |
| ABS | Automatic Block Signal Rules |
| CPS | Control Point Signal Rules |
| TTB | Through Truss Bridge |
| CSS | Cab Signal System Rules |
| ATC | Automatic Train Control Rules |
| EQHR | Equipment Handling Rules |
| SDF | Slide Detector Fence |
| SDS | Slide Detector Signal |
| SDG | Siding |
| SSDG | Signaled Siding |
| CSDG | Controlled Siding |
| ABTH | Air Brake Train Handling Rules |

Communications text boxes show Dispatcher, Operator, Yardmaster or other station. AAR channel, call-in tone and where used, the number of "clicks" to call the station. If there is a separate

```
                                    CM DISP.
                                    CM M M -7
                                    RD-08
``` road channel, it will be shown as "RD -"

\section*{Defect Detectors}
\begin{tabular}{ll} 
(1) & Type 1 (Equipment Handling Rules) \\
(2) & Type 2 (Equipment Handling Rules) \\
AD & Audible Detector \\
DED & Dragging Equipment Detector \\
DEDAC & Dragging Equipment Detector, Axle Counter \\
HBD & Hot Box Detector \\
HCD & High Car Detector \\
HCDAD & High Car Detector, Axle Counter \\
HWD & Hot Wheel Detector \\
PDD & Protruding Door Detector \\
SWD & Sliding Wheel Detector \\
WID & Wheel Impact Detector
\end{tabular}

LEGEND - SAMPLE SUBDIVISION -SS

\begin{tabular}{|c|c|c|c|}
\hline \multicolumn{4}{|c|}{NORTH REGION} \\
\hline & & \begin{tabular}{l}
chek \\
sident \\
Center \\
7th Street \\
, IL 60409
\end{tabular} & \\
\hline \multicolumn{4}{|c|}{\begin{tabular}{l}
ALBANY DIVISION OFFICERS \\
One Bell Crossing Road \\
Selkirk, NY 12158 \\
J. C. Decker Division Manager
\end{tabular}} \\
\hline Assistant Division Manager & K. M. O'Toole Superintendent Line of Road & \begin{tabular}{l}
J. V. Distefano \\
Senior Road Foreman of Engines
\end{tabular} & \begin{tabular}{l}
M. B. Cross \\
Manager Safety \& Operating Practices
\end{tabular} \\
\hline D. J. Spatafore Division Engineer & D. J. Broadbent Mechanical Superintendent & W. C. Emerson Division Signal Engineer & \begin{tabular}{l}
D. J. Dunlavey \\
Manager Conductor Training
\end{tabular} \\
\hline Location and Names & Title & Location and Names & Title \\
\hline \begin{tabular}{l}
Buffalo, NY \\
L. D. Dellinger
\end{tabular} & Terminal Superintendent & \begin{tabular}{l}
Selkirk, NY - Train Dispatcher Office \\
R. A. Durden \\
R. A. Saladino
\end{tabular} & Director Train Operations Chief Train Dispatcher \\
\hline \multicolumn{4}{|l|}{} \\
\hline T. A. Lewandowski & Assistant Terminal Superintendent & Selkirk, NY (Selkirk Yard) & \\
\hline D. A. Vile & Trainmaster & W. M. Keough & Terminal Superintendent \\
\hline T. J. Ferris V & Trainmaster & R. F. Knaack & Assistant Terminal Superintendent \\
\hline J. P. Connelly III & Trainmaster & C. E. Moriarity & Trainmaster \\
\hline T. J. Ferris & Trainmaster & J. M. Brady & Trainmaster \\
\hline R. R. Taylor Jr & Trainmaster & T. J. Cook & Trainmaster \\
\hline R. J. Husted & Road Foreman & J. W. Sutton & Trainmaster \\
\hline J. D. Ochtyun & Road Foreman & J. M. Monette & Trainmaster \\
\hline R. D. Wilson & Road Foreman & R. F. Mooney & Road Foreman \\
\hline & & D. Puckett & Road Foreman \\
\hline \begin{tabular}{l}
Niagara Falls, NY \\
G. M. Cochrane
\end{tabular} & Trainmaster & M. J. Novenche & Road Foreman \\
\hline  &  & Kingston, NY & \\
\hline Erie, PA & & W. W. Deyo & Roadforeman \\
\hline J. R. Kane & Trainmaster & Oak Point, NY & \\
\hline Rochester, NY & & D. R. Brown & Trainmaster \\
\hline C. R. Englund & Trainmaster & M. J. Nuchurch & Trainmaster \\
\hline Syracuse, NY & & Framingham, MA & \\
\hline M. G. MacDonald & Terminal Manager & J. J. O'Neill & Trainmaster \\
\hline J. H. Schuyler & Trainmaster & M. E. Lennox & Trainmaster \\
\hline W. E. Tarvin & Trainmaster & & \\
\hline J. A. Connell & Trainmaster & Worcester, MA & \\
\hline M. G. Machenburg & Trainmaster & R. C. McGovern & Terminal Manager \\
\hline M. H. Fradette & Road Foreman & S. F. Wilson & Road Foreman \\
\hline Watertown, NY & & West Springfield, MA & \\
\hline R. J. Ketterer & Trainmaster & \begin{tabular}{l}
J. M. Cronin \\
G. T. Willey
\end{tabular} & Trainmaster Road Foreman \\
\hline \begin{tabular}{l}
Massena, NY \\
S. J. Conn
\end{tabular} & Trainmaster & \begin{tabular}{l}
Readville, MA \\
A. L. Scott
\end{tabular} & Trainmaster \\
\hline South Schenectady, NY G. M. Davis & Trainmaster & \begin{tabular}{l}
Middleboro, MA \\
T. D. Donaldson
\end{tabular} & Trainmaster \\
\hline
\end{tabular}
\begin{tabular}{|c|c|c|c|c|c|}
\hline \multicolumn{6}{|c|}{\begin{tabular}{l}
ALBANY TRAIN DISPATCHING OFFICE \\
One Bell Crossing Road \\
Selkirk, NY 12158
\end{tabular}} \\
\hline & RNX & BELL & & RNX & BELL \\
\hline Director Train Operations & 245-6900 & 518-767-6900 & Chief Train Dispatcher & 245-6007 & 518-767-6007 \\
\hline Chief Train Dispatcher & 245-6900 & 518-767-6900 & & & \\
\hline Boston Assistant Chief & 245-6102 & 518-767-6102 & Buffalo Assistant Chief & 245-6103 & 518-767-6103 \\
\hline \begin{tabular}{l}
NA Dispatcher \\
Boston Subdivision Fall River Subdivision Fitchburg Subdivision Framingham Subdivision Middleboro Subdivision New Bedford Subdivision \\
NB Dispatcher \\
Berkshire Subdivision Post Road Subdivision
\end{tabular} & \[
245-6111
\]
\[
245-6112
\] & \begin{tabular}{l}
518-767-6111 \\
518-767-6112
\end{tabular} & \begin{tabular}{l}
NF Dispatcher \\
Rochester Subdivision West Shore Subdivision \\
NG Dispatcher \\
Belt Subdivision Buffalo Terminal Subdivision Lockport Subdivision Niagara Subdivision Somerset RR \\
NH Dispatcher \\
Lake Shore Subdivision
\end{tabular} & 245-6116
\[
245-6117
\]
245-6118 & \begin{tabular}{l}
518-767-6116 \\
518-767-6117 \\
518-767-6118
\end{tabular} \\
\hline Mohawk Assistant Chief & 245-6101 & 518-767-6101 & River Assistant Chief & 245-6122 & 618-767-6122 \\
\hline \begin{tabular}{l}
NC Dispatcher \\
Carman Subdivision Hudson Subdivision Schodack Subdivision Selkirk Subdivision
\end{tabular} & \[
245-6113
\] & 518-767-6113 & \begin{tabular}{l}
NI Dispatcher \\
Harrisburg Subdivision (Balt.Div) Herbert Subdivision (Balt.Div) Landover Subdivision (Balt.Div.) Popes Creek Subdivision (Balt.) Trenton Supdivision (Balt.Div.)
\end{tabular} & 245-6119 & 518-767-6119 \\
\hline \begin{tabular}{l}
ND Dispatcher \\
Fair Grounds Subdivision Mohawk Subdivision \\
NE Dispatcher
\end{tabular} & \[
245-6114
\]
\[
245-6115
\] & \begin{tabular}{l}
518-767-6114 \\
518-767-6115
\end{tabular} & \begin{tabular}{l}
NJ Dispatcher \\
Bergen Subdivision (Balt.Div.) Castleton Subdivision Port Subdivision River Subdivision
\end{tabular} & 245-6120 & 518-767-6120 \\
\hline Baldwinsville Subdivision Fulton Subdivision Montreal Subdivision St. Lawrence Subdivision & & & & & \\
\hline
\end{tabular}


BALDWINSVILLE SUBDIVISION - BI


\section*{STATION PAGE NOTES}

NOTE 1: Southbound trains entering the FAIR GROUNDS SD, must not pass the signal at CP-SALT without communicating with the ND Dispatcher. NOTE 2: Track Out-of-Service between MP QCB 22.1 and MP QCB 34.7.
1. INSTRUCTIONS RELATING TO OPERATING RULES
1. Between SALT and OSWEGO - Rusty rail conditions exist. CSX Operating Rule 100-E applies.
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(263,000 \mathrm{lbs}\) authorized.

\section*{7. MISCELLANEOUS}
1. Raddison Yard - When shoving cars, do not ride the side of cars beyond the last switch to the Brew House.
2. Track north of HAWK, MP QCB 22.1 Owned by NRG Corp.
3. Track Out-Of-Service, between MP QCB 22.1 and MP QCB 34.7.

NOTES

BELT SUBDIVISION - BE


\section*{STATION PAGE NOTES}

NOTE 1: HCD for Northbound trains operating north of \(\mathrm{CP}-\mathrm{T}\), only. (See Instructions Relating to Restricted Equipment).
NOTE 2: LOOP LEAD, Refer to Division Special Instruction 228-2.

\section*{BELT SUBDIVISION SPECIAL INSTRUCTIONS}
1. INSTRUCTIONS RELATING TO OPERATING RULES
1. Division Special Instruction 228-2 applies on the Loop Lead.
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
*Exception, Selkirk long pool, home terminal Selkirk, will only be required to qualify on the Buffalo Terminal Subdivision between CP-429 and CP-437

Employees that need to qualify on the above territory can contact the road foreman at Buffalo to make an appointment to take the characteristics exam.
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(286,000 \mathrm{lbs}\) authorized.
2. Between CP-Sycamore and CP-I
A. Equipment over 19'10" is prohibited on No. 2 Track.
B. Equipment over \(20^{\prime} 2^{\prime \prime}\) is prohibited on No. 1 Track.
7. MISCELLANEOUS
1. QUALIFICATIONS - BUFFALO TERMINAL

Buffalo Terminal is a consolidated terminal that includes all yards and associated trackage within the following limits:
A. Buffalo Terminal Subdivision.
B. Lake Shore Subdivision between CP-2 and MP QD 8.0.
C. Belt Line Subdivision.
D. Niagara Subdivision between

CP-437 and MP QDN 9.3.
Train and engine road crews qualifying into Buffalo are required to qualify in the Buffalo consolidated terminal.

BERKSHIRE SUBDIVISION - BK


BERKSHIRE SUBDIVISION - BK


BERKSHIRE SUBDIVISION - BK


\section*{BERKSHIRE SUBDIVISION - BK}


\section*{STATION PAGE NOTES}

NOTE 1: Passenger Trains discharging passengers across tracks between their train and the station platform at Springfield and Pittsfield will be protected against trains moving on tracks between their train and the station platform. The NB Dispatcher will be responsible for such protection.
NOTE 2: "CC" signs located at MP 101.4. Eastward trains operating on \#1 and \#2 track must not pass the "CC" signs unless Cab Signal indication is more favorable than Restricting or verbal permission is received from Train Dispatcher.
NOTE 3: Pushers operating between CP-123 and CP-147 must have brake pipe hoses connected and air cut in from the train. Pusher locomotives will be set up per instructions in the ABTH Rules 5600-5605. Train will stop to detach pusher. Engineer will keep pusher against train until stopped. After pusher has cut off from rear of the train, allow sufficient time for the train air brake equipment to recharge. Pusher limited to one (1) unit except as authorized by the Superintendent.
NOTE 4: Westward trains with 30 or more cars of mineral freight (stone, ore, sand, or coal) operating on No. 1 Track or No. 2 Track must not exceed 30 MPH between MP 142.0 and CP-147.

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT

NONE

\section*{7. MISCELLANEOUS}
1. Prior to departing initial terminal train dispatcher must be informed if there is a condition or equipment restriction that would prevent the use of a pusher.

NOTE: These cab signal indications apply on the Boston Subdivision and the Berkshire Subdivisions only.

The following exceptions authorized for train and engines not equipped with cab signals:

\footnotetext{
Work, Wreck and Ballast Cleaners to and from work.
Engines moving to and from shops.
Engines used in switching and transfer service, with or without
cars, as follows:
Between CP-92 and CP-187 (Berkshire SD)
}

\section*{2. INSTRUCTIONS RELATING TO OPERATING RULES}

NONE

\section*{3. INSTRUCTIONS RELATING TO SAFETY RULES}

NONE
\(=\) Train to proceed at Limited Speed to the next interlocking signal, or until cab signal aspect changes

Approach = Train may proceed at Medium Speed to the next interlocking signal, or until cab signal aspect changes.

Restricting
\(\left.\begin{array}{ll}\text { Clear } & \begin{array}{l}\text { Train to proceed at } \\ \text { Approach } \\ \text { Limited Speed to the }\end{array} \\ \text { next interlocking signal, } \\ \text { or until cab signal aspect } \\ \text { changes }\end{array}\right\}\) Conforming cab signal aspects as shown in CSX Signal Aspects and Indications Rules also apply.
2. Wayside signals are used at Controlled Points only. Between Controlled Points train movement is governed by continuous cab signals.
3. Following aspects will be displayed and notes listed will apply to the cab signal indications.
星

\section*{1. INSTRUCTIONS RELATING TO} OPERATING RULES

\section*{CSS 362-363}
1. CSS Cab Signals Without Fixed Automatic Block Signals, Rule 362 and 363 apply. Rules 354 and 356 do not apply.

BOSTON SUBDIVISION - BO


BOSTON SUBDIVISION - BO


BOSTON SUBDIVISION - BO


BOSTON SUBDIVISION - BO


BOSTON SUBDIVISION - BO


\section*{STATION PAGE NOTES}

NOTE 1: Headlight must be dimmed on the leading end of all trains and engines by day and by night between MP 0.5 and MP 10.75 (Turnpike Bridge), except when visibility is poor.
NOTE 2: Grand Junction Running Track, Beacon Park to MP 7.5, in charge of Beacon Park Yardmaster.
NOTE 3: HCD In service for Westward trains departing Beacon Park yard, readout in Yardmaster's office.
NOTE 4: Passenger Trains discharging or boarding passengers from across tracks between their train and the station platform at Newtonville, West Newton, and Auburndale will be protected against trains moving on tracks between their train and the station platform. The NA Train Dispatcher will be responsible for such protection.
NOTE 5: HCD In service for Eastward trains. Height detector signal (Lunar White Light) located on north side of No. 1 Track and south side of No. 2 Track at MP 20.1 HCD located on wesbound signal bridge at CP - 21. If height detector is activated (STEADY - CONTINOUS LIGHT), Engineer, after rear of train clears Bishop St., will stop train as soon as safe train handling will permit and contact the NA Dispatcher for instructions.

NOTE 6: Eastbound (EB) speed for Passenger and Freight trains is Head-End speed only from eastbound home signal at CP - 22 to the eastbound home signal at CP - 21 .
NOTE 7: Westbound (WB) speed for freight trains is Head-End only through interlocking limits of CP - 22.
NOTE 8: Eastward trains stopped at Framingham Passenger Station. Push button control box in service to activate Concord St. grade crossing warning devices. After the NA dispatcher requests eastbound signal, eastbound signal at CP - 21 will remain at stop until push-button is activated and the grade crossing gates are in the horizontal position.
NOTE 9: Westward movements using the Station Track at CP-21 must not pass the fouling point sign without permission of the Framingham Yardmaster. If unable to contact the Yardmaster or when no Yardmaster on duty, contact Train Dispatcher for instructions.
NOTE 10: "CC" signs for Eastward movements on No. 1 and No. 2 Tracks located 1000 feet west of Cherry St. grade crossing, Ashland MA.
"CC" signs for Westward movements on No. 1 and No. 2 Tracks located 440 feet east of Main Street grade crossing, Ashland, MA. Trains must not pass "CC" signs (for their direction) unless cab signal indication is more favorable than restricting or verbal permission is received from the NA Dispatcher.
NOTE 11: Signs placed on P\&W R.R. property at CSXT's connection to the P\&W R.R.'s Gardner Branch and at the ST R.R.'s connection at Barbers, in Worcester.
"P\&W R.R. ENTER ONLY WITH DISPATCHER APPROVAL"
All movements must contact the P\&W Train Dispatcher prior to entering P\&W R.R. property. If unable to contact the P\&W Train Dispatcher, contact the CSXT NA Dispatcher for instruction. When no P\&W Train Dispatcher on duty, CSXT NA Dispatcher may give permission to enter P\&W R.R. property.
NOTE 12: CP-83
TRAINS: When a Stop Signal is displayed and permission to pass is received from the NA Dispatcher, crew must follow instructions, for operation of knife switch, in control box at the diamond before passing Stop Signal. Knife switch may be restored after train occupies the Interlocking.
ENGINEERING - ON TRACK EQUIPMENT : Must stop and receive verbal permission to pass the Stop Signal from the Train Dispatcher. A second stop must be made, clear of the NECR diamond. If no conflicting movement is observed standing or approaching, movement may resume. If a conflicting move is observed, the track car driver must follow the instructions, for operation of knife switch, in the control box at the diamond.
When the movement involved multiple pieces of on track equipment, the instructions, for operation of the knife switch, MUST be followed. Do not restore knife switch until the last track car has cleared the diamond.
NOTE 13: Station Track Worcester, Passenger Train equipment only, No Freight movement permitted.
1. INSTRUCTIONS RELATING TO OPERATING RULES
1. CSS Cab Signals without fixed automatic block signals, Rule 362 and 363 apply. Rules 354 and 356 do not apply.
2. Wayside signals are used at control points only. Between controlled points train movement is governed by continuous cab signals.
3. Following aspects will be displayed and notes listed will apply to the cab signal indications. Conforming cab signal aspects as shown in CSX Signal Aspects and Indications Rules also apply.

Clear


Approach Limited Approach
\(=\) Train may proceed at Medium Speed to the next interlocking signal, or until cab signal aspect changes.


Restricting

NOTE: These cab signal indications apply on the Boston Subdivision and the Berkshire Subdivisions only.
4. The following exceptions authorized for train and engines not equipped with cab signals:

Work, wreck and ballast cleaners to and from work. Engines moving to and from shops. Engines used in switching and transfer service, with or without cars, as follows:

Between CP-21 and CP-92 (Boston SD)
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE

\section*{3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES}

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE

\section*{5. INSTRUCTIONS RELATING TO AIR BRAKE} AND TRAIN HANDLING RULES
1. Unless permission is received from the NA Dispatcher all intermodal trains operating between Boston and Worcester will operate with only the lead unit on line. Westward intermodal trains will have trailing units isolated. Eastward intermodal trains will shut down or isolate, (temperature permitting) trailing units prior to departing Worcester.
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT.

NONE

\section*{7. MISCELLANEOUS}
1. INSTRUCTIONS FOR THE KNIFE SWITCH OPERATION AT CP-83, PALMER, MA

Any employee on the CSX Boston Subdivision desiring to proceed when the governing signal is at STOP or when no indication is displayed must contact the CSX NA Dispatcher.
1. After receiving permission to pass STOP indication, open the knife switch at the crossing.
2. White indicator lights lighted indicates all signals are displaying STOP, on both the CSX Boston Subdivision and the New England Central Railroad.
3. If white indicator lights are not lighted, then: Employees on the Boston Subdivision MUST PERSONALLY OBSERVE that there are no conflicting movements on the New England Central Railroad.
4. After an employee on the CSX Boston Subdivision has complied with the above instructions, a hand signal to proceed will be given from such a place and in such a manner that there can be no misunderstanding on the part of the employee receiving as to the signal given or as to the train or engine for which it was intended. After the train or engine occupies any portion of the track within the interlocking limits, the knife switch must be restored to the closed position and the box locked.
2. N.E.P. Lead, Grand Jct. RT, restricted speed not exceeding 5 MPH.

BUFFALO TERMINAL SUBDIVISION - B1


BUFFALO TERMINAL SUBDIVISION - B1


\section*{BUFFALO TERMINAL SUBDIVISION - B1}

\section*{STATION PAGE NOTES}

NOTE 1: CP - 431, Controlled Point on Track 3 and Track 4 Only.
NOTE 2: Depew Station - Passenger trains receiving or discharging passengers will be protected by the NG Dispatcher against movements on tracks between their train and the platform.
NOTE 3: CP-437, mileposts change from QC to QD and measure west from CP-437. Distance between MP QC 436.8 and MP QD 0.3 is 0.9 miles.
NOTE 4: Division Special Instruction 228.2 applies on 3 Yard Lead and 4 Yard Lead, Frontier Yard.
NOTE 5: CP - 1 (and associated mileposts) in service on Track 3 only.
NOTE 6: CP-Draw (and associated mileposts) in service on Track 1 and Track 2 only.
NOTE 7: Avenue Running Track in charge of NG Dispatcher.
NOTE 8: South 1 and South 2 Running Tracks in charge of Hump Yardmaster, Frontier Yard.
NOTE 9: Eastbound speed, Head-End only CP - 431 to CP - 429.

\section*{BUFFALO TERMINAL SUBDIVISION - SPECIAL INSTRUCTIONS}

\section*{1. INSTRUCTIONS RELATING TO} OPERATING RULES
1. Division Special Instruction 228.2 applies on 3 Yard Lead and 4 Yard Lead, Frontier Yard.
2. INSTRUCTIONS RELATING TO SAFETY RULES NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT RESTRICTIONS

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. 315,000 lbs authorized on Buffalo Terminal Subdivision,
Except 286,000 lbs on No. 3 track between CP - 437 and CP - 2 .
2. Special aggregate hoppers series SOU-100300 102009 and SOU-103300 - 103999 when loaded with gross weight not exceeding \(263,000 \mathrm{lbs}\)., are restricted to 45 MPH .

Except: Maximum of 10 MPH on rail of less than 100 lb . section

\section*{7. MISCELLANEOUS}
1. SWITCH INDICATORS

Frontier Yard Switch indicators, Division Special Instruction 228-1, in use at and in charge of:
A. East end of Hump, Hump Yardmaster
B. West end of South Yard, West End Yardmaster
C. Bailey Avenue, Bailey Avenue Yardmaster
2. QUALIFICATIONS - BUFFALO TERMINAL

Buffalo Terminal is a consolidated terminal that includes all yards and associated trackage within the following limits:
A. Buffalo Terminal Subdivision.
B. Lake Shore Subdivision between CP-2 and MP QD 8.0.
C. Belt Line Subdivision.
D. Niagara Subdivision between CP-437 and MP QDN 9.3.

Train and engine road crews qualifying into Buffalo are required to qualify in the Buffalo consolidated terminal.
*Exception, Selkirk long pool, home terminal Selkirk, will only be required to qualify on the Buffalo Terminal Subdivision between CP-429 and CP-437.

Employees that need to qualify on the above territory can contact the road foreman at Buffalo to make an appointment to take the characteristics exam.

\section*{NOTES}

\section*{NOTES}

CARMAN SUBDIVISION - CM

1. INSTRUCTIONS RELATING TO OPERATING RULES

NONE
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(286,000 \mathrm{lbs}\) authorized.
7. MISCELLANEOUS

NONE

CASTLETON SUBDIVISION - C9


STATION PAGE NOTES
NOTE 1: Division Special Instruction 228-2 applies on Fast Freight and North Departure Lead.
NOTE 2: INBOUND, CP - SE Eastbound only, Westbound - "End Automatic Block" sign.

\section*{1. INSTRUCTIONS RELATING TO OPERATING RULES}
1. Division Special Instruction 228-2 applies on Fast Freight and North Departure Lead.
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(315,000 \mathrm{lbs}\) authorized.

\section*{7. MISCELLANEOUS}
1. Selkirk Yard. Switch indicators, Division Special Instruction 228-1, in use at and in charge of:

East end of Receiving yard, Hump Yardmaster

East end of Departure yard, East End Yardmaster

East end of Puller yard, East End Yardmaster
2. Hump tunnel dwarf indicator lights (14 W at the east end and
14 E at the west end) govern movement through hump tunnel.
3. Westbound trains and engines entering Selkirk yard on the INBOUND must receive instructions from the Hump Yardmaster prior to passing "End Automatic Block" sign at MP QG 13.7.

If the Number Board displays a different track than what was received or there is no number displayed, crew must contact Hump Yardmaster for instructions.

\section*{Verification of Cab Signal/LSL Tests}
1. Q262, Southbound engineer must verify that Cab Signal and LSL tests have been completed and equipment is cut in prior to departure from Selkirk.
2. K277 and Q409, Southbound engineer must verify Cab Signal Test has been completed and equipment is cut in prior to departure from Selkirk.

\section*{NOTES}

FAIR GROUNDS SUBDIVISION - FG


STATION PAGE NOTES
NOTE 1: Southward trains from Baldwinsville SD must not pass signal at CP-SALT without permission from the ND Dispatcher.
1. INSTRUCTIONS RELATING TO OPERATING RULES

\section*{NOTES}
1. Rusty rail conditions between CP 293 and Salt, Operating Rule 103-E applies.
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(263,000 \mathrm{lbs}\) authorized for freight.
2. \(286,000 \mathrm{lbs}\) authorized for coal, ore, and grain.
7. MISCELLANEOUS
1. Rusty rail conditions between CP 293 and SALT, Operating Rule 103-E applies.

\section*{NOTES}

FALL RIVER SUBDIVISION - FV


\section*{STATION PAGE NOTES}

NOTE 1: \(\quad\) Track out of service south of MP QNF 12.0.
1. INSTRUCTIONS RELATING TO OPERATING RULES
1. Rusty Rail conditions between MP QNF 0.0 AND MP QNF 12.0, Operation rule 103-E applies.
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. 263,000 lbs authorized for freight.
2. 270,000 lbs authorized for coal, ore, and grain.

\section*{7. MISCELLANEOUS}
1. Rusty Rail conditions between MP QNF 0.0 AND MP QNF 12.0, Operation rule 103-E applies.

NOTES

FITCHBURG SUBDIVISION - FI


\section*{FITCHBURG SUBDIVISION SPECIAL INSTRUCTIONS}
1. INSTRUCTIONS RELATING TO OPERATING

RULES
1. Rusty rail conditions between Fitch and MP QBU 6.0, Operating rule 103-E applies.
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(263,000 \mathrm{lbs}\) authorized.

\section*{7. MISCELLANEOUS}
1. Rusty rail conditions between FITCH and MP QBU 6.0, Operating rule 103-E applies.

\section*{NOTES}

FRAMINGHAM SUBDIVISION - FH


STATION PAGE NOTES
NOTE 1: Northward trains that will stop at CP - 21 must hold south of "CC" signs at MP QBF 21.0 until receiving signal to proceed at CP - 21 or verbal permission is received from NA Dispatcher.
1. INSTRUCTIONS RELATING TO OPERATING RULES

NONE
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. 315,000 lbs authorized, CP 21 to Medfield Jct.
2. \(273,000 \mathrm{lbs}\) authorized, Medfield Jct. to Mansfield.
3. \(220,000 \mathrm{lbs}\) authorized on Milford I. T.
4. \(200,000 \mathrm{lbs}\) authorized on East Walpole I. T.
7. MISCELLANEOUS

NONE

\section*{NOTES}

FULTON SUBDIVISION - FU


\section*{STATION PAGE NOTES}

NOTE 1: Woodard Running Track, NE Dispatcher in charge
1. INSTRUCTIONS RELATING TO OPERATING RULES
1. Rusty Rail conditions between QMF 7.2 and QMF 33.0, Operating Rule 103-E applies.

2 INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRICTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(315,000 \mathrm{lbs}\) authorized.

\section*{7. MISCELLANEOUS}
1. Rusty rail conditions between QMF 7.2 and QMF 33.0, Operating rule 103-E applies.
2. Normal position of switch connecting with the Woodard Running Track is lined for movement to Fulton Subdivision.
3. Fulton Yard, Track \#1 is to be kept clear

NOTES

HUDSON SUBDIVISION - HN


HUDSON SUBDIVISION - HN


HUDSON SUBDIVISION - HN


HUDSON SUBDIVISION - HN


\section*{STATION PAGE NOTES}

NOTE 1: Slide Detectors in service, interconnected with Automatic Block signals as indicated, to restrict train movement when activated.
NOTE 2: CP - 115, In service for Southbound movements on No. 1 and No. 2 tracks only.
NOTE 3: CP - 125, In service on No. 2 track only.
NOTE 4: Hudson Passenger Station, Train Dispatcher is responsible for providing protection for Passenger Trains receiving or discharging passengers across No. 1 Track.
NOTE 5: Passenger Trains (Occupied) prohibited on connection to CP RR
NOTE 6: LAB TOWER, manned interlocking and Movable bridge.
NOTE 7: Trains handling Clearance Implicated shipments, must use the Freight By-Pass track between CP - 142 and CP - 143.
1. INSTRUCTIONS RELATING TO OPERATING RULES

NONE
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. Between CP - 142 and \(C P-143\), Trains handling Clearance Implicated shipments, must use the Freight By-Pass track.
2. Between \(C P-159\) AND CP - 169, Trains with cars exceeding 16'10" in height must not be operated.
3. 286,000 lbs authorized, MP QC 75.8 to CP-142.
4. \(315,000 \mathrm{lbs}\) authorized, CP-142 to CP-169.
5. \(286,000 \mathrm{lbs}\) authorized, Claverack I. T.
6. 273,000 Ibs authorized, Troy I. T
7. MISCELLANEOUS

NONE

\section*{NOTES}

LAKESHORE SUBDIVISION - L1


LAKESHORE SUBDIVISION - L1


LAKESHORE SUBDIVISION - L1


LAKESHORE SUBDIVISION - L1


\section*{STATION PAGE NOTES}

NOTE 1: Hammermill Scale - Trains using the scale must not exceed 4 MPH until the entire train passes over the scale.
Scale indicator lights govern as follows:
Red - Scale not working.
Yellow - Excessive Speed.
Green - OK to weigh.
Trains must not stop while weighing. No reverse moves while weighing. If train must reverse direction, entire train must back over scale to clear indicator light.
NOTE 2: CP-85 - The NH Dispatcher must notify westbound trains that are to be held at CP-89 before train passes CP-85. Westbound trains that are notified that they will be held at CP-89 must stop clear of the CC signs at QD 87.0 until permission to proceed is received from the dispatcher.
NOTE 3: Erie Station - In application of Rule 121, trains receiving or discharging passengers at Erie will be protected by the NH Dispatcher against movements on tracks between their train and the platform.
NOTE 4: CP-87 - Controlled Point on Track 2 and 42 Running Track only.
NOTE 5: Number-39 Running Track, between CP - 39 and CP - 42, in charge of NH Dispatcher.
NOTE 6: Number-42 Running Track, between CP - 87 and CP - 85, in charge of Erie Yardmaster. (NH Dispatcher when no Erie Yardmaster on duty)
NOTE 7: Seneca Yard and Ohio Street Yard. All yard instructions, contact Bailey Avenue Yardmaster.
1. INSTRUCTIONS RELATING TO OPERATING

\section*{RULES}

NONE
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT

NONE
7. MISCELLANEOUS
1. QUALIFICATIONS - BUFFALO TERMINAL

Buffalo Terminal is a consolidated terminal that includes all yards and associated trackage within the following limits:
A. Buffalo Terminal Subdivision.
B. Lake Shore Subdivision between

CP-2 and MP QD 8.0.
C. Belt Line Subdivision.
D. Niagara Subdivision between

CP-437 and MP QDN 9.3.
Train and engine road crews qualifying into Buffalo are required to qualify in the Buffalo Consolidated Terminal.
*Exception, Selkirk long pool, home terminal Selkirk, will only be required to qualify on the Buffalo Terminal Subdivision between CP-429 and CP-437.

Employees that need to qualify on the above territory can contact the road foreman at Buffalo to make an appointment to take the characteristics exam.

\section*{NOTES}

LOCKPORT SUBDIVISION - LP


\section*{STATION PAGE NOTES}

NOTE 1: MP QDL 58.8, Normal position of switch is lined for moves to/from the Somerset RR.

LOCKPORT SUBDIVISION SPECIAL INSTRUCTIONS
1. INSTRUCTIONS RELATING TO OPERATING

NOTES RULES

NONE
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(286,000 \mathrm{lbs}\) authorized.
2. 220,000 lbs authorized on Lockport I. T.
7. MISCELLANEOUS

NONE

\section*{NOTES}

MIDDLEBORO SUBDIVISION - MB


MIDDLEBORO SUBDIVISION - MB


\footnotetext{
STATION PAGE NOTES
}

NOTE 1: MP QN 133.2, Cotley, lined for movement on Middleboro Subdivision.

MIDDLEBORO SUBDIVISION SPECIAL INSTRUCTIONS
1. INSTRUCTIONS RELATING TO OPERATING NOTES RULES

NONE
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(273,000 \mathrm{lbs}\) authorized.
2. \(200,000 \mathrm{lbs}\) authorized on Randolph I. T., Neponset I. T., and West Quincy I. T.
7. MISCELLANEOUS
1. AMTRAK Engineering Department maintains track between BORO and MP QN 0.6 (North side of Forest St UG bridge).

\section*{NOTES}

MOHAWK SUBDIVISION - MW


MOHAWK SUBDIVISION - MW


MOHAWK SUBDIVISION - MW


MOHAWK SUBDIVISION - MW


MOHAWK SUBDIVISION - MW


MOHAWK SUBDIVISION - MW


\section*{STATION PAGE NOTES}

NOTE 1: Passenger trains receiving or discharging passengers at Amsterdam will be protected by the ND Dispatcher against movements on tracks between their train and the platform.
NOTE 2: Kirkville - DED in service on all tracks. HBD in service on Tracks \(1 \& 2\) only. HCD in service on Track 4 for eastbound trains set at 19'2". All eastbound trains that activate the HCD must notify the ND Dispatcher.
NOTE 3: Dewitt Yard - Westbound movements on Track 4 must obtain permission from the East End Yardmaster before passing the End-of- Block sign at MP QC 282.3.
NOTE 4: Division Special Instruction 228-2 applies on Departure Yard Lead and North Runner.
NOTE 5: Number 8 Running Track between CP - 286 and CP - 290 in charge of the ND Dispatcher.
NOTE 6: Syracuse China - Engine whistle signal 14(L) must be sounded at the Onondaga Pottery private crossing at MP QC 289.4 between the hours of 0600 and 1800 daily except Sunday.
NOTE 7: 20 MPH on signaled siding is over the hand operated switch at MP 284.9

\section*{MOHAWK SUBDIVISION SPECIAL INSTRUCTIONS}

\section*{1. INSTRUCTIONS RELATING TO OPERATING RULES}
1. Division Special Instruction 228-2 applies on Departure Yard Lead and North Runner.

\section*{2. INSTRUCTIONS RELATING TO SAFETY RULES NONE}
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE

\section*{5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES}

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(315,000 \mathrm{lbs}\) authorized on Mohawk Subdivision.
2. 6-axle Tank cars, series MCPX 23000, gross weight \(414,000 \mathrm{lbs}\) may be operated not exceeding 25 MPH . Except: 10 MPH over bridge at MP QC 203.33.
3. Do not exceed 15 MPH over bridge at QC 244.3 on No. 1 and No. 2 track when handling the following loaded cars: PC 770042 and CR 770063 with gross weight of 600,000 lbs or/and cars PC 770030, PC 766071 and PC 766073 with gross weight of \(5002,000 \mathrm{lbs}\).
4. Special aggregate hoppers series SOU-100300 \(102009 \quad 2^{\text {nd }}\) SOU-103300-103999 when loaded with gross weight not exceeding 263,000 lbs., are restricted to 45 MPH . Except: Maxium of 10 MPH on rail of less than 100 lb . section.
5. Solvay I.T. (Solvay Hill) - Weight restriction 273,000 lbs authorized. Height restriction 16 '10" or higher prohibited.
6. Excessive dimension cars must not be moved on No. 7 Track between CP-290 and CP-291.

\section*{7. MISCELLANEOUS}
1. Distance bewteen MP QC 286.0 and MP QC 294 is 8.8 miles.

The distance between each milepost is 5,827 feet.
2. Crews Working at Solvay Hill When informed of or observing that the Fingerlakes Railroad crew is also working in the yard, contact Fingerlakes Railroad crew prior to establishing 3-Step Protection.

MONTREAL SUBDIVISION - M2


MONTREAL SUBDIVISION - M2


\section*{STATION PAGE NOTES}

NOTE 1: In Yard Limits at Massena (Montreal Subdivision and St. Lawrence Subdivision) CNR Employees operate under CROR Rule 93 as modified by Special Instructions and CSX Employees operate under Rules 193 and 193-B.
NOTE 2: FORT COVINGTON: Trains or Track Units entering or leaving the United States or Canada must stop for Customs Inspection.
Southbound: A member of the crew or track unit will, upon arrival, call the Customs Office, dialing 358-2444 from the station at Fort Covington. (If southbound train will be held at Fort Covington and is 80 plus cars in length, train must hold north of private road crossing located at MP QM 183.6).
Northbound: Prior to leaving Massena, a member of the train or track unit will call Customs Office at Fort Covington, dialing 358-2444 and give an estimated time of arrival at Fort Covington, and will be governed by The Customs Inspectors instructions.
NOTE 3: CONNECTION TO CN RR: Hand operated switch at MP 213.8, normal position is lined and locked for movement TO CN RR.
NOTE 4: Cars left standing on interchange tracks must not block farmers crossing.
NOTE 5: CECILE JCT. (MP 214.1): C.N RR railway crossing at grade within Yard Limits. Restricted Speed, Rule 98(b) applies.
NOTE 6: BEAUHARNOIS: Except in an emergency, engineer will not sound whistle at the following locations, between 10:00 P.M. and 7:00 A.M. Beauce St., Richardson St., and St. Louis Rd.

\section*{Note: Engine Bell must be sounded.}

NOTE 7: Due to rusty conditions, between Beauharnois and Adirondack Jct., movements over all public crossings at grade protected by automatic warning devices must be manually protected unless it is known that the warning devices have been operating for at least twenty seconds and when so equipped that gates are in the horizontal position.
NOTE 8: Track Out-Of-Service between MP QM 226.1 and MP QM 238.4.
NOTE 9: Due to an agreement reached with the peacekeepers, a copy of the train consist and a copy of each Hazardous Material waybill must be faxed to their office for each train that travels the line between Beauharnois and Adirondack Jct. Conductors are responsible to ensure that CSX Customer Operations has been notified that this information, for their train, needs to be faxed.

Peacekeepers fax number - 450-632-4763.
These instructions must be followed to negate any future problems traversing this line.
NOTE 10: East leg of the Wye, between the hand operated switch MP 238.3 and the CP Rail West Track designated Adirondack Industrial Track.
NOTE 11: Stations are in service part time as required by the St. Lawrence Seaway operation and are controlled by the Bridge Operator. When closed, notification will be issued in a GBO, contact the CSXT NE RTC (Train Dispatcher) when permission or assistance is required.

\section*{1. INSTRUCTIONS RELATING TO OPERATING RULES ( CROR)}
1. Employees must have a copy of current CSX Transportation Albany Division Timetable, Canadian Rail Operating Rules, Rules Certificate Card, and Engineer/Conductor Certification Card. Maintenance Employees must also have a copy of the Rules for Protection of Track Units and Maintenance Work in Canada.
2. CROR Rules 35.1 applicable.
3. Yard Limits, rules 93 and 93.1 modified as follows:
(a) All trains and track units must obtain permission from (RTC) Train Dispatcher before occupying Yard Limits and report when clear.
(b) All Trains and Track units must not exceed Restricted Speed prepared to stop short of equipment, track units and switch improperly lined.
(c) Restricted Speed applies to leading end of movement in Yard Limits.
4. On tracks other than main tracks, trains and track units must operate at Restricted Speed (entire movement) not exceeding 10 MPH prepared to stop short of track units and switch improperly lined.
5. In the application of CROR Rule 103(b), following exception added:

EXCEPTION: Manual protection of the crossing is not required provided the crossing is equipped with automatic warning devices and a crew member is on the leading car to warn persons standing on, crossing, or about to cross the track. This exception does not modify the application of Rule 103.1(a).
6. The following Operating Signs are in use on the Montreal Branch.

COLOR KEY FOR SIGNS:
\(Y=Y E L L O W\)
G = GREEN
R = RED
\(B=\) BLACK


1. INSTRUCTIONS RELATING TO OPERATING NOTES RULES

NONE
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. Weight Restrictions:

286,000 lbs between Massena and Bridge (42.95) at MP QM224.95.
273,000 lbs between QM 224.95 and MP QM 238.4
7. MISCELLANEOUS
1. Distance between MP 211.0 and MP 212.0 is 0.8 miles.
2. Distance between MP 224.0 and MP 225.0 is 1.5 miles.

\section*{NOTES}

NEW BEDFORD SUBDIVISION - NB


STATION PAGE NOTES
NOTE 1: Track out of service south of MP QN 29.8.
1. INSTRUCTIONS RELATING TO OPERATING RULES
1. Between WEIR and MP QN 29.8, Rusty Rail conditions, Operating rule 103-E applies.
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTION RELATING TO RESTRICTED EQUIPMENT
1. \(263,000 \mathrm{lbs}\) authorized for freight.
2. \(270,000 \mathrm{lbs}\) authorized for coal, ore, and grain.
7. MISCELLANEOUS
1. Rusty Rail conditions, between WEIR and MP QN 29.8, Operating rule 103-E applies.

\section*{NOTES}

NIAGARA SUBDIVISION - NG


NIAGARA SUBDIVISION - NG


NIAGARA SUBDIVISION - NG


\section*{STATION PAGE NOTES}

NOTE 1: CP - 9, Controlled Point for southward movements on Track 2 only.
NOTE 2: New Way Switch on Track 2, MP QDN 25.3, may be left in reverse position unattended when authorized by the Train Dispatcher. Rule 104-F and Rule 539 apply.
NOTE 3: CP-27 in service on Track 1 and Track 2 only.
NOTE 4: Southward trains from the CN and CP must not pass "Begin CSX" sign at QDN 28.2 until receiving signal indication to proceed at CP-28 or verbal permission is received from the NG Dispatcher.
NOTE 5: Wonalancet Running Track: Between CP - 8 and MP 1.3 (White House) in charge of NG Dispatcher.

Betweem MP 1.3 (White House) and MP 4.3 (HARRIET) in charge of Niagara Yard - Yardmaster
NOTE 6: .Switch to CP Railroad spiked, out-of-service.

\section*{NIAGARA SUBDIVISION SPECIAL INSTRUCTIONS}

\section*{1. INSTRUCTIONS RELATING TO OPERATING RULES}
1. Remote Control Zone on Main Lead and Shop Lead at north end of yard. Signs located:
Northbound, MP QDN 26.8, Hyde Park Blvd overhead bridge.
Southbound, MP QDN 27.1, Lockport Road overhead bridge.
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE

\section*{5. INSTRUCTIONS RELATING TO AIR BRAKE} AND TRAIN HANDLING
1. When switching at the North end of Niagara Yard, T\&E crews are required to have a sufficient amount of cars with air to insure proper control of movement. A minimum of (3) three cars are required for moves in excess of 25 cars. When proceding west, a Running Brake Test is to be performed.
2. When switching at the North end of Niagara Yard, T\&E crews are required to have a sufficient amount of cars with air to insure proper control of movement. A minimum of (3) three cars are required for moves in excess of 25 cars. When proceding north, a Running Brake Test is to be performed.

\section*{6. INSTRUCTIONS RELATING TO RESTRICTED} EQUIPMENT
1. Between CP-437 and CP-7, cars exceeding 16 feet 10 inches from top of rail must not be operated.
2. Tonawanda Industrial Track, authority required for movement of cars exceeding 220,000 lbs.
3. Wurlitzer Industrial Track, authority required for movement of cars exceeding 200,000 lbs.

\section*{7. MISCELLANEOUS}
1. Remote Control Zone on Main Lead and Shop Lead at north end of yard. Signs located:

Northbound, MP QDN 26.8, Hyde Park Blvd overhead bridge.
Southbound, MP QDN 27.1, Lockport Road overhead bridge.
2. All movements, on Country I.T., must stop and protect at all highway grade crossings equipped with automatic highway crossing warning devices as required by Rule 103-E
3. Lockport Runner I.T. MP 16.42, Niagara Falls Blvd., North Tonawanda, NY. Grade crossing warning devices equipped with indicator lights for train movements. Indicator light will display red until train has passed CC sign. Indicator light will display yellow when the highway traffic signals are activated, and train may proceed. If indicator light fails to display yellow, train may proceed over crossing after protection provided as prescribed by Rule 138C.
4. When switching at the North end of Niagara Yard, T\&E crews are required to have a sufficient amount of cars with air to insure proper control of movement. A minimum of (3) three cars are required for moves in excess of 25 cars. When proceding west, a Running Brake Test is to be performed.
5. QUALIFICATIONS - BUFFALO TERMINAL Buffalo Terminal is a consolidated terminal that includes all yards and associated trackage within the following limits:
A. Buffalo Terminal Subdivision.
B. Lake Shore Subdivision between CP-2 and MP QD 8.0.
C. Belt Line Subdivision.
D. Niagara Subdivision between

CP-437 and MP QDN 9.3.
Train and engine road crews qualifying into Buffalo are required to qualify in the Buffalo consolidated terminal.
*Exception, Selkirk long pool, home terminal Selkirk, will only be required to qualify on the Buffalo Terminal Subdivision between CP-429 and CP-437.

Employees that need to qualify on the above territory can contact the road foreman at Buffalo to make an appointment to take the characteristics exam.

PORT SUBDIVISION - P2


\section*{PORT SUBDIVISION SPECIAL INSTRUCTIONS}
1. INSTRUCTIONS RELATING TO OPERATING NOTES RULES

NONE
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(286,000 \mathrm{lbs}\) authorized.
7. MISCELLANEOUS

NONE

> NOTES

POST ROAD SUBDIVISION - PR

1. INSTRUCTIONS RELATING TO OPERATING RULES

NONE
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(263,000 \mathrm{lbs}\) authorized for freight.
2. \(270,000 \mathrm{lbs}\) authorized for coal, ore, and grain.
7. MISCELLANEOUS

NONE

\section*{NOTES}

RIVER SUBDIVISION - RI


RIVER SUBDIVISION - RI


RIVER SUBDIVISION - RI


RIVER SUBDIVISION - RI


\section*{STATION PAGE NOTES}
1. \(\mathrm{CP}-7\) and \(\mathrm{CP}-10\)
A. Northward trains on the East or Middle Signaled Siding must hold at or south of the "CC" sign at MP QR 10.65, to avoid unnecessary operation of warning devices at Newbridge Rd., MP QR 10.92, unless instructions to proceed north are received from the NJ Dispatcher.

Northward trains on No. 1 or No. 2 Main Track will be instructed to hold south of the "CC" sign, if necessary, by the NJ Dispatcher.
B. Southward trains on the Middle Controlled Siding must proceed to and hold at the "CC" sign at MP QR 8.5 ( 1,000 feet south of the hand-operated switch) unless instructions to proceed are received from the NJ Dispatcher.

Southward trains on the No. 2 Track will be instructed to hold at the "CC" sign at MP QR 8.5, if necessary, by the NJ Dispatcher.
C. If necessary to stop trains in Bogota, engines are to be stopped at a location where possible disturbance to residential neighborhoods will be minimal
2. \(\mathrm{CP}-33\), Southward trains that will hold at \(\mathrm{CP}-33\) must hold at "CC" sign, mp QR 34.2, north of road crossing (Kay Fries).
3. \(\mathrm{CP}-52\), Southward trains that will hold in excess of 5 minutes must be notified to hold at \(M P Q R 53.0\), prior to passing \(C P-55\). If more than one Train is to be held, dispatcher may direct first train to proceed to CP-52.
4. MP QR 55.6, Warex Road grade crossing. Southward trains from Newburgh (NYC) Yard must not proceed over crossing until automatic crossing Warning devices have been operating a minimum of 20 seconds. Northward trains, stopped on the Main or Signaled siding at CP-55, must not proceed over crossing until automatic crossing warning devices have been operating a minimum of 20 seconds.
5. \(\mathrm{CP}-102\), Southward trains that will hold at \(\mathrm{CP}-102\) must hold at MP QR 103.2, Route 9 W under grade bridge.
6. MP QR 105.7, Marquette crossing, if crossing will be blocked in excess of 15 minutes, crew must cut train.
7. HCD activation for \(20^{\prime} 4^{\prime \prime}\) will be Radio Alarm. Trains receiving warning for car(s) in excess of \(20^{\prime} 4\) must be stopped and inspected. HCD for \(17^{\prime \prime} 9^{\prime \prime}\) And \(19^{\prime \prime} 2^{\prime \prime}\) will be displayed on the NJ dispatcher display screen and Dispatcher must immediately notify trains that have cars exceeding 17'9" And/or 19'2". Tape readout for HCD also located in Selkirk Dispatcher's Office.
8. Slide Detectors in service as indicated, interconnected with Auomatic Block Signal system to restrict train movement when activated.
9. \(C P-26\), northward trains that will hold at \(C P-26\) on the Main or Signaled Siding must hold at the "CC" sign at MP QR 25.8.
10. CP - 7, Controlled Point on No. 2 Track and Middle Signaled Siding.
1. INSTRUCTIONS RELATING TO OPERATING RULES

NONE
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(286,000 \mathrm{lbs}\) authorized
2. Newburgh I.T. cars must not exceed \(17{ }^{\prime} 8\) " in height.
7. MISCELLANEOUS

NONE

\section*{NOTES}

ROCHESTER SUBDIVISION - RC


ROCHESTER SUBDIVISION - RC


ROCHESTER SUBDIVISION - RC


ROCHESTER SUBDIVISION - RC


ROCHESTER SUBDIVISION - RC


ROCHESTER SUBDIVISION - RC


\section*{STATION PAGE NOTES}

NOTE 1: Rochester Station - Passenger trains receiving or discharging passengers will be protected by the NF Dispatcher against movements on tracks between their train and the station platform.
NOTE 2: Charlotte R. T. between CP-373 and MP QCR 9.7, in charge of NF Dispatcher.
NOTE 3: Charlotte R. T. (Rule 46) speed not exceeding 15 MPH, except 10 MPH between MP QCR 2.2 and MP QCR 3.0.
NOTE 4: Rochester Yard. For yard instructions when no yardmaster on duty, contact Niagara Yardmaster at \(58-58\).
1. INSTRUCTIONS RELATING TO OPERATING

RULES

NONE
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(315,000 \mathrm{lbs}\) authorized on Rochester Subdivision.
2. Special aggregate hoppers series SOU-100300 102009 and SOU-103300 - 103999 when loaded with gross weight not exceeding 263,000 lbs., are restricted to 45 MPH .
Except: Maxium of 10 MPH on rail of less than 100 lb. Section.
7. MISCELLANEOUS

NONE

SCHODACK SUBDIVISION -S1


\section*{SCHODACK SUBDIVISION SPECIAL INSTRUCTIONS}
1. INSTRUCTIONS RELATING TO OPERATING RULES

NOTES
NONE
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. 315,000 lbs authorized
7. MISCELLANEOUS

NONE

SELKIRK SUBDIVISION - SK


SELKIRK SUBDIVISION - SK


\section*{STATION PAGE NOTES}

NOTE 1: CP - SW in service on TRACK 11 for Westbound movement only, Eastbound - "End Automatic Block" sign.
NOTE 2: TRACK 5, Division Special Instruction 228-2 applies between signal at MP QG 17.1 and CP - UNIONVILLE.
NOTE 3: TRACK 5, Westbound trains must not pass signal at MP QG 17.1 without permission of the NC Train Dispatcher.
NOTE 4: CP - UNIONVILLE in service on TRACK 5 for Westbound movement only.
HOT WHEEL DETECTOR - Exception for Eastbound trains
When "HOT WHEEL" warning is received, stop train as required and contact the NC Train Dispatcher for instructions. If office
NOTE 5: Information on wheel(s) temperature is available and it is below 600 deg-F, the NC Train Dispatcher may allow train to proceed without inspection, not exceeding 15 MPH. Nc Train Dispatcher must notify the Selkirk Hump Yardmaster to have reported defect(s) inspected by the mechanical department after train arrives.

If the temperature is above 600 deg-F, crew must inspect defect(s) as required, prior to movement.

\section*{SELKIRK SUBDIVISION SPECIAL INSTRUCTIONS}

\section*{1. INSTRUCTIONS RELATING TO OPERATING RULES}
1. BETWEEN \(C P-R J\) and \(C P-169\) Trains must not reverse movement without permission from the NC Dispatcher.
2. The Train Dispatcher, before giving permission for a train to make a reverse move, must insure blocking devices are applied to prevent opposing movement at \(\mathrm{CP}-\mathrm{RJ}\) or \(\mathrm{CP}-169\).
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. Guilderland Center Industrial Park, multiple units prohibited beyond lead to industrial park..
2. \(C P-169\), Hudson Subdivision Trains with cars exceeding \(16^{\prime} 10^{\prime \prime}\) in height must not be operated on the HUDSON SUBDIVISION east of CP - 169.
3. \(315,000 \mathrm{lbs}\) authorized.
4. \(220,000 \mathrm{lbs}\) authorized on Kellogg I. T.
7. MISCELLANEOUS
1. Selkirk Yard. Switch indicators, Division Special Instruction 228.1, in use at and in charge of:

East end of Receiving yard, Hump Yardmaster
East end of Departure yard, East End
Yardmaster
East end of Puller yard, East End Yardmaster
2. Hump tunnel dwarf indicator lights ( 14 W at the east end and 14 E at the west end) govern movement through hump tunnel.

Eastbound trains and engines entering Selkirk Yard on TRACK 11 must receive instructions from the Hump Yardmaster prior to passing "End Automatic Block" sign at MP QG 14.5.

\section*{NOTES}
NOTES

SOMERSET RR SUBDIVISION - SM


STATION PAGE NOTES
NOTE 1: Somerset Railroad Subdivision shown as information only for Train Dispatcher and Dispatcher Bulletin reference. Movements on the Somerset Railroad are governed by the Somerset Railroad Timetable.
Refer to the Somerset Railroad timetable for all special instructions.

\section*{SOMERSET RR SUBDIVISION SPECIAL INSTRUCTIONS}

Refer to the Somerset Railroad timetable for all special instructions.

NOTES

ST. LAWRENCE SUBDIVISION - S7


ST. LAWRENCE SUBDIVISION - S7


ST. LAWRENCE SUBDIVISION - S7


ST. LAWRENCE SUBDIVISION - S7


\section*{STATION PAGE NOTES}
```

NOTE 1: Woodard Running Track between CP - W and MP QM 7.3 in charge of the NE Dispatcher.
NOTE 2: MP QM 108.3, trains performing switching movements on siding must not foul Factory Street grade crossing until automatic highway
crossing warning devices have been operating for at least 30 seconds.
NOTE 3: Yard Limits at Massena are between MP QM 158.6 (BROUSE) and MP QM 164.1 on the Montreal Subdivision.
NOTE 4: Normal position of switches:
South Wye and North Wye switches and Siding, lined for Siding.
South Wye / North Wye switch, lined for South Wye,

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\section*{ST. LAWRENCE SUBDIVISION SPECIAL INSTRUCTIONS}
1. INSTRUCTIONS RELATING TO OPERATING RULES

NONE
2 INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT

\section*{Multiple units are prohibited on:}

Roe Feed lead at Philadelphia
Laser Transit Lead (former Blount Lumber Co.)
1. Balmat Industrial Track, equipment measuring \(16^{\prime} 10^{\prime \prime}\) in height or higher, prohibited
2. \(315,000 \mathrm{lbs}\) authorized, CP-291 to Woodard.
3. \(286,000 \mathrm{lbs}\) authorized, Woodard to Massena.
4. \(263,000 \mathrm{lbs}\) freight and \(270,000 \mathrm{lbs}\) coal, ore and grain authorized, Philadelphia to Carthage.
5. Balmat \& Rooseveltown industrial tracks. Covered hoppers NYC 885680 to 885899 inclusive with light weight of 65,000 pounds and load limit of 250,000 pounds (gross weight 315,000 pounds) when so loaded must not be operated between: Gouverneur and End of Track, unless authorized by the Transportation Superintendent. These cars may operate with restrictions indicated between Helena and Rooseveltown when separated by one (1) car whose weight does not exceed 142,000 pounds.
6. 200,000 lbs authorized on Brownsville I. T.

\section*{7. MISCELLANEOUS}
1. Distance between MP QM 38.0 and MP QM 39.0 is 0.9 miles, between MP QM 78.0 and MP QM
79.0 is 0.7 miles, and between MP QM 142.0 and MP QM 143.0 is 0.9 miles.

NOTES

WEST SHORE SUBDIVISION - WE


\section*{WEST SHORE SUBDIVISION SPECIAL INSTRUCTIONS}
1. INSTRUCTIONS RELATING TO OPERATING RULES

NONE
2. INSTRUCTIONS RELATING TO SAFETY RULES

NONE
3. INSTRUCTIONS RELATING TO COMPANY POLICIES AND PROCEDURES

NONE
4. INSTRUCTIONS RELATING TO EQUIPMENT HANDLING RULES

NONE
5. INSTRUCTIONS RELATING TO AIR BRAKE AND TRAIN HANDLING RULES

NONE
6. INSTRUCTIONS RELATING TO RESTRICTED EQUIPMENT
1. \(315,000 \mathrm{lbs}\) authorized.
7. MISCELLANEOUS

NONE

NOTES

\section*{ALBANY DIVISION SPECIAL INSTRUCTIONS}

\section*{INSTRUCTIONS RELATING TO OPERATING RULES}

\section*{34-A-1 ANNOUNCEMENT BY RADIO}

PARAGRAPH 2, PART A, Announcement of intermediate block signals is not required.

Each controlled point signal must be announced.
NOTE: The requirement to respond to radio alarm defect detectors has been cancelled.

\section*{SIGNAL ASPECTS AND INDICATIONS RULES EFFECTIVE OCTOBER 1, 2004}

On the Albany Division, signal aspects and indications as shown on Page 10 through Page 17 apply on the subdivisions where the authority for movement is by use of ABS and CPS Signal Rules.

Wayside signs as shown on Page 18 and Page 19 are in use on all CSX Subdivisions

Wayside signs, Page 20, Relating to NORAC Operating Rules are shown for information only.

\section*{GR-55-1 PASSENGER TRAIN CONDUCTORS}

Passenger train conductors must notify the engineers of restrictions imposed by dispatcher message or instructions at the last controlled point before the restriction that is not less than 2 miles from the start of the restriction.

This reminder may be performed in person or by radio. Conductors who are not equipped with a radio are relieved of this requirement when it is not practical to personally contact the engineer without delaying the train.

GR-105A-1. GENERAL BULLETINS REFERENCES
The following references will be used in General Bulletins and will indicate as shown below:

FLAGMAN - Refer to Operating Rule 71 and 72.
MAX SPEED. - Maxium authorized speed change.
GRADE XING - Highway crossing at grade instruction or information.
WORK AREA - Approach location looking out for work activity and stop unless work area is observed to be clear.

41-1. SPEED RESTRICTIONS CONTROL POINT \& INTERLOCKING

Speed restrictions at a controlled point or at an interlocking apply between the home signals.

46-1 SPEED - SIDINGS
Maximum authorized speed on non-signaled sidings is 10 MPH .

\section*{49-1 EXCEPTED TRACK}

The follow tracks are designated "Excepted Tracks" and unless otherwise noted, are "Excepted" in there entirety.
\begin{tabular}{|c|c|}
\hline Track & Location / Between / at \\
\hline Lancaster Mills Industrial & \\
\hline East Walpole Industrial & \\
\hline Dartmouth Industrial & \\
\hline East Junction Industrial & \\
\hline Nevins Yard tracks 3 and 6 & Framingham, MA \\
\hline New Bedford Subdivision & MYRICKS and MP QN 29.8 \\
\hline New Bedford Yard & MP QN 30.1 and MP QN 31.1 \\
\hline New England Produce Lead & Boston (NEP) \\
\hline Holliston Industrial, CP Yard & Framingham, MA \\
\hline Athol Industrial - Old Way & MP 29.7 and MP 31.0 \\
\hline 4 \& 12 tracks in the Grove & Cedar Hill Yard \\
\hline Classification Tracks & Cedar Hill Yard \\
\hline North Adams Industrial & MP 0.0 and MP 2,5 \\
\hline Stratford Industrial & \\
\hline Newburg Industrial & \\
\hline Troy Industrial & MP 0.0 and MP 5.7 \\
\hline Storage track & W. Albany, NY \\
\hline Yank Waste and Industrial Lead & W. Albany, NY \\
\hline DH Overmyer & W. Albany, NY \\
\hline Hoover Industrial Sw. & W. Albany, NY \\
\hline Railroad Ave. Industrial & W. Albany, NY \\
\hline State St. Lead to GE & Schenectady, NY \\
\hline Fort Orange Paper (except lead) & Castleton-On-Hudson \\
\hline Northern Running & CP - 3 and MP 22.7 \\
\hline Kelloggs Industrial & MP 0.0 and MP 1.6 \\
\hline Herkimer Industrial & Herkimer yard, MP 224.7 \\
\hline Chrysler Lead & E. Syracuse, NY \\
\hline Peat Street Lead & E. Syracuse, NY \\
\hline Syracuse Industrial Park & \\
\hline Syracuse Midler Park & \\
\hline Bell Isle Yard & \\
\hline Port Authority Lead & Oswego, NY \\
\hline Alcan runaround (Oswego Ind,) & Oswego, NY \\
\hline Old Fulton Yard & Fulton, NY \\
\hline Nestle's Lead & Fulton, NY \\
\hline Sealright Lead & Fulton, NY \\
\hline Limerick Industrial & Watertown, NY \\
\hline Brownville Industrial & Watertown, NY \\
\hline Carthage Yard & Carthage, NY \\
\hline Pulaski Ironworks \#12 track & Pulaski, NY \\
\hline Supply track & Governor, NY \\
\hline Canal Yd Tk 3 \& Tk 4 & Massena, NY \\
\hline Mobil Chemical Lead & N. Macedon, NY \\
\hline Agway Lead & Palmyra, NY \\
\hline Brighton, Pocket track & Rochester, NY \\
\hline Black Rock Industrial & Buffalo, NY \\
\hline Erie Industrial & Buffalo, NY \\
\hline A Industrial & Buffalo, NY \\
\hline Ohio Street Yrad & Buffalo, NY \\
\hline
\end{tabular}
\begin{tabular}{|c|c|}
\hline \multicolumn{1}{|c|}{ Track } & Location / Between / at \\
\hline Katherine Street Yard & Buffalo, NY \\
\hline Hamburg Street Yard & Buffalo, NY \\
\hline Harriet Yard & Kenmore, NY \\
\hline Country Industrial & Niagara Falls \\
\hline Tonawanda Industrial & \\
\hline Erie Times Track & Erie Yrad - Erie, PA \\
\hline Erie West Yard & Erie, PA \\
\hline Lake Yard Tracks & Erie, PA \\
\hline Lockport Runner Industrial & \\
\hline Ashland Lead & Tonawanda, NY \\
\hline \multicolumn{3}{|c|}{} \\
\hline 72-1 OPERATING INSTRUCTIONS - FLAGMAN \\
\hline
\end{tabular}

Flagman must not allow equipment to obstruct a main track or siding without permission from the train dispatcher.

Before authorizing flagman to allow equipment to obstruct the track, train dispatcher must determine that no trains have been authorized to occupy the track segment to be obstructed and that blocking devices are applied to prevent any conflicting movement.

Permission must include:
1. Employees name
2. Track designation
3. Track limits (between/at)
4. Time limits (expected clear time)

Employee receiving permission must repeat the information received and the train dispatcher must confirm repeat before permission to obstruct track becomes effective.

\section*{ALBANY DIVISION SPECIAL INSTRUCTIONS - CONT.}

\section*{91-1 PASSENGER TRAIN OPERATION}

To comply with Rule 91 train and engine service employees, working in territory with scheduled passenger train service, must provide themselves with a copy of the current passenger train schedules for the Subdivisions listed.

AMTRAK Passenger Train Schedules: - Hudson SD, Selkirk SD, Mohawk SD, Rochester SD. Buffalo SD, Lake Shore SD, Niagara SD, Berkshire SD, Boston SD, and Post Road SD.

Commuter Rail Schedule Framingham/Worcester - Boston SD
103-D-1 SECURING CARS - TRAINS
At the following crew change points, freight trains left unattended for less than one hour may be left with only the locomotive consist handbrakes applied:

> SELKIRK - SYRACUSE - MASSENA - FRONTIER

\section*{104-B-1 SEMI-AUTOMATIC SWITCHES}

When crew members have determined that there are no conflicting movements, trains are authorized to make trailing movements through semi-automatic switches where switch stands are painted yellow or orange (Yellow switch handle does not denote switch as run through) without lining them for movement at the following locations only.
Reverse movement must not be made unless:
1. An entire car has passed over the switch, or
2. The switch has been lined by hand to assure that it has completed movement to proper position.

During periods of snow or ice accumulation, semi-automatic switches must be properly lined by hand before use in either direction.

\section*{Buffalo \& Frontier Districts}

Frontier Yard: Pull out end and ladder tracks of classification yard, divide switches on hump leads and north/south feeder switch.

\section*{Selkirk District}

Selkirk Yard: Pull out end and ladder tracks of classification yard and west end of north departure yard.

\section*{Syracuse District}

Dewitt Yard: Switch from outbound to north runner at Minoa, only. New England \& New York Districts
No locations., System Operating Instruction 106-1, applies.

\section*{152-1. DICTATING AND UNDERSCORING FORM EC-1}

\section*{224-1. NEXT GOVERNING SIGNAL}

Approach Slow, Approach Medium and Approach Limited aspects may be used at interlocking or controlled points to govern diverting routes. Train receiving an Approach Slow, Approach Medium or Approach Limited aspect on an interlocking or controlled point signal must not increase speed to above Slow Speed, Medium Speed or Limited Speed. Respectively, until:
(1) A more favorable signal aspect has been received; or
(2) The engineer has determined that the train is not going to divert.

Exception:This restriction does not apply to a train whose last signal aspect was clear.

228-1 SIGNAL ASPECTS NOT IN CONFORMITY SWITCH INDICATORS
Color Key used:
R - Red; W - White; Y - Yellow; G - Green; LW - Lunar White


\section*{228-2 SIGNAL ASPECTS NOT IN CONFORMITY}

\section*{AUTOMATIC BLOCK SIGNALS USED IN NON-AUTOMATIC BLOCK SIGNAL SYSTEM TERRITORY}

Automatic block signals used in non-automatic block signal system territory in service as indicated below.
1. Movements will be made between points named on signal indication.
2. At locations where there is a "Begin Automatic Block" sign, with or without an automatic block signal, occupancy is not permitted without permission from employee in charge.
3. When track is signaled in one direction, before permission is given in either direction, the employee in charge must determine that no signal has been displayed by the train dispatcher, or permission given which would result in conflicting route unless there is an understanding between all affected
4. Controlled Point (CP) signals controlled by train dispatcher. All movements not governed by signal indication must operate at Restricted Speed.
5. TRACK CARS AND ROADWAY WORKERS

Employee in charge must notify train dispatcher before giving permission for track car or roadway workers to occupy the track.

Train dispatcher must insure affected interlocking signals are at stop and blocking devices are applied.

Roadway workers must receive permission to occupy track from employee in charge and contact train dispatcher for the blocking device sequence number before occupying the track.
continued:

\section*{ALBANY DIVISION SPECIAL INSTRUCTIONS - CONT.}

\section*{228-2 SIGNAL ASPECTS NOT IN CONFORMITY - CONT.}

AUTOMATIC BLOCK SIGNALS USED IN NON-AUTOMATIC BLOCK SIGNAL SYSTEM TERRITORY - CONT.
\begin{tabular}{|c|c|c|c|c|c|c|}
\hline Location & Track & Direction Signaled & Betwen & And & \begin{tabular}{l}
MAX \\
Speed
\end{tabular} & Employee in charge \\
\hline Selkirk Yard & North Departure Lead & West & CP-SK & \begin{tabular}{l}
End/Begin \\
Automatic \\
Block sign
\end{tabular} & 30 & Selkirk East End Yardmaste \(r\) \\
\hline Selkirk Yard & \begin{tabular}{l}
Fast \\
Freight
\end{tabular} & West & CP-SK & \begin{tabular}{l}
End/Begin \\
Automatic \\
Block sign
\end{tabular} & 30 & Selkirk East End Yardmaste \(r\) \\
\hline Selkirk Yard & \begin{tabular}{l}
No. 5 \\
Track
\end{tabular} & West & \[
\begin{gathered}
\hline \text { MP QG } \\
17.1
\end{gathered}
\] & \begin{tabular}{l}
CP - \\
Unionville
\end{tabular} & 30 & NC DISP \\
\hline Dewitt Yard & Departure Lead & East & CP-285 & \begin{tabular}{l}
End/Begin \\
Automatic \\
Block sign
\end{tabular} & 20 & Dewitt East End Yardmaste r \\
\hline Dewitt Yard & \begin{tabular}{l}
North \\
Runner
\end{tabular} & East & CP-286 & \begin{tabular}{l}
End/Begin \\
Automatic \\
Block sign
\end{tabular} & 20 & Dewitt East End Yardmaste \(r\) \\
\hline \multirow[b]{2}{*}{Frontier Yard} & \multirow[t]{2}{*}{\begin{tabular}{l}
3 Yard \\
Lead \\
\& \\
4 Yard Lead
\end{tabular}} & East & CP-437 & \begin{tabular}{l}
End/Begin \\
Automatic Block sign
\end{tabular} & 30 & Frontier West End Yardmaste \(r\) \\
\hline & & West & Automatic Block Signal at MP 436.7 & CP-437 & 30 & Frontier West End Yardmaste r \\
\hline Frontier Yard & Loop Lead & East & CP-T & End/Begin Automatic Block & 10 & Frontier West End Yardmaste r \\
\hline
\end{tabular}

\section*{350-1. LSL DEVICES}

Locomotive Speed Limiter Devices (LSL) will be cut in and operating at all times while operating in Amtrak's Northeast Corridor, and on trains south of Rensselaer en-route to MNCR and/or the Northeast Corridor.

LSL Devices should be cut out at other times. When personnel are not available to cut out LSL, train may be operated with LSL cut in.

\section*{351-1. CAB SIGNALS - TESTING}

In the application of Rule 351, engines dispatched from points in cab signal territory to points where test circuits are not provided, must have Cab Signal equipment cut in for the entire trip.

Engines dispatched from any point destined to Cab Signal territory must make departure test and have cab signal equipment cut in before departure.

\section*{351-2. CAB SIGNAL AND LSL TEST FORM}

Test Form will be used to report cab signal and LSL departure tests. The signed white copy is to be placed in the cab card holder on the locomotive. The yellow copy is to be left at the test location, at the designated place to receive them.

When a copy of the results cannot be left at the test location, the train dispatcher must be notified. The dispatcher must record the engine number, location, name of person making the test and the results of the test on the record of train movements: the yellow copy must be left on the locomotive along with the white copy.

\section*{405-2. PROCEDURES TO CONTACT TRAIN DISPATCHER BY RADIO}

To contact the train dispatcher by radio the following procedure will govern. Employees will be governed by the type of radio that they are using as follows:
1. On radios equipped with thumb wheel switches:

Dial thumb wheel to appropriate base station number and depress the "push to call" button once.
2. On radios equipped with a touch tone pad:

Press the appropriate touch tone access number.
3. On radios not equipped as above:

Depress the radio transmitter button the appropriate number of times.

When the train dispatcher's radio receiver has been activated atone burst will be heard. After tone burst is heard, the employee must transmit initial message to the train dispatcher in accordance with the Rules for Railroad Communications.

\section*{410-1. MONITORING RADIO - DEADHEADING}

While deadheading to work locations, train crew members must monitor their portable radio for possible instructions or emergency transmissions.

\section*{411-1. POSITIVE IDENTIFICATION OF LOCATIONS}

When necessary to determine positive location, on track equipment operators, roadway workers in charge and train service employees, when requesting track authority use the mile post location and add the timetable direction from the nearest interlocking or station.

\section*{EXAMPLE: At MP QB 21, South of CP-Adams or At MP QB 44, between CP-A and CP-B.}

\section*{411-2. PROCEDURE TO CONTACT TRAIN DISPATCHER FOR FIELD EMERGENCY SITUATIONS}

For purpose of immediately communicating with the train dispatcher, via radio transmission, a new feature is added to the radio call-in procedures. When an emergency situation arises, anyone transmitting 9-1-1 from their keypad of a locomotive radio (or other dial pad equipped radio) will transmit an "EMERGENCY" call to the train dispatcher. This emergency indication will be immediately displayed on all dispatcher screens that display the activated base station(s). When the dispatcher receives the 9-1-1 call on the monitor console audio is also triggered allowing immediate access to the dispatcher, who must immediately respond. Train dispatchers temporarily away from their desks must ensure their respective chief dispatcher is positioned to monitor the screen to assist in answering
9-1-1 emergency transmission.
\begin{tabular}{|l|l|}
\hline \multicolumn{2}{|c|}{\begin{tabular}{c} 
ALBANY DIVISION \\
SPECIAL INSTRUCTIONS - CONT.
\end{tabular}} \\
\hline GLOSSARY - RUNNING TRACKS \\
\hline \begin{tabular}{l} 
Running Track - Auxiliary track designated in Special \\
Instructions on which movements may be made with permission \\
of the employee designated.
\end{tabular} \\
\hline \multicolumn{2}{|c|}{ INSTRUCTIONS RELATING TO ABTH RULES } \\
\hline 5700-1 SUBDIVISION LOCATIONS 1\% HEAVY GRADE \\
\hline \multicolumn{2}{|c|}{ SUBDIVIIION } \\
\hline Berkshire SD & MP QB 125.0 and MPEN QB 137.5 \\
\hline Berkshire SD & MP QB 142.0 and MP QB 147.8 \\
\hline
\end{tabular}

\section*{5700-2 TWO-WAY TELEMETRY REQUIREMENTS}

All freight trains operation on the following subdivisions locations and auxiliary tracks are required to be equipped with a tested and armed Two-Way telemetry.
\begin{tabular}{|c|c|}
\hline SUBDIVIIION/TRACK & BETWEEN \\
\hline Carman SD & MP QCC 0.2 and MP QCC 3.0 \\
\hline Hudson SD & MP QC 142.0 and MP QC 169.9 \\
\hline Port SD & MP QCP 0.0 and MP QCP 7.0 \\
\hline Somerser SD & MP QDK 0.2 and MP QDK 15.6 \\
\hline Balmat Industrial Track & MP QMB 0.0 and MP QMB 9.8 \\
\hline Charlotte Running Track & MP QCR 3.0 and MP QCR 9.7 \\
\hline Charlotte Industrial Track & MP QCX 94.1 and MP QCX 95.9 \\
\hline Claverack Industrial Track & MP QVC 0.0 and MP QVC 2.8 \\
\hline Freemont Industrial Track & MP QVK 0.0 and MP QVK 7.6 \\
\hline Kelloggs Industrial Track & MP QCG 0.0 and MP QCG 1.6 \\
\hline Newburgh Industrial Track & MP QRW 13.8 and MP QRW 19.1 \\
\hline & \\
\hline \multicolumn{2}{|l|}{INSTRUCTIONS RELATING TO EQUIPMENT HANDLING} \\
\hline \multicolumn{2}{|l|}{4473-1 HANDLING CABOOSES AND SHOVING PLATFORMS} \\
\hline \multicolumn{2}{|l|}{Cabooses and shoving platforms used in local freight service and work train service may be moved in any location in train,} \\
\hline
\end{tabular}

\section*{EQUIPMENT RESTRICTIONS}

\section*{ER-1. ROAD FREIGHT TRAINS - YARD MOVEMENTS}

Road freight trains handling double stack, multi-level and trailvan cars, performing switching movements on yard tracks must operate at Restricted Speed not exceeding 5 MPH until all switching moves are complete and train is ready for departure. This instruction is in addition to the requirements of System Operating Instructions.

\section*{ER-2 ENGINES WITH SIX (6) AXLES - PROHIBITED}

\section*{All industrial tracks except;}

BGE Yard at Tonawanda
Herkimer Industrial
Buffalo Wye at CP-373
A Industrial
Jordan Industrial
Claverack Industrial

\section*{ER-3 ENGINE AWNINGS - PORTABLE BAY WINDOWS}

When operating locomotives equipped with cab awnings or bay windows where close clearance could cause damage, care must be taken to avoid damage where necessary, by retracting awnings or removing portable bay window on all locomotives in consist.

\section*{ER-4 ENGINE AWNINGS - UP ENGINES}

Union Pacific (UP) engines operating on the Albany Division must have locomotive side awnings retracted.

\section*{ER-5 AMTRAK ENGINE SIDE MIRRORS}

Amtrak engines operating on the Hudson Sub., west of CP-169, Mohawk Sub., Rochester Sub., Buffalo Terminal Sub., and the Lake Shore Sub. Must have locomotive side mirrors retracted.

\section*{ER-6 CLEARANCE TABLE}
\begin{tabular}{|c|c|c|}
\hline SUBDIVISIONS & DOUBLE STACK & MULTILEVEL \\
\hline Baldwinsville & Prohibited & Prohibited \\
\hline Belt & 20'2' & 20'2' \\
\hline Berkshire & 19'2' & 19'1" \\
\hline Boston "See Note A" & 19'2" & 19'1" \\
\hline Buffalo Terminal & 20'2' & 20'2" \\
\hline Carman & Prohibited & Prohibited \\
\hline Castleton & Prohibited & Prohibited \\
\hline Fair Grounds & Prohibited & Prohibited \\
\hline Fall River & Prohibited & Prohibited \\
\hline Fitchburg & Prohibited & Prohibited \\
\hline Framingham & Prohibited & Prohibited \\
\hline Fulton & Prohibited & Prohibited \\
\hline Hudson "See Note B" & 18'2' & 19'1' \\
\hline Lake Shore & 20'2' & 20'2" \\
\hline Lockport & Prohibited & Prohibited \\
\hline Middleboro & Prohibited & Prohibited \\
\hline Mohawk & 20'2" & 20'2" \\
\hline Montreal & 20'2" & 20'2" \\
\hline New Bedford & Prohibited & Prohibited \\
\hline Niagara & 20'2' & 20'2' \\
\hline Port & Prohibited & Prohibited \\
\hline Post Road & Prohibited & Prohibited \\
\hline River & 20'2' & 20'2' \\
\hline Rochester & 20'2' & 20'2' \\
\hline Schodack & Prohibited & Prohibited \\
\hline Selkirk & 20'2' & 20'2' \\
\hline Somerset RR & Prohibited & Prohibited \\
\hline St. Lawrence & 20'2' & 20'2' \\
\hline West Shore & 20'2' & 20'2" \\
\hline
\end{tabular}

Note A - Movement of Multilevel and Double Stack cars is permitted between MP QB 92.0 and QB 21.4 only.
Note B - Movement of Multilevel and Double Stack cars is permitted between MP QC 142.0 and QC 35 only.
Note C - Movement of Multilevel and Double Stack cars is permitted between CN interchange at Black Rock, NY and MP QDN 28.2 (end of line) only.

\section*{INSTRUCTIONS RELATING TO SAFETY RULES}

\section*{2001-1. JOB BRIEFING - LITE ENGINE}

Lite engine crews and helper crews reporting for duty must arrange to hold a job briefing with a non-contract supervisor. If a local non-contract supervisor is not available, this job briefing must be conducted by calling the Chief Train Dispatcher or Director of Train Operations.

\section*{2101-1. GETTING ON OR OFF MOVING EQUIPMENT}

Selkirk Yard - Employees may get off moving equipment at the pullout end of the classification yard. Employee must be riding the rear ladder/step of the rear car and must get off only at the road crossing. Equipment must be moving at a safe walking speed.

Equipment must be stopped, to get off, during adverse weather conditions of rain, snow or ice.

\section*{2105.C-1 RIDING ON GONDOLAS OR FLAT CARS}

Employees are prohibited from riding on floor of empty flat cars.

\section*{MISCELLANEOUS INSTRUCTIONS}

\section*{M-1 MASSACHUSETTS - ENGINE IDLING POLICY}

All train and engine service employees, yardmasters, train dispatchers.
The following is an outline of the operational and mechanical task that Conrail must carry out in conjunction with Massachusetts Engine Idling Case.
1. Determine anticipated temperatures in Massachusetts once every 24 hours. This will be shown in the Daily Bulletin Order, and is the only temperature information to be used.
2. We may not idle locomotives anywhere in Massachusetts for more than 30 minutes in temperatures above 45 degrees Fahrenheit, except in certain operational circumstances.

Under the Interim Order, CSXT may "Idle" for more than 30 minutes:
A. When there is an assigned crew on or about the locomotive
B. When there is a qualified operating employee working on locomotive.
C. For repairs
D. For up to an hour when locomotive is coupled to a train to accommodate lunch breaks or crew changes, and
E. For up to 4 hours for re-crewing a locomotive which is "not" at its termination point.
3. Yard-by-Yard operational matters - Idling Restrictions in this section are relevant only in temperatures "below" 45 degrees \(F\). When the temperature is above 45 degrees \(F\), all idling for more than 30 minutes is prohibited.

Continued:
ALBANY DIVISION
SPECIAL INSTRUCTIONS - CONT.

\section*{M-1 MASSACHUSETTS - ENGINE IDLING POLICY - cont.}

\section*{READVILLE}
A. All idling (running locomotive without an on-board crew) for more than 30 minutes is only allowed in the designated layover locations, or as close as possible to them.
B. No idling of switchers, locals or road units for more than 30 minutes, except in the operational circumstances. For lunch breaks and crew changes, idling locomotives must be left at or as close as possible to designated layover locations.
C. Rails painted neon yellow to mark layover locations (Track 540 and that part of Track 818 close to Track 540, not to extend beyond the fence marking the boundary between the Stop \& Shop property and the residential area).

\section*{MIDDLEBORO}
A. All idling (running locomotive without an on-board crew) for more than 30 minutes is only allowed in the designated layover locations or as close as possible to them.
B. No. idling of switchers or locals for more than 30 minutes, other than in the operational circumstances, is allowed. For lunch breaks and crew changes, idling locomotives must be left at or as close as possible to the designated layover locations.
C. Rails painted neon yellow to mark layover locations (Tracks 602 and 229 to the west of the east edge of the burned-out former yard office).

\section*{BEACON PARK}
A. All idling (running locomotive without an on-board crew) for more than 30 minutes is allowed in the designated layover locations or as close as possible to them.

Rails painted neon yellow to mark the two-layover locations (Scale Track west of yard office and Loop Track north of Massachusetts Turnpike).

\section*{FRAMINGHAM}
A. All idling (running locomotive without an on-board crew) or more than 30 minutes is only allowed in the designated layover locations, or as close as possible to them, with a preference for engine house stub-end tracks first, and then the " \(Y\) " track.
B. No idling of switchers or locals for more than 30 minutes, other than in the operational circumstances, is allowed. For lunch breaks and crew changes, idling locomotives must be left at or as close as possible to the designated layover locations.
C. Rails painted neon yellow to mark layover locations (engine house stub-end tracks south and on the Farm Pond side of the classification yard - Tracks 570 and 571 - and the " Y " track between the classification yard and the mainline).

\section*{WORCESTER}
A. All idling (running locomotive without an on-board crew) for more than 30 minutes is only allowed in the designated layover locations or as close as possible to them, with a preference for the diesel engine house stub-end track first, and when the capacity of that track is not sufficient, then on one of the freight house leads.
B. Rails panted neon yellow to mark layover locations (the engine house stub-end track and the freight house leads)
Continued:
M-1 MASSACHUSETTS - ENGINE IDLING POLICY - cont.
PITTSFIELD
A. Halt all idling for more than 39 minutes, except for work trains and in operational circumstances, provided that for lunch breaks, Westbound crew changes and Work Trains, the idling must be left at or as close as possible to designated layover locations, and for eastbound crew changes, the locomotives must be left outside the Pittsfield Yard, west of milepost 148.7, at least 405 feet west of Pittsfield Yard office.
B. Rails painted neon yellow and re-rail to mark location (Track 3, approximately 405 feet west of Pittsfield Yard office).
4. The idling of locomotives as presented in the above instructions refers to locomotives left standing with no assigned crew on board.
5. There are no restrictions on idling in temperatures below 45 degrees Fahrenheit, other than as described for the above yards.

\section*{NOTES}```

